

WEEK ST MARY DIRECTORY

Parish Council Chair: Mrs C Slade WSM 341350
Parish Clerk: Suzanne Cleave 07853-298595
Email: clerk@weekstmaryparish.gov.uk
Parish Hall Chairman: Mrs Margaret Johns 07856-357424
Parish Hall Bookings: Ms Brenda Jennings 01288-341429
Email: dippyfish@btinternet.com
County Councillor: Nicky Chopak 07810-302061
Email: nicky chopak@gmail.com

SITA Recycling Centre: Tiscott Wood 01288-355131
9:00am - 4:00pm
7 days a week except
Christmas Day, Boxing Day and New Years Day

Doctor's Surgeries (Appointments)
Ruby Country Medical Group (Stratton) 01288-352133
Ruby Country Medical Group (Holsworthy) 01409-253692
Neetside 01288-270580

Buses: Plymouth City Bus (colour Red)
WSM Transport Rep 01752-662271
(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO
Launceston Tue 09:38am Ret 12:30pm from TESCO
Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)

Women's Institute:
President: Mrs Sue Dickenson WSM 341016
Secretary: Mrs Roberta Jones 07788-548875

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults
Mrs Sue Dickenson WSM 341016

Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Rev David Saunders 07834-459672
rector@bude-coast-benefice.org

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

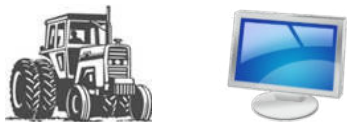
Week St Mary Magazine



July 2025

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WEEK ST MARY PARISH COUNCIL MEMBERS

AND RESPONSIBILITIES

Parish Council Chair:	Carol Slade	WSM 341350
Vice Chair:	Ian Richardson	07379-292313
Parish Clerk:	Suzanne Cleave	07853-298595
Finance	Ian Richardson	07379-292313
Public Conveniences:	Parish Clerk	07853-298595
Highways, streetlights, trees, parish greens and footpaths:	Tamsin Fay	
Parish Office:	Parish Clerk	07853-298595
Primary Schools:	Tamsin Fay	
Playing Field:	Anna Willoughby	
	Rachel Shipton	07792-258665
	Sam Gubbin	07988-861613
	Carol Slade	WSM 341350
	Margaret Johns	07856-357424
	Anna Willoughby	
Planning:	Ian Richardson	07379-292313
Community Area Partnership:	Ian Richardson	07379-292313
Football Club:		
Other Councillors:	Nick Couch	
	Stuart May	WSM 341092
	Louise Stephens	07831-404604
Non Council Members:		
Debrillator:	Wendy Couch	
	Jane Pearce	WSM 341525
War Memorial:	Sarah Wickett	
Back Lane (public rights of way):	Phil Dorren	WSM 341117

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as e-mail. Handwritten pieces are fine too but if you use a computer, please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor e-mail	Mr Dick Sowerby editor@weekstmaryvillage.co.uk	WSM 341348
Advertisements	Mr Dick Sowerby	WSM 341348
Distribution & Holiday Let copies	Mr Michael & Mrs Shelley Collman	WSM 341649

Week St Mary Magazine

July 2025

Issue No 451

WEEK ST MARY PARISH COUNCIL

Week St Mary Parish Council is looking for somebody to cut the grass on the top playing field and carry out the strimming. Also, someone to cut the lower area and carry out strimming. Please contact the parish council with details of how much you would charge per grass cut / per strim.

The parish council is also looking for someone to carry out maintenance at the playing field and around the parish on an ad hoc basis. If you are interested, please supply details of your hourly rate.

Please send your details, with the required information, to the parish clerk at clerk@weekstmaryparish.gov.uk or drop it into the parish office as soon as possible, or by July 2 at the latest. Proof of relevant insurances will be required.

A REMINDER

The Community Shop & Post Office still urgently needs more volunteers to join its Management Committee and to help in the shop itself.

If you can spare a few hours a week please contact Linda Cobbledick (lincob@gmail.com 01288-341468).

Front Cover Translation—July is a blind date with summer

WEEK ST MARY COMMUNITY SHOP LIMITED (“the Society”)

A Community Benefit Society registered with the Financial Conduct Authority – no.
RS7467

Registered Office: Week St Mary Parish Council Office, Week St Mary, EX22 6UL

NOTICE OF MEETINGS TO BE HELD ON 24th JULY 2025 IN WEEK ST MARY PARISH HALL, COMMENCING AT 1930hrs.

MEETING TO ELECT MANAGEMENT COMMITTEE MEMBERS

1. List of nominations received by the Secretary
2. Explanation of voting process
3. Voting by members
4. Counting of votes by the Secretary

Note: Lesley Booker, Linda Cobbledick, Micheline Smith and Stephen Smith were all re-elected at the 2024 AGM to serve for a 3- year period.

SEVENTH ANNUAL MEMBERS’ MEETING

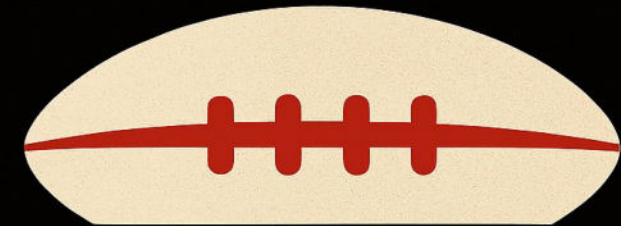
1. Chair’s welcome and introduction
2. Approval of the minutes of the previous AGM held on 11th July 2024
3. Consider and, if thought fit, pass the following resolution:
4. “As permitted by rules of the Society, it is hereby resolved that the Society decides not to appoint a qualified Auditor to audit its Annual Accounts for the year ending 28th February 2026 in accordance with section 84 of the Co-operative and Community Benefit Societies Act 2014.”
5. Receive the Annual Accounts for the year ending 28th February 2025
6. Report on the state of membership of the Society and the membership strategy
7. Report by the outgoing Management Committee on the Society’s performance in the year to 28th February 2025 and plans for the next 2 years
8. Declaration of the results of the election of those who are to serve on the Management Committee going forward
9. Any other business

**ONLY MEMBERS (SHAREHOLDERS) OF THE SOCIETY CAN ATTEND
THESE MEETINGS**

QUIZ NIGHT

FRIDAY 5TH SEPTEMBER
7PM

WEEK ST MARY PARISH HALL
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Forthcoming Events

- July 19th - Cream Teas (Wendy & Nick Couch Glanville House)
- July 25th - St James Way Pilgrimage
- August 9th - Safari Supper (Church)
- August 24th - Crepes and Wine (PH)
- September 5th - Quiz Night—Under 16s Rugby Tour (PH)
- September 6th - Week Wander fun Charity Walk for Breast Cancer
- September 12th to 19th - Revel activities & preparations
- September 19th - Revel Bingo
- September 20th - Revel Saturday
- October 11th (Sat) 6.30pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 12th (Sun) 3pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 18th (Sat) 6.30pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 19th (Sun) 3pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 25th - The Countrymen (Church)
- October 25th - Halloween Party(PH)
- November 2nd - Sunday Lunch (PH)
- November 22nd - Christmas Market (Church)
- December 7th - Christmas Market (PH)
- December 5th - Mulled Wine (Venue tba)
- December 20th, 21st and 22nd - Christmas Tree festival. (PH)



ST JAMES' WAY PILGRIMAGE **FRIDAY 25TH JULY**

WITH BISHOP DAVID WILLIAMS



10 AM ST JAMES' CHURCH KILKHAMPTON
Prayers and reflections on Pilgrimage
Short Pilgrimage Walk to nearby Holy Well
Pick up your Pilgrim's Passport and Shell!

12 PM ST JAMES' CHURCH JACOBSTOW
Celtic Eucharist (Communion) Service

Followed by a packed lunch (BYO)
and Teas & Coffees at the Village Hall
Pilgrimage Walk to the Holy Well across fields



3.30 PM BOSCASTLE VILLAGE HALL
(Site of ancient St James' Chapel)

Refreshments – tea, coffee & cake!
Pilgrimage Walk to Minister Church
for Healing Service at the Holy Well

ABSOLUTELY EVERYONE WELCOME TO JOIN IN
AT ANY STAGE!

There will be reflective activities at each stage if you would rather not walk

For further details and details of facilities and parking etc
Please phone or WhatsApp - Rev Amanda on 07544 527649



WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

As a follow-up to a very successful talk earlier in the year, for their July meeting some of the Bonaventures members will be going on a trip to TRIGON Farm.

Located near Holsworthy, Trigon Farm is built around no-dig gardening and regenerative farming, growing sustainable flowers and veggies all whilst following permaculture principles.

We will also be taking our usual Summer holiday break in August so our next regular WI meeting will be in September. We look forward to seeing you then!



Week St Mary Lego Café
12th July in WSM Church
Breakfast served 9:30am to
11:30am

Thought for the Month

My house was tidy last week

Jeanette Turner

Windows Update Neglect is Endangering Your Digital Life

Computers are not just tools; they're gateways to our personal and professional lives. We rely on them constantly, yet, a trend persists and a significant number of users neglect to install updates, unknowingly leaving their systems vulnerable to a host of potential threats.

The reasons behind update avoidance are numerous, updates can take time, or the fear of system crashes and if it "Isn't Broke, Don't Fix It" Mentality: Some users believe that if their computer is currently functioning adequately, there's no need to risk upsetting the apple cart with an update.

Many users simply don't understand the importance of updates, viewing them as optional rather than essential. They may be unaware of the security vulnerabilities that updates are designed to address and skipping Windows updates is like leaving your house unlocked when no-one is at home,

Outdated systems are prime targets for malware, including viruses, ransomware, and spyware. These malicious programs steal your personal information, encrypt your files, and even hold your computer hostage. If your computer is infected, your personal data, passwords, financial information, and sensitive documents, can easily be compromised and used for identity theft or other nefarious purposes.

While updates can sometimes cause temporary hiccups, they often include performance enhancements and bug fixes that can improve the overall speed and stability of your system. As software and hardware evolve, outdated operating systems can become incompatible, leading to functionality issues and the inability to run correctly.

The good news is that protecting yourself from these risks is relatively simple. You can configure Windows to automatically download and install updates. This ensures that your system is always protected with the latest security patches.

Keep up-to-date on the latest security threats and vulnerabilities.

Understanding the risks can help you appreciate the importance of timely updates.

Allow updates to complete without interruption and maybe leave it on for an hour after using it. Restart your computer when prompted and avoid using it until the installation process is finished.

Neglecting Windows updates is a dangerous gamble that can have serious consequences. By understanding the risks and taking steps to keep your system updated, you can protect yourself from cyber threats, maintain optimal performance, and ensure the safety of your data. Don't let the fear of inconvenience outweigh the necessity of security – update today!

On a personal note and by now, my hip replacement should have been completed and with a bit of luck, I should be able to resume my normal business activities soon. Wendy and I would like to thank everyone for their support and good wishes on my recovery.

Free telephone advice continues call Brian Meadows 01288 381061





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Diane Sheridan RN MCFHP, MAFHP

WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Variety is the spice of life! I should add herbs to that as this was the message given to us at our last meeting. Our speaker was Jane Hanscomb who has been fascinated by herbs and spices most of her life using them for cooking and medicinal purposes. We learnt that spices mainly come from the bark and roots of a plant whereas herbs come from the leaves and stems. Also, herbs have a tendency to come from the temperate lands whereas spices come from the tropics.

We know that herbs were used in the Iron Age and were also mentioned in the Bible. The Egyptians used them in mummification and the Romans used seeds, sourced from their trading routes, and introduced us to herbs such as ground elder and nettles. The Vikings used cardamon but not much is known from the Dark Ages. The Crusaders certainly brought back peppercorns. They were extremely valuable, hence the phrase "peppercorn rent" as they could be used instead of money for rent. Cooks will know that ground pepper is added for heat whereas peppercorns add piquancy.

After Christianity reached these shores the monasteries had an incredible influence on daily life including using herbs for healing. After the dissolution in the 16th century a lot of this knowledge was handed down by Old Wives but they risked being accused of witchcraft. Unfortunately, so much knowledge was lost until modern day scientists realised that many of our herbs could provide the basis for the medicines we use today. When Christopher Columbus first discovered the New World he brought back All Spice from the West Indies. The whole pepper family was then brought back including chilies, black mustard and paprika. As new lands were gradually discovered, the various European countries even went to war trying to control the spice trade from these countries because of the riches to be made.

Having been given a brief history, members were then given the chance to smell and handle a number of herbs and spices that Jane had brought

Community Money Advice Launceston

You may not have heard much about us – [Community Money Advice Launceston](http://communitymoneyadvice.co.uk) that is, but we have been around since 2012 helping any local residents with their very personal problems – debts, benefit problems and budgeting. Thanks to the award of some new funding, we can now visit the village on a regular basis, to hold individual confidential interviews with those who may be experiencing difficulties. Our experienced and fully trained team of volunteers provide this free service, and we aim to reach those residents who may find it awkward to visit us, through poor public transport. Many of our clients have problems dealing with complicated 'forms' related to benefits, or in contacting utility providers. Some, particularly our older clients have poor or no IT (computer) skills that are now essential when in touch with government departments. Please watch your local notice boards for details of when we shall be around, or you can contact us direct to arrange an appointment at any time on 01566 777407, by email – office@launcestonmoney.co.uk or on our mobile 07762 092830. We know there are many local people who would like some help. CMAL has already helped over 800 North Cornwall residents, so we shall be pleased to hear from you, and help others.



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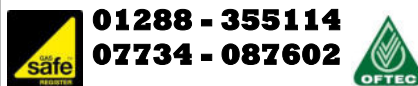


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Covering Devon & Cornwall



with her including some from her own garden. A useful tip was that powdered spice doesn't keep as long as seeds.

The photograph shows Jane Hanscomb with her selection of herbs and spices at our meeting.



Anyone interested in finding out more about our WI can contact Roberta Jones, Secretary, on 07788-548875.

The next meeting will take place on Thursday 10th July with a visit to Trigon Farm for a guided tour and afternoon tea. This follows an inspiring talk by the owner earlier this year.

N BARRIBALL



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Week St Mary

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17a. To approve accounts for payment including:

Suzanne Cochrane – Salary April (inc HMRC PAYE and overtime)	£ as per contract
Cornwall Pension Fund (April)	£ as per contract
Suzanne Cochrane (mileage inc collection and delivery of signs and extra meeting)	£ 91.80
Jamie Sachs – toilets April	£ 120.00
Jamie Sachs – Green	£ 150.00
EDF Energy – electricity toilets	£ 20.00
EDF Energy – electricity playing field	£ 24.41
Suzanne Cochrane – new printer	£ 99.99
Suzanne Cochrane – postage for sending back old ink (tracked) and padded envelope	£ 6.54
Stinkyink – printer ink (new printer)	£ 60.37
Stinkyink – blue ink (old printer)	£ 22.85
Harley Friend – field and ground maintenance/Back Lane	£153.00
Atlantic Signs – signs for playing field	£ 36.00
Carol Slade – parish office keys	£ 12.00

17b To note income

Reserve account interest	£ 21.92
Community Benefit Fund interest	£ 4.98
Cornwall Council – first half of precept	£12,500
WSM Football Club (water bill Sept to March)	£ 58.05
WSM Football Club (electricity Feb/March)	£ 46.53
WSM Football Club (electricity March/April)	£ 23.24

Councillors approved the payments and accounts.

18. Items for June 5 meeting

The meeting closed at 9.35pm.

7. Public Rights of Way modification application

Councillors received information regarding an application for an order to modify the Definitive Map and Statement of Public Rights of Way – road to Odd Mill (WCA 807). As above, councillors acknowledged it to be a well-trodden footpath for residents, and they see no reason for this to be changed.

8. Training dates

Councillors were given the forthcoming Code of Conduct training dates. The clerk will make the bookings.

9. Defibrillator

An update was given on the defibrillators. Duchy Defibrillators will take over the running and registration of the units on The Circuit.

10. Football Club lease

On behalf of the football club, Paddy Fay asked for the fourth amendment, that the parish council asked to be removed, to be kept in. He said the football club was happy to pay half, and a payment plan will be discussed.

It was proposed firstly to keep the fourth amendment in the lease.

It was proposed to write to the football club stating they are happy to accept an 18-month payment plan. Once agreed and signed, it will be handed to the solicitor to complete.

11. 20mph roll-out

An online meeting will be held, organised by Cornwall Council, about the 20mph roll-out. Cllr Chopak said this would need parish engagement, before going out to public consultation.

12. Council insurance

Councillors were made aware of a change of provider for the council's three-year insurance agreement. It was also noted for the clerk to ask any contractors for a copy of their insurances once a year.

13. Planters

Cllr Slade gave a list of people who have kindly agreed to look after the planters. Lambley Corner – Margaret; the Green pump trough – Wendy Couch; three planters on the Green – Adventure Church; planter by the old garage – Dan Cox and family; Broad Close planter – Brenda Jennings, John and Jenny Parkin (strimming). This is all voluntary. It was suggested that a piece is placed in the magazine in March asking for any donations of plants for the planters.

17. Accounts Balances May 14, 2025

Current account	£ 10,139.49
Reserve account	£ 21,882.42

Ruminations from the Rectory

What's my purpose

Cry has three letters but so does **joy**.

Hate has four letters but so does **love**.

Enemies has seven letters but so does **friends**.

Failure has seven letters but so does **success**.

Negativity has ten letters but so does **positivity**.

You always have a choice. So choose the better side.

"What's my purpose in life?" I asked God "What if I told you that you fulfilled it when you took an extra hour to talk to your children about their life?" God said. "Or when you paid for that couple in the restaurant? Or when you saved that dog in traffic? Or when you tied your father's shoes for him?"

"Your problem is that you equate your purpose with goal-based achievement. I'm not interested in your achievements, just your heart. When you chose to act out of kindness, compassion and love, you are already aligned with your true purpose." "No need to look any further!"

Do everything in love. 1 Corinthians 16:14

Revd David Saunders



**WEEK ST MARY REVEL PRODUCE SHOW
SCHEDULE – WEDNESDAY 17TH SEPTEMBER**

Carol and Mervyn Slade Cup Produce		
Class No	Amount required	
1	3	Potatoes
2	3	Runner beans
3	1	Longest runner bean
4	3	Carrots
5	3	Beetroot
6	3	Courgettes
7	6	Cherry tomatoes
8	4	Tomatoes
9	1	Largest tomato
10	3	Onions
11	3	Shallots
12	3	Broad beans
13	1	Cucumber
14	1	Largest marrow
15	1	Bunch of herbs vase or jug
16	1	Largest Pumpkin
17	3	Leeks
18	3	Apples eating
19	3	Apples cooking
20	1	Largest cooking apple
21	3	Pears
Linda Cobbledick Shield Flowers		
22	1	Rose any size colour best fragrance
23	3	Dahlias
24	1	Single flower not rose
25	1	Potted plant indoor
26	1	Outdoor plant in container or pot
27	1	Geranium in pot
28	1	Begonia in pot
29	6	Sweet peas any colour
30	1	Arrangement of flowers in a small watering can
31	1	Flowers in a vase not exceeding 18"
Childrens Class		
32	1	Primary School – Decorated Jam Jar Prize awarded
33	1	Secondary School – Decorated Jam Jar Prize awarded

15. **Community Infrastructure Levy and Community Benefit Fund applications**
* None (next round – October)
16. **Agenda items**
 1. Council computer security
Councillors agreed to purchase ESET computer security through Tavistock Computers.
 2. Grass cutting and playing field maintenance
An advert will be placed in the magazine asking for expressions of interest for grass cutting in the playing field and maintenance. This will be formulated at the June meeting and then the positions advertised.
 3. Hele Valley Trail
Councillors received correspondence from Marhamchurch Parish Council regarding the project. It was agreed to place details on the noticeboard.
 4. Designated landing spaces
The clerk read an update from Devon Air Ambulance and Cornwall Air Ambulance. While Cornwall Air Ambulance is able to land at the playing fields day and night, Devon Air Ambulance has designated landing areas, and the nearest to the village is Holsworthy.
 5. Ashbury Grove
The chair suspended Standing Orders to allow the members of the public in attendance to speak. Jeremy Ward said there were six residents from Ashbury Grove in attendance. The area in question is an oblong area adjacent to the parish hall and a round area in front of the thatch cottage. Over the last six months, residents have looked after it. This summer the fence will be repaired. The residents noted the email from Cornwall Council, and Mr Ward said on behalf of the residents, if the parish council goes with something along these lines, the residents do not have the expectation that the parish council can do everything. There are options to fund-raise. He said the Cornwall Council alternative fills them with horror. Cllr Slade reinstated Standing Orders. Cllr Chopak said although it is an extra responsibility for the parish council, the fact that Cornwall Council is offering some funds is unique, and the funds could be ringfenced for this area. It was agreed to ask Cornwall Council if there is a timescale clause about selling the land, and to proceed with their offer. Cllr Chopak will also go back to see if there is any leeway with the legal fees as the parish council has not budgeted for this.
 6. Public Rights of Way modification application
Councillors received information regarding the application for the Modification of Definitive Map and *Statement* of Rights of Way – Great Hills to Greenamoor (WCA 792). Following discussion, councillors acknowledged this to be a well-trodden footpath for residents of Week St Mary, and see no reason why it should be changed.

10. To approve the minutes of:

Councillors approved the minutes of the Extra Ordinary meeting held on Wednesday, April 23, 2025.

11. To receive clerk's report on matters arising

The clerk's report was noted.

12. Planning

Any late applications received will be discussed under this section

12a. To discuss and make a consultee comment on application:

None.

12b. Decisions

The following decision was noted: PA25/02820 – Prior notification of agricultural or forestry development for an agriculture building. Land south west of Higher Westcott, Week St Mary.

WITHDRAWN

12c. Planning - to note

None.

13. Portfolio Reports:

Playground

Cllr Johns reported the bin by the tea hut needs replacing and the hand sanitiser needs re-filling. Cllr Gubbin said he had a look around the playing field. He found a couple of batteries on the field that he has disposed of. He said the football club had done a good job with the drainage. The pipes are to be connected to the old system and it will be re-seeded.

Cllr Slade said the 'football game in progress' sign needs to be placed on the fence.

Cllr Couch said an agreement was placed in the minutes that people could walk with their dogs along the pathway (to avoid walking on the road), but there is no signage in place informing people. The clerk will order a couple of signs.

Cllr Johns added that some of the Jubilee trees need replacing.

Highways, Footpaths & Greens

No report.

14. Correspondence including (all relevant emails forwarded):

The following correspondence was noted: Cornwall Council Town and Parish Council newsletter; planning training dates; Code of Conduct dates; link for June 9 Community Area Partnership meeting.

Rules of Entry 1 Entry per class 50p entrance each item

Points awarded 1st 4 points 2nd 3 points 3rd 2 points

Highly commended 1 point

Brenda Crocker-White A New Cup Best in Show

Doors open for produce

6.30pm until 8.00pm Tuesday and 10.00am until 12.30pm Wednesday

Hall reopens 6.00pm for viewing. Presentation of cups 6.30pm

Murder Mystery Evening

A huge thank you to everyone who supported the Murder Mystery evening on 21st June. Everyone had a great time, the murder was solved and the event raised a considerable sum of money to support the life and renovation of our church.

I am very grateful to my willing band of helpers, without whom the event couldn't have happened. Caterers Lesley, Linda, Sue, Judith and myself, waitresses Abi and Pam, barman Stephen and last but not least the actors: Wendy Couch, Bob Booker, Ellen Morrison, Kay Parry, Rev. David Saunders and Dianne Saunders.

Thank you – Micheline Smith

WEEK WANDER

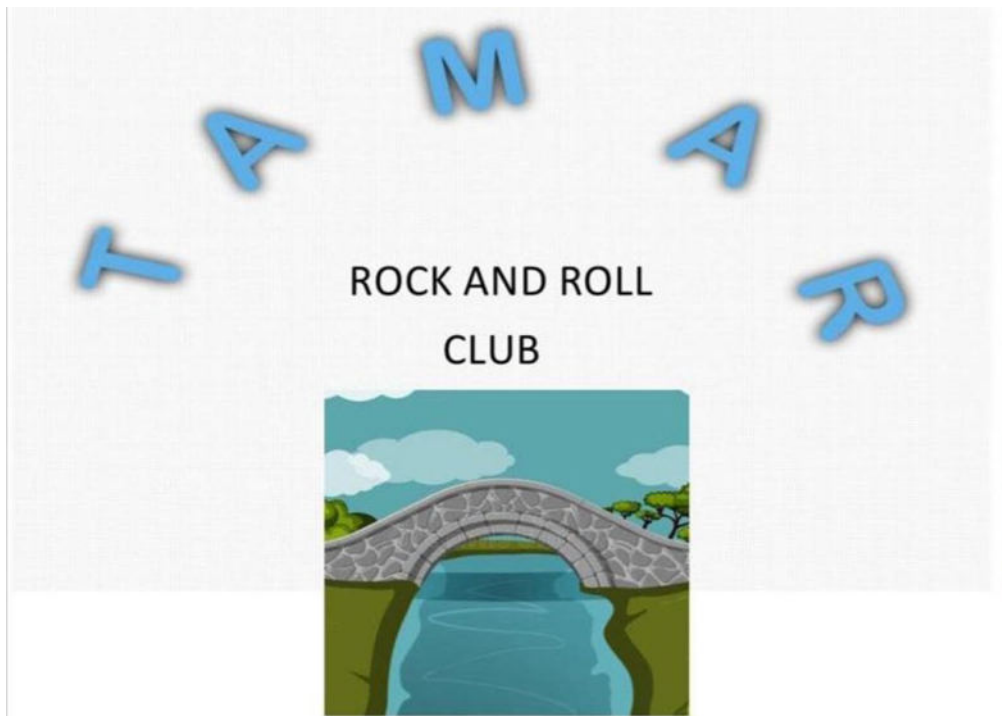
SAVE THE DATE!

Saturday 6th September 2.00pm - 4.00pm

Join us for the very first 'WEEK WANDER' -
a fun Charity Walk around our lovely village in aid of 'Walk The Walk' -
raising funds for Breast Cancer

Walk as much, or as little, as you can - everyone welcome - all ages and abilities

Full details to follow in the AUGUST Magazine!



DJ The Bear Saturday 19th July

7.30 to 11.30pm
£5 on the door
No bar but BYO
Free tea and Coffee.
Bridgerule Village Hall EX22 7DY

More info:
Text Jackie on 07533353388
Facebook: Tamar Rock and Roll
Email: freewayalbus@mail.com

DRAFT

Election of chairman

1. Cllr Couch was nominated by Cllr Willoughby and seconded by Cllr Fay. Cllr Slade was nominated by Cllr May and seconded by Cllr Gubbin. A paper vote was taken. Cllr Slade was voted in as chair with five votes and Cllr Couch four. All councillors signed the Acceptance of Office.

2. Election of vice chairman

In his absence, Cllr Richardson was proposed to stand as vice chair.

3. To elect committee and members to outside bodies

Finance – Cllr Richardson; Schools: Marhamchurch – Cllr Fay, Jacobstow – Cllr Willoughby; Playing field – Cllr Shipton, Cllr Gubbin, Cllr Slade and Cllr Johns and Cllr Willoughby; Planning – Cllr Richardson; Highways and footpaths (street lights, trees and greens) – Cllr Fay and Cllr Couch; War memorial – Sarah Wickett (non councillor); Community Area Partnership – Cllr Richardson; Football Club – Cllr Couch; Defibrillator – Jane Pearce and Wendy Couch (non councillors).

4. **Public question time** (15 minutes allowed for this – on matters on the agenda only)
None.

5. To receive County Councillor Nicky Chopak's report on matters arising

Cllr Chopak said she had been elected for the 13th year. She said it was a new council at Week St Mary and she is here to help. A full council meeting had been held earlier that day, and there was not a majority. Cllr Leigh Frost has been chosen as council leader. Ten councillors have been chosen to go on the Cabinet. They have to deal with a 1.37 billion overspend.

6. To note councillors present

Cllrs C Slade; S May; S Gubbin; L Stephens; R Shipton; M Johns; T Fay; A Willoughby and N Couch. Also in attendance: Cllr N Chopak; S Cleave, clerk and eight members of the public.

7. To receive apologies for absence with reasons

Cllr I Richardson.

8. To receive Declarations of Interest and approve Dispositions

None.

9. To approve the minutes of:

Councillors approved the minutes of the Ordinary meeting held on Thursday, April 3, 2025.



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The 93rd St. Gennys Horticultural Show 25th July 2025



Save the date and get planting, stitching, knitting, baking and crafting for your entry to the show.

Schedules will be out next month.

Celebrations This Month

George Horrell

A very happy 11th birthday on the 4th

Chloe Healy

A very happy 13th birthday on the 18th

Louis Motsch

A very happy 14th birthday on the 24th

Dan Booker

A very happy birthday on the 24th

Andrew Lee

A very happy 55th birthday on the 24th

Sue Edwards

A very happy 75th birthday on the 25th



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"Older and Younger pupils learn and
play happily together"

"Staff and pupils say that the school
feels like a family"



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- 11 Grass cutting and maintenance
The advertisement will consist of playing field maintenance; then cutting and strimming of the top playing field and lower area. The advert will be placed in the magazine and on the website. Cllr Slade said she can meet anyone interested at the playing field to give more information. Those applying would need public liability insurance.

- 12 AGAR
12.1 The end of financial year finances were agreed and the bank reconciliation signed

12.2 The Internal Audit was noted.

12.3 The Annual Governance Statement was reviewed and signed.

12.4 The Accounting Statements were reviewed and signed.

12.5 The Notice of Public Rights was reviewed and agreed.

12.6 The Conflicts of Interests statement was agreed and signed.

- 13 Bin and hand sanitiser
Cllr Slade said it would be around £25 to £20 for a new bin. Cllr Couch questioned whether hand sanitiser is a requirement. It was proposed to purchase a new bin for outside the lower football tea room.

14. Accounts

Balances May 22, 2025

Current account	£ 8,405.38
Reserve account	£21,882.47
Community Benefit Fund	£ 4,975.30

14a. To approve accounts for payment including:

Suzanne Cochrane – Salary May (inc HMRC PAYE and overtime)	As per contract
Cornwall Pension Fund (May)	As per contract
Suzanne Cochrane – mileage	£ 32.40
Jamie Sachs – toilets	£ 120.00
Jamie Sachs – Greens	£ 150.00
EDF Energy – playing field electricity	£ 18.51

14b To note income

Reserve account interest (May)	£ 19.78
CB Fund interest (May)	£ 4.50

The payments and accounts were approved.

14 Items for July 3, 2025 meeting

Grass cutting tenders; finances.
The meeting closed at 9.05pm.

- 4 Media and online communications
Cllr Fay referred to a new government website that says it is good to be open and get people involved. She said people don't do enough together. There could be opportunities for events such as a cinema night or sports day. Cllr Willoughby mooted the idea of an online calendar. Cllr Fay said there is the magazine and there could also be Facebook links to the website. Cllr Slade extended thanks to David Martin for maintaining the community website. The new parish council website is live and being updated by the clerk. It can include news and upcoming events. Cllr Couch said a Facebook page could contain news and photos and links to the official website. Cllr Willoughby said there are 900 members of the Week St Mary Facebook page, and information sharing is recommended. Lots of information can be shared to communicate things to people on there. Cllr Slade said some posts had previously got out of hand, with people being named and it getting nasty. On Facebook, it should be the message of the council as a whole and not an individual personal view. Cllr Couch said people wanted change and feel that they are not informed. Cllrs Willoughby Fay and Couch would be happy to set up a parish council Facebook page and will bring a mock-up to the July meeting.
- 5 Communications sub-committee
As above.
- 6 Tech support drop-in
Cllr Fay said this was about opening up things for the village. She suggested a regular tech drop-in, help with online forms, printing. She said there is a variation of skills and ages in the village and this could be extended to bread making and things to bring people together. Cllr Slade queried where it would be held, who would run it and who is going to pay for it. She suggested that there could be grants available. Cllr Fay will bring more details to the July meeting.
- 7 Fundraising for parish council
Cllr Fay suggested having an ideas/suggestions box. Cllr Willoughby said there could be an online calendar set up so people could see events booked on the playing field. Cllr Slade said any event would need insurance and a risk assessment. Cllr Willoughby said it would be a good idea to have a guide on how to book the playing field. This would be placed on the July agenda.
- 8 Neighbourhood Watch
Cllr Couch said a couple of months ago there was a spate of anti-social behaviour. He is looking at the potential to form a Neighbourhood Watch. There used to be one in the village, but it has not been active for many years. He said a couple of people are concerned about Treetops, and the idea of a Neighbourhood Watch makes them feel better. The parish council, he said, could have some input and it would promote the parish council in a good light. He is used to liaising with the police and is happy to reach out to them. This will be placed on the July agenda.
- 9 Roles and responsibilities - Equality, diversity, inclusion
Cllr Couch questioned where the council was with EDI (Equality, Diversity and Inclusion). He said there are 900 disabilities. He noted the meeting is held in the chapel school room – is there accessibility notes? Is it on the agenda? Or why not? Going forward, he believes this should be at the forefront. He will come back next month with some ideas.
- 10 Health and safety representative
Cllr Couch asked if there was a health and safety rep, and if proper risk assessment forms are completed. Cllr Slade said there is an annual safety inspection of the playing fields. A check is carried out by Cllr Shipton and a form filled in. Cllr Couch will have a look at the council risk assessments / safety form and come back with any amendments. Cllr Slade reiterated that the football club is responsible for its risk assessments and insurance.

Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.



Happy Memories, Memory Café

For people with memory problems, big or small, old or new, all ages welcome.

Meets at Week St Mary Church 2-4pm on the second and fourth Monday of every month.

Company, games, chat, memory training, exercises, nostalgia, music, practical help and signposting support through Disability Cornwall.

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8. **Planning**
Any late applications received will be discussed under this section

8a. **To discuss and make a consultee comment on application:**
None.

8b. **Decisions**
None.

8c. **Planning - to note**
None.

9. **Portfolio Reports:**
Playground

Cllr Shipton has carried out the checks. There is maintenance that needs carrying out. Thanks to Cllr Johns for cleaning the benches and for volunteering to stain them. Cllr Slade reported that the air ambulance landed on the Monday. Cllr Willoughby asked how people would know where the gate key was. Cllr Slade explained the safety report previously picked up that the gate should be locked, but the council felt that one should be unlocked for the air ambulance etc. It was suggested to write the location of the key on the emergency sheet in the playing fields. Cllr Couch suggested a key lock safe. This would be placed on the July agenda. Councillors discussed correspondence from a resident who wanted to organise a 'Mini Moon Walk' to raise money for Breast Cancer charities. Councillors had no objections. The clerk will respond and ask them what date they have in mind.

Highways, Footpaths & Greens
No report.

10. **Correspondence including (all relevant emails forwarded):**
The following correspondence was noted: Information about the 20mph roll out meeting; North Cornwall CAP meeting information; Cornwall Council Affordable Housing newsletter.

11. **Community Infrastructure Levy and Community Benefit Fund applications**
None.

13. **Agenda items**

- 1 Jubilee trees
Cllr Slade said some trees will need to be replaced. Cllr Shipton said she has some sycamore trees at home. This will be placed on the July agenda.
- 2 Ashbury Grove
The clerk shared the email that Cllr Chopak had sent to Cornwall Council, with their reply. IT will be placed on the July agenda.
- 3 Football club lease
Following the update during the public participation section, this will be placed on the July agenda.

DRAFT Minutes

1. **Public question time** (15 minutes allowed for this – on matters on the agenda only)
One member of the public asked about steps to the slide so that smaller ones can get to it. This will be placed on the July agenda.
Another resident said the public participation of a meeting should not be recorded, noting that different privacy rules relate to members of the public. He suggested that the parish council has a policy on filming. The clerk will take advice.
Paddy Fay, on behalf of the football club, said he has not been able to get everybody together to discuss the lease. Hopefully by next month, the proposals will be looked at. He requested access to the power for a youth section end of season function on the playing field.
2. **To receive County Councillor Nicky Chopak's report on matters arising**
No report.
3. **To note councillors present**
Cllrs C Slade (chair); S May; T Fay; M Johns; R Shipton; A Willoughby and N Couch. Also in attendance: S Cleave, clerk, and four members of the public.
4. **To receive apologies for absence with reasons**
Cllr Richardson – work; Cllr Gubbin – work and Cllr Stephens – work.
5. **To receive Declarations of Interest and approve Dispensations**
None.
6. **To approve the minutes of:**
Cllr Couch proposed a number of amendments. The first that he did not agree to be representative for greens.
Cllr Couch said after attending the Code of Conduct training, he had changed his mind and did no longer wish to be the football club representative.
Cllr Couch proposed an amendment that he requested to speak about himself when the vote was taken for chair and he was asked not to speak.
Cllr Couch requested that it was noted that the defibrillator representatives would be told when they could meet the company to discuss requirements. (The clerk advised this had been noted and minutes are not a verbatim account).

With the four amendments, councillors approved the minutes of the Annual meeting held on Thursday, May 20, 2025.
7. **To receive clerk's report on matters arising**
The clerk's report was noted. A letter had been received about Parsonage Green, which would be referred on to Cornwall Council. Correspondence had also been received about Westcott Lane, which will also be passed on to county.

THE TEXANS

**Dance on Saturday 26th July
At 7.30pm
In the Parish Hall**

Parish hall

The art exhibition/Craft fayre has been cancelled.

WEEK ST MARY PARISH HALL HIRE CHARGES 2025

Commercial Hire £11 per hour
Commercial Hire (Concessionary rate for locals) £8.50 per hour
Local groups/organisations £7 per hour
Daytime social events £7 per hour
Evening social events (after 6pm) £8.50 per hour
Weddings/Funerals £11 per hour Use of kitchen £3 per hour

~~~~~

All hire charges include licenced bar run by the committee

Hire conditions apply

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For further details and booking please contact

Brenda Jennnings 01288 341429

These charges remain the same as last year

Nick and Wendy Couch invite you for a

Cream Tea in their Garden

at Glanville House, The Square, Week St Mary, EX22 6UH.

On Saturday 19th of July 2.30 pm to 5.30pm.

Proceeds for the upkeep of Week St Mary Church, a beautiful grade 1 listed historic building. We look forward to seeing you.



C A M E O

Come And Meet Each Other

Meeting is Friday 18th July
@2:00pm at Sue and Rob Isherwood
11 Ashbury Grove

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with
Sue Dickenson 01288-341016

Look forward to seeing you !

WEEK ST MARY PARISH HALL **100 CLUB**



The **June** 100 club winners are:

1st- no 73, Judith Taylor.
2nd- no 48, Lesley Booker.
3rd- no 57, Betty Le Febure.

Membership is £15 per number.
New Members Welcome!
Thanks You For your Support
Margret Johns
07856 357424

Used Ink Cartridges

The Parish Hall welcome all ink cartridge donations.

Just drop them into the hall when an event is on or pass on to a member of the committee.

All donations gratefully received.

All money made will go towards the parish hall.

MEET AND EAT

Next meeting Monday 7th July

Soup & Sweet from 12:00 noon and a
friendly chat in the Parish Hall



*Open to all ages newborn to 100+
come and enjoy some lively helpers & company,
a choice of soups and more importantly
a great choice of desserts.*
Sue Dickenson WSM341016
Linda Cobbledick WSM341468
Sue Dyer WSM341083



Everyone and we mean EVERYONE is most welcome

CHILDRENS COMPETITION

Group 1	Under 5
Group 2	Age 5 to 7
Group 3	Age 8 to 10
Group 4	Age 11 to 16

Childrens trophy will be awarded to the best entry out of all 4 groups in each category

Please accompany your entry with your name and age in a sealed envelope

4 ROCK CAKES

Ingredients

225g/8oz self-raising flour
75g/2½oz caster sugar
1 tsp baking powder
125g/4½oz butter, cut into cubes
150g/5½oz dried fruit (raisins, sultanas or currants)
1 egg
1 tbsp milk

Method

Preheat the oven to 180C/160C Fan/Gas 4
Mix the flour, sugar and baking powder in a bowl and rub in the cubed butter until the mixture looks like breadcrumbs, then mix in the dried fruit.
In a clean bowl, beat the egg and milk together
Add the egg mixture to the dry ingredients and stir with a spoon until the mixture just comes together as a thick, lumpy dough. Add a teaspoon more milk if you need it to make the mixture stick together.
Place spoonfuls of the mixture onto the prepared baking tray. Leave space between them as they will flatten and spread out to double their size during baking.
Bake for 15–20 minutes, until golden-brown. Allow to cool for a couple of minutes, then turn them out onto a wire rack to cool.

A DECORATED JAM JAR

Week St Mary Playgroup



Welcomes you

10am - 12 every Tuesday
at Week St Mary Village Hall

Come along and have some fun !



Join coffeepots baby and toddler group on
Facebook or email coffeepotswsm@gmail.com



Lunch Club



Week St Mary Church Lunch Club will meet again on
Wednesday 16th July at 12:00 noon

Please book your meal on
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5. Choose the cake with the best top, then put the other cake upside-down onto a serving plate and spread with half the coffee icing. Sandwich together with the other half. Ice the top of the cake and decorate with the walnut pieces to serve.

POTATO, CHEESE AND ONION PIE using Shortcrust Pastry – Any Recipe

CHEESE & THYME BISCUITS

160g plain flour : 100g cold butter : 1 egg
100g finely grated cheddar ;
½ tsp dried thyme

Method

1. Heat oven to 180c/160c fan/gas 4. Put the flour in a bowl and rub in the butter until it resembles breadcrumbs. Stir in the cheese and thyme, then add the beaten egg a little at a time and mix using a fork. When the mix starts to clump together, use fingers to knead to a smooth dough.

2. Roll into a sausage shape approx 20cm long then cut into 1cm slices. Place on one or two baking trays. Flatten slightly with a fork then bake for approx. 15 mins. or until firm. Cool slightly before placing on a wire tray to cool completely. Will keep for up to 1 week in an airtight container. These are better prepared the day before.

PRESERVES

HOME-MADE SWEET MINCEMEAT - Any Recipe

PLUM JAM - Any Recipe

Arrangements for participants and viewing

Please bring your entries to the Parish Hall from 10am – 12.30pm, with your name and contact number for each item in a sealed envelope. If you cannot manage this, please contact someone who can collect them for you. Judging will take place from 2pm. The Hall will remain closed at this time.

Doors re-open for viewing at 6pm and presentation of cups will take place at 6.30pm. Please remove your entries at 7pm

One entry, per person, per section
(20p per entry for Parish Hall Funds)
(Children's entries Free)

**GREAT VILLAGE
CAKE and PRESERVE
COMPETITION
Wednesday 17th September
WSM Parish Hall**

Cake Competition

Coffee & Walnut cake - recipe provided
Potato, Cheese and Onion Pie using Shortcrust Pastry - own recipe

Preserve Competition

Homemade sweet mincemeat - own recipe
Plum jam - own recipe

2025 Extra Challenge

4 Cheese & Thyme Biscuits - recipe provided

COFFEE & WALNUT CAKE

Ingredients

250g Butter : 225g / 8oz caster sugar : 4 large eggs : 225g / 8oz self raising flour : ½ level teaspoon baking powder : 1 tbsp instant coffee, dissolved in 1 tablespoon of boiling water : 50g / 1¾oz walnuts, finely chopped.

For the filling and topping

125g / 4 ½oz butter, softened : 225g / 8oz icing sugar, sifted : 1 tablespoon instant coffee, dissolved in 1 tablespoon of boiling water 8 walnut halves to decorate

Preheat the oven to 180C/160C Fan/Gas 4. Lightly butter two deep loose-bottomed 20cm/8in round tins and line the bases with baking paper.

1. Put the butter, sugar, eggs, flour, baking powder and coffee in a large mixing bowl and beat together (using an electric hand whisk if you have one) until well combined and smooth. Fold in the walnuts.
2. Divide the mixture evenly between the tins. Level the surface using a spatula or the back of a spoon.
3. Bake for 25-28 minutes, or until an inserted skewer comes out clean. Leave the cakes to cool in the tins for 5 minutes, then run a small palette knife or rounded butter knife around the edge of the tins and carefully turn the cakes out onto a wire rack. Peel off the paper and leave to cool completely.
4. For the filling and topping, beat the butter and gradually add the icing sugar. Add the coffee and beat until smooth.

WEEK ST MARY CHAPEL



Chapel services for July 2025

Sun 6th	10.30	Morning Worship led by the Worship Team.
Sun 13th	12.00 noon	Worship Lunch, short service of Worship followed by hot roast dinner. Book with Trina 341317.
Sun 20th	10.30	Lets Meet, shared informal worship led by members
Sun 27th	18.30	Cafe Church

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.





















Services at St Mary's Church

July 2025

Sun 6th	10.00	All age worship
Sun 13th	18.00	Evening Prayer
Sun 20th	11.15	Holy Communion
Sun 27th	10.00	Morning Prayer

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer

Full details are available via achurchnearyou.com

Mon	Tue	Wed	Thu	Fri	Sat	Sun
July	1 <i>Adventure Church</i> 4:30pm (P.17)	2	3	4 	5	6 <i>Church All Age Worship 10.00am (P.23)</i> <i>Chapel Service 10.30am (P.23)</i>
7 <i>Meet and Eat 12:00 PH (P.29)</i>	8 <i>Adventure Church</i> 4:30pm (P.17) 	9	10  	11 	12 <i>Lego Café (P.6)</i>	13 <i>Chapel Service 12 noon—followed by lunch (P.23)</i> <i>Church Evening Prayer 6pm (P.23)</i>
14 <i>Memory Café 2pm (P.17)</i>	15 <i>Adventure Church</i> 4:30pm (P.17) 	16 <i>Lunch Club 12:00 (P.21)</i>	17	18 <i>CAMEO 2pm (P.20)</i> 	19 <i>Cream Tea Glanville House 2pm (P.20)</i> <i>Tamar Rock & Roll (P.14)</i>	20 <i>Church Holy Communion 11.15am</i> <i>Chapel Lets Meet 10.30am (P.23)</i>
21	22 <i>Adventure Church</i> 4:30pm (P.17) 	23	24 <i>Community Shop Meeting (P.4)</i> 	25 <i>St Gennys Horticultural Show (P15)</i> <i>St James Way Pilgrimage (P5)</i> 	26 <i>Texans –Dance PH (P.19)</i>	27 <i>Church Morning Prayer 10:00am (P.23)</i> <i>Chapel Café 6:30pm (P.23)</i>
28 <i>Memory Café 2pm (P.17)</i>	29 <i>Adventure Church</i> 4:30pm (P.17) 	30 	31	Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group,  COFFEE MORNING  MEETING  Rubbish & Food Waste Day  MOBILE LIBRARY  Recycling & Food Waste Day  Craft Group MSR		