

WEEK ST MARY DIRECTORY

Parish Council Chair:	Mrs C Slade	WSM 341350
Parish Clerk:	Suzanne Cleave	07853-298595
Email:	clerk@weekstmaryparish.gov.uk	
Parish Hall Chairman:	Mrs Margaret Johns	07856-357424
Parish Hall Bookings:	Ms Brenda Jennings	01288-341429
Email:	dippyfish@btinternet.com	
County Councillor:	Nicky Chopak	07810-302061
Email:	nickychopak@gmail.com	

<u>SITA Recycling Centre:</u>	Tiscott Wood	01288-355131
	9:00am - 4:00pm	
	7 days a week except	
	Christmas Day, Boxing Day and New Years Day	

<u>Doctor's Surgeries (Appointments)</u>		
Stratton Medical Centre (Stratton)		01288-352133
Ruby Country Medical Group (Holsworthy)		01409-253692
Neetside		01288-270580

<u>Buses:</u>	Plymouth City Bus (colour Red)	
WSM Transport Rep		01752-662271
(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO		
Launceston Tue 09:38am Ret 12:30pm from TESCO		
Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)		

<u>Women's Institute:</u>		
President:	Mrs Christine Heard	WSM 341328
Secretary:	Mrs Sue Collins	07539-379469

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults
Rev David Saunders 07834-459672

Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Rev David Saunders 07834-459672
rector@bude-coast-benefice.org

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

Week St Mary Magazine



July 2026

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WEEK ST MARY PARISH COUNCIL MEMBERS
AND RESPONSIBILITIES

Parish Council Chair:	Carol Slade	WSM 341350
Vice Chair:	Ian Richardson	07379-292313
Parish Clerk:	Suzanne Cleave	07853-298595
Finance	Ian Richardson	07379-292313
Public Conveniences: Highways, streetlights, trees, parish greens and footpaths:	Parish Clerk	07853-298595
Primary Schools:	Tamsin Fay	07454-382450
Playing Field:	Rachel Shipton	07792-258665
	Sam Gubbin	07988-861613
	Carol Slade	WSM 341350
	Margaret Johns	07856-357424
Planning:	Ian Richardson	07379-292313
Community Area Partnership:	Tamsin Fay	07454-382450
Other Councillors:	Stuart May	WSM 341092
	Jeremy Ward	
Non Council Members:		
Debrillator:	Wendy Couch	
	Jane Pearce	WSM 341525
War Memorial:	Sarah Wickett	

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor	Mr Dick Sowerby	WSM 341348
e-mail	editor@weekstmaryvillage.co.uk	
Advertisements	Mr Dick Sowerby	WSM 341348

Week St Mary Magazine

July 2026

Issue No 463

CHURCHYARD ASSISTANCE

This is an appeal to all you lovely people that enjoy walking through our peaceful churchyard.

Is there anyone that would give an odd few hours to help Nick with grass cutting or strimming. We have our own mower etc. If you feel you could assist please contact Linda on 01288341468 or email me on.... lincob@gmail.com I can then put you in touch with Nick.

Many thanks in anticipation.
Linda (Churchwarden)

Week St Mary Football Club

UNDER14s Football Players Wanted.....Week St Mary's legacy of Great Kids Football....Any new Players Welcome.

WSM Football Club U 14 s (School year 8&9 from Sept)
After a Great Season for our U13s we would like to invite any new players to come and join our team as we move to U14 s for the 26/27 season

Training will resume in July but please get in contact sooner to register interest. Weekly Training and regular matches in the Cornwall Youth League.

Contact the Coach Dave Eversley 07922171310


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Diane Sheridan RN MCFHP, MAFHP

**The 94th
St. Gennys Horticultural Show
31st July 2026
Opens 3:30pm
Crowning of the Carnival Queen 5:30pm**



*Save the date and get planting, stitching, knitting, baking and crafting for your entry to the show.
Schedules will be available in next month's Edition*

On the day there will be: -
Tea, Coffee and Cake Stall,
Raffle,
Various Entertainments

It's not just flowers and vegetables, we have sections for cookery, arts and crafts, plus dedicated children's categories

Everyone Welcome!



Forthcoming Events

- July 4th - Wurzels (Colbay)
July 11th - Family FunDay (Colbay)
July 13th- Jubilee Club - Rosemoor Trip
July 18th - Cream Teas at Glanville House (N & W Couch)
August 6-9th - Scarecrow Festival (Parish Hall)
August 8th - Safari Supper
August 23rd - Crepes and Wine (Parish Hall)
September 11th - Bingo (Parish Hall)
September 19th - REVEL
September 21st - Harvest Service & Supper
October 4th - Pie and Mash (Parish Hall)
October 9th -The Countrymen (Church)
October 10 6.30pm - Grease The Musical by Brights Sparks
October 11 3pm - Grease The Musical by Brights Sparks
October 17 6.30pm - Grease The Musical by Brights Sparks
October 18 3pm - Grease The Musical by Brights Sparks
October 24th - Halloween Party (Parish Hall)
November 2nd - Service for All Souls
November 8th - Turkey Lunch (Parish Hall)
November 21st - Christmas Market
December 4th - Mulled Wine
December 11th - Christmas Bingo/Draw(Parish Hall)
December 13th - Advent Carols with Wine 4pm
December 19th-21st - Christmas Tree Festival. (Parish Hall)

Cream Tea

18th July
2pm to 5pm

VENUE
Glanville House

HOST
Nick and Wendy

Enjoy a relaxing afternoon in our garden.

Raffle Prizes

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Proceeds in aid of
Week St Mary Church Tower Restoration Fund

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Sunday	10:00 - 12:00	PO CLOSED
Monday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Saturday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Bank Holiday Opening:	10:00 - 12:00	PO CLOSED

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Heard of Fake News – Now it's Deep Fake

We can no longer trust what we hear or see on our Computers, Tablets or phones. Why? Deep fake activity has become the norm – AI has improved in such leaps and bounds over the past 2 years nothing on the internet should be trusted. It's a sad statement but very, very true!

Images created, voices cloned and novels written, society as a whole is facing serious dilemmas as it will soon be impossible to tell what is factual and what is false.

Thankfully there are still a few ways to spot a fake, but it's difficult, check the following;

- Who is sharing it? Is it a strange account or senders address?
- What is their purpose? Are they asking for likes or cash?
- Check the "Head Tilt": Some AI videos still show distortions.

And if a "deepfake" person is calling you, ask for them to wave their hand in front of their face – it could break the filter.

To prove a point, I created a Christmas song called Little Bells, using only AI tools, which took less than an hour to produce and it is all fake. This can be seen and heard by linking to <https://youtu.be/HOHzUVcF75A>



Don't think for one second only Techy Nerds can produce AI fakes. Anyone with a computer and an internet link can do it, and it doesn't take long to learn. Much of it is also free to try with a few credits thrown in just for signing up and where previously expensive machinery or software had to be used, that is no longer the case everything you would want to change or create imagery is done in minutes by selecting the correct action or style – it's never been easier!

It's now almost a "CHEATS CHARTER" were the "Con-man or Con-woman" has a new range of tools in the scammer's arsenal. Passports, driving licences and ID cards can all be re-produced quickly, easily and with high degree of accuracy and you or anyone else would not know the difference.

The government should by now have legislation in place to control this type of fakery, but as ever they will think about it for so long, without action, that every politician could be cloned and find themselves voting for changes in legislation without them knowing it!

Impossible you might say, anything is possible with computerisation these days!

But regulation is severely lacking, which means more sophisticated scams will heading our way!

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Celebrations This Month

George Horrell	A Very Happy 12th Birthday on the 4th
Chloe Healy	A Very Happy 14th Birthday on the 18th
Louis Motsch	A Very Happy 15th Birthday on the 24th
Dan Booker	A Very Happy Birthday on the 24th
Andrew Lee	A Very Happy Birthday on the 24th
Sue Edwards	A Very Happy Birthday on the 25th

Any Birthdays or Anniversaries always welcome.

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THOUGHT FOR THE MONTH

The best preparation for tomorrow is doing your best today

Jeanette Turner



Mobile Library

Parking at The Square
from 11:50am to 12:10pm

- 22nd July
- 19th Aug
- 16th Sept
- 14th Oct

Ruminations from the Rectory

The Tree

A student once asked his teacher, "What's the meaning of life?"

The teacher, said nothing. He just pointed at the tree. The student waited, confused. He thought he'd get a quote, a lecture, a divine secret, but all he got was silence.

So he asked again, "Master, what does life mean?" Still no reply. Just a calm smile. And the same tree.

The student was losing patience. He stared at the tree looking for clues. Its bark, its shape, it's stillness. What does this mean he asked himself. Then slowly he noticed something. The tree wasn't trying to be anything. It wasn't trying to grow fast. It wasn't trying to impress. It was just being.

The teacher finally spoke. "The tree does not force growth. It does not chase sunlight. It simply trusts the seasons. It blends with the wind, sheds when it must, blooms when it's time, and never asks, am I enough? You're not here to chase meaning, you're here to become it. Like the tree, grow quietly. And trust the timing."

The Bible puts it like this. There is a time for everything and a season for every activity under the heavens. Ecclesiastes chapter 3 verse 1

JUBILEE CLUB

The Jubilee Club have organised a
Coach Trip

ROSEMOOR

on

MONDAY 13th JULY

You are very welcome to join us

Pick up at Wainhouse

Please contact Diana 01840 261366

or 07546074409

for more details



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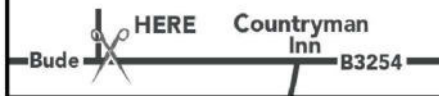
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WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

A very interesting evening!  Our meeting on 11th June featured a talk by beekeeper Deidrie Conniss about bees, their biology, behaviour, and importance to the environment.

Deidrie began by explaining that while there are hundreds of bee species worldwide, humans are mainly interested in honey-producing species such as *Apis mellifera*, the western honeybee. She described other bee species, including giant Himalayan bees and stingless bees found in the Americas, and explained the origins of so-called "killer bees," which resulted from crossbreeding African honeybees with South American bees.

Deidrie highlighted the crucial role bees play in pollination. Bees evolved alongside flowering plants, collecting nectar while transferring pollen between flowers, enabling plants to reproduce. Different bee species are adapted to different flower types; for example, bumblebees can access flowers with deep tubes that honeybees cannot.

We discussed the relationship between bees, wasps, and hornets, noting that wasps are often unfairly disliked despite their ecological value as predators of crop pests. Honeybees can be distinguished by the hairs on their bodies, which help collect pollen.



The talk explored the structure of a honeybee colony, which can contain over 60,000 workers in summer. Worker bees are female, while males (drones) exist mainly for mating. Queens mate only once but store enough sperm to lay eggs throughout their lives. Colonies make collective decisions, including when to replace an aging queen or when to swarm.

Finally, Deidrie emphasized the importance of all pollinating insects, not just honeybees!

The meeting concluded with a practical beekeeping activity, where members learned about beeswax and candle rolling. Members had great fun making a candle which they took home!

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COMMUNITY MONEY ADVICE LAUNCESTON

During 2025 the Cornwall PEOPLE IN MIND outreach project has enabled Community Money Advice Launceston to visit and meet local residents of some of the most rural villages and hamlets within North East Cornwall, including Week St Mary. This has enabled our team to become engaged with some of the least advantaged locally. The elderly especially, including those who may be experiencing difficulties within their finances, particularly with their utilities, local taxes and benefit structure.

The FREE services which CMAL offer in these areas has been particularly welcome among those who find it so difficult to keep abreast with the newer methods in technology. With nationally 1 in 7 people being unable to communicate effectively with the internet/email/online banking system, it is little wonder why our team is fully stretched to help. We have a policy of helping every genuine request for help. One of the main lessons we have learnt from our visits is that many local people were unaware of us, or the areas in which we can help, and especially the direct contact we have with some agencies, like SouthWest Water or Cornwall Council about council tax problem

The major areas of immediate concern to many of our clients currently are:

PENSION CREDIT WINTER FUEL PAYMENT BLUE BADGES PIP renewal

If you are worried or feel the forms to fill are too complicated. DO NOT WAIT.

If you feel you would like to contact outside our visit dates, then make an initial contact by phone on 01566 777407 or 07762 092 830 and leave a message on our answerphone if our office is closed. For those who prefer email then our contact is office@launcestonmoney.co.uk . In the last year more than 800 residents in North Cornwall have had our help. Many in Week St Mary and the surrounding hamlets.

Your Parish Church NEEDS YOU

For nearly four centuries, our Grade I listed church tower has stood as a proud landmark, rising 100 feet above the landscape and watching over our community since 1643. Its history is woven into the story of this place — a symbol of heritage, faith, and continuity.

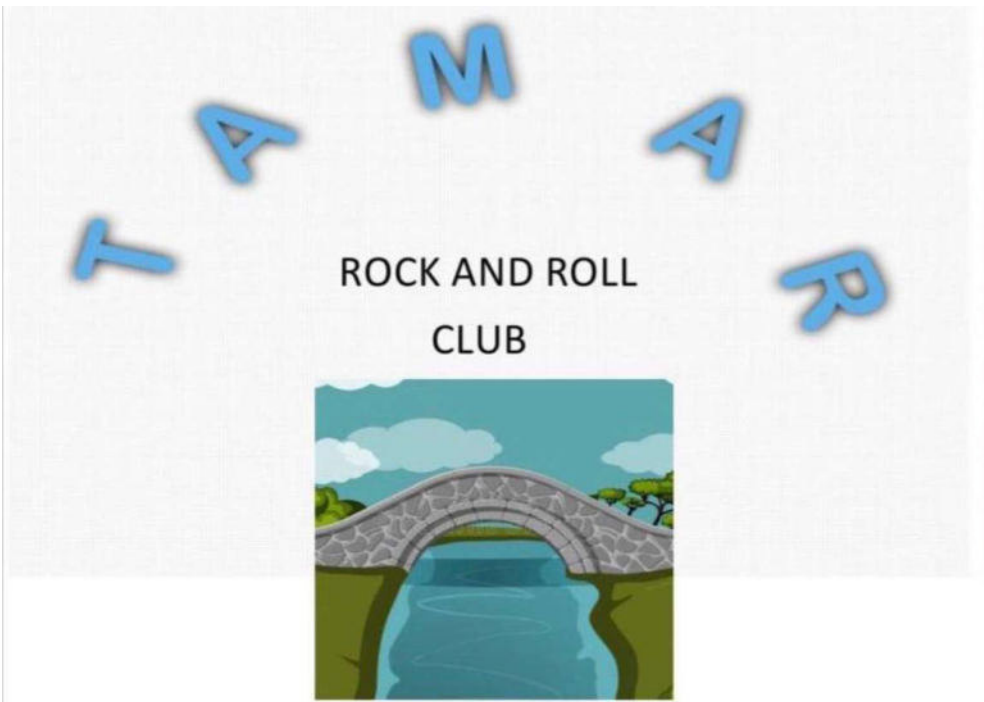
Today, however, this remarkable structure has been placed on the Heritage at Risk Register. Time and weather have taken their toll, and without urgent action the tower's future is uncertain.

A full renovation is now required to preserve and protect it for future generations. The work is extensive, with an estimated cost of £400,000.

We are asking for your help. Every donation, large or small, will bring us closer to restoring this historic tower and ensuring it continues to stand tall for centuries to come. If this landmark means something to you, please consider supporting the restoration fund. Together, we can safeguard this piece of history and keep our tower standing proudly over the community once again.

Week St Mary Church Tower:
<https://www.crowdfunder.co.uk/p/week-st-mary-church-tower>.
 The Churchwardens.





Saturday 25th July

Resident DJ Rocking Zephyr

7:30pm-11:30pm

£5 entry on the door

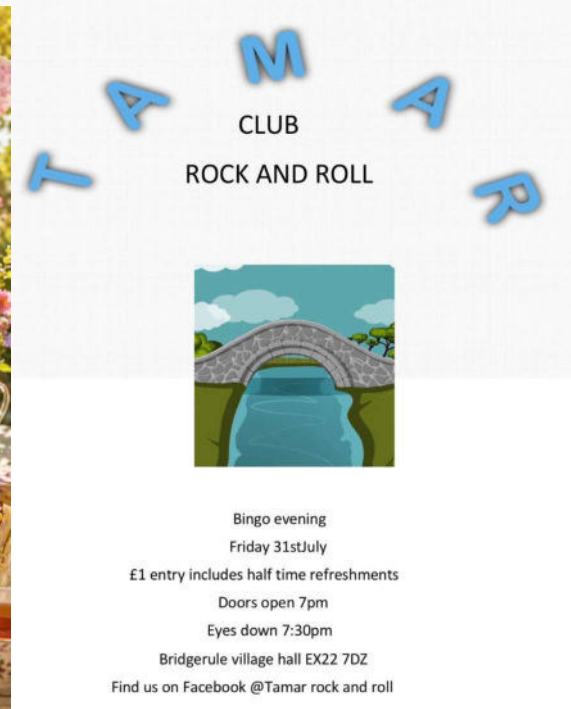
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MEET AND EAT

Next meeting Monday 6th July

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C A M E O

Come And Meet Each Other

on Friday 17th July @2:30

at Sue and Rob Isherwood's in Ashbury Grove

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Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group week st mary adventure church for further details. We usually communicate through FB Messenger.



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WEEK ST MARY PARISH HALL 100 CLUB

Parish Hall June 100 club winners.

- 1st - no 50 Aidan Slade.
- 2nd - no 83 - Christine Heard.
- 3rd - no 84 - Rose Martin.



Membership £15 per number
New members welcome.
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Margaret Johns 07856 357424



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WEEK ST MARY COMMUNITY SHOP LIMITED ("the Society")

Elsewhere in this month's magazine you will find the formal notice of annual meetings of Week St Mary Community Shop Limited. These will take place on 16th July 2026 in the Parish Hall, commencing at 7.30pm.

The Society is regulated by the Financial Conduct Authority so the format for these meetings has to comply with legal requirements and looks very formal.

Please don't let this deter you from attending as this is an opportunity to hear how the shop and Post Office are faring and about the challenges it faces over the next few years.

A few actions are required prior to the meetings:

- (1) Any member who wishes to put themselves forward for the Management Committee (there can be up to 12 members) should let Lesley Booker know by 9th July 2026.
- (2) Any member who wishes to have an item raised under "any other business" should provide details (in writing) to Lesley Booker by 9th July 2026.
- (3) Anyone who is not yet a member but would like to be so they can attend the meetings should contact Stephen Smith by 9th July 2026 so that a purchase of shares can be arranged (minimum share purchase £10)

We look forward to seeing as many members as possible from our 100 plus shareholders at the meetings.

Lesley Booker

(01288-341221, lesleybooker@gmail.com)

Stephen Smith

(01288-341689, sasmith007@yahoo.co.uk)

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Tanker with or without shallow disk injector Dump Trailers / Loader Work/ Mowing/ Tedding.

ATTENTION ALL GARDENERS – DONATIONS TO SHOP



One of the ways to support your Community Shop is by gardeners donating any surplus home grown produce they may have.

The Shop will then aim to sell this produce to customers at no more than 50% of the priced charged for goods obtained from its supplier base.

Please feel free to drop off at the shop any suitable surplus items as the summer progresses.

WEEK ST MARY COMMUNITY SHOP LIMITED ("the Society")

Registered Office: Week St Mary Parish Council Office, Week St Mary, EX22 6UL

**NOTICE OF MEETINGS TO BE HELD ON 16th JULY 2026 IN WEEK ST MARY PARISH HALL,
COMMENCING AT 1930hrs.**

MEETING TO ELECT MANAGEMENT COMMITTEE MEMBERS

1. List of nominations received by the Secretary
2. Explanation of voting process
3. Voting by members
4. Counting of votes by the Secretary

Note: Lesley Booker, Linda Cobbletick, Micheline Smith and Stephen Smith were all re-elected at the 2024 AGM to serve for a 3- year period. Nick Faulks and Kay Parry were elected at the 2025 AGM to serve for 3 years and Josh Fry was co-opted after the 2025 AGM.

SEVENTH ANNUAL MEMBERS' MEETING

1. Chair's welcome and introduction
2. Approval of the minutes of the previous AGM held on 25th July 2025
3. Consider and, if thought fit, pass the following resolution:
"As permitted by rules of the Society, it is hereby resolved that the Society decides not to appoint a qualified Auditor to audit its Annual Accounts for the year ending 28th February 2027 in accordance with section 84 of the Co-operative and Community Benefit Societies Act 2014."
4. Receive the Annual Accounts for the year ending 28th February 2026
5. Report on the state of membership of the Society and the membership strategy
6. Report by the outgoing Management Committee on the Society's performance in the year to 28th February 2026 and plans for the next 2 years
7. Declaration of the results of the election of those who are to serve on the Management Committee going forward
8. Any other business

ONLY MEMBERS (SHAREHOLDERS) OF THE SOCIETY CAN ATTEND THESE MEETINGS

Family Games Afternoon

Thursday 13th August

2.30-5pm.

In the Parish Hall

Beetle Drive and other games.

If any mums would like to help it would be much appreciated.

Please let Margaret know.

There will be food and drink available.

Scarecrow Festival

August 6-9th

Cream tea/Refreshments

2-5pm daily in the Parish Hall.

Time to get creative, to make it easier there isn't a theme. Scarecrows to be displayed outside your property with a donation box (proceeds to Parish Hall). We suggest that you take the box in at night.

Prizes for most popular Scarecrow and best child's Scarecrow.

Please book with Margaret on 07856357424 so that we can

WEEK ST MARY PARISH HALL HIRE CHARGES

Commercial Hire £11 per hour

Commercial Hire (Concessionary rate for locals) £8.50 per hour

Local groups/organisations £7 per hour

Daytime social events £7 per hour

Evening social events (after 6pm) £8.50 per hour

Weddings/Funerals £11 per hour Use of kitchen £3 per hour

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All hire charges include licenced bar run by the committee

Hire conditions apply

~~~~~

For further details and booking please contact

Brenda Jennings 01288 341429

These charges remain the same as last year

YER 'AVIN IT LARGE!

THE WURZELS

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ABSENT MINDS

4TH JULY 2026

— 6PM - MIDNIGHT —

COLBAY, WEEK ST. MARY, NR BUDE, CORNWALL

BAR & CATERING VANS ALL DAY!

TICKETS AVAILABLE FROM:
WWW.NORTHCOASTARTS.CO.UK

There will be a raffle to raise money for Week St Mary Revel funds
Tickets are available from the village shop.

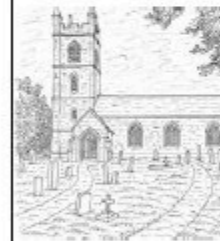
WEEK ST MARY CHAPEL



Chapel services for July 2026

Sun 5th	10.30	Morning Worship led by the worship team
Sun 12th	10.30	Morning Worship led by the worship team
Sun 19th	15.00	Combined Circuit Service at Tintagel. The leaving service For Rev. Steve and Julie Swann
Sun 26th	18.30	Café Church

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.



Services at St Mary's Church

July 2026

Sun 5th	10.00	All Age Service
Sun 12th	18.00	Evening Prayer
Sun 19th	11.15	Holy Communion
Sun 26th	10.00	Morning Prayer

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer

Full details are available via achurchnearyou.com

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Week St Mary Playgroup


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10am - 12 every Tuesday
at Week St Mary Village Hall



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Lunch Club




Week St Mary Church Lunch Club will meet again
on Wednesday 15th July at 12.00 noon

Regulars please book with Lesley 341221 asap

New members very welcome

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
<h1>July</h1>		1	2	3	4 <i>Wurzels @18:00 Colbay (P16)</i>	5 <i>Church All Age Service 10:00 (P21)</i> <i>Chapel Morning Worship.10:30 (P21)</i>	
	6 <i>Meet and Eat 12:00 (P25)</i>	7 <i>Adventure Church 4:30pm (P13)</i> <i>Craft Group 2:00pm MSR</i>	8	9 <i>Chapel Coffee Morning 10:30 to 12:00 MSR</i>	10	11 <i>Lego Cafe 9:30-11:30 (P11)</i> <i>Pirate Family Funday @17:00 Colbay (P10)</i>	12 <i>Church Evening Prayer 18:00 (P21)</i> <i>Chapel Morning Worship.10:30 (P21)</i>
	13 <i>Happy Memories 2:30pm (P.11)</i> <i>Jubilee Club Rosemore Trip (P29)</i>	14 <i>Adventure Church 4:30pm (P13)</i> <i>Craft Group 2:00pm MSR</i>	15 <i>Lunch Club 12:00 (P17)</i>	16 <i>Community Shop AGM (P22)</i>	17 <i>CAMEO 2:30 (P25)</i>	18 <i>Cream Tea 14:00-17:00 Glanville House (P5)</i>	19 <i>Church Holy Communion 11:15(P.21)</i> <i>Chapel combined service @ Tintagel. 15:00 (P.21)</i>
	20	21 <i>Adventure Church 4:30pm (P13)</i> <i>Craft Group 2:00pm MSR</i>	22	23 <i>Chapel Coffee Morning 10:30 to 12:00 MSR</i>	24	25 <i>Tamar Rock & Roll (P26)</i>	26 <i>Church, 10.00 Morning Prayer (P21)</i> <i>Chapel Café Church, 18:30 (P21)</i>
	27 <i>Happy Memories 2:30pm (P.11)</i>	28 <i>Adventure Church 4:30pm (P13)</i> <i>Craft Group 2:00pm MSR</i>	29	30	31 <i>Tamar Rock & Roll Bingo (P11)</i> <i>St. Gennys Horticultural Soc (P33)</i>	Regular items appear as these symbols - PH is Parish Hall, MSR is Methodist School Room,  Craft Group  Coffee Morning  Mobile Library  Recycling & Food  General Waste & Food	