

WEEK ST MARY DIRECTORY

Parish Council Chair: Mrs C Slade WSM 341350
Parish Clerk: Suzanne Cleave 07853-298595
Email: clerk@weekstmaryparish.gov.uk
Parish Hall Chairman: Mrs Margaret Johns 07856-357424
Parish Hall Bookings: Ms Brenda Jennings 01288-341429
Email: dippyfish@btinternet.com
County Councillor: Nicky Chopak 07810-302061
Email: nickychopak@gmail.com

SITA Recycling Centre: Tiscott Wood 01288-355131
9:00am - 4:00pm
7 days a week except
Christmas Day, Boxing Day and New Years Day

Doctor's Surgeries (Appointments)
Stratton Medical Centre (Stratton) 01288-352133
Ruby Country Medical Group (Holsworthy) 01409-253692
Neetside 01288-270580

Buses: Plymouth City Bus (colour Red)
WSM Transport Rep 01752-662271
(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO
Launceston Tue 09:38am Ret 12:30pm from TESCO
Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)

Women's Institute:
President: Mrs Sue Dickenson
Secretary: Mrs Roberta Jones 07788-548875

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults
Rev David Saunders 07834-459672

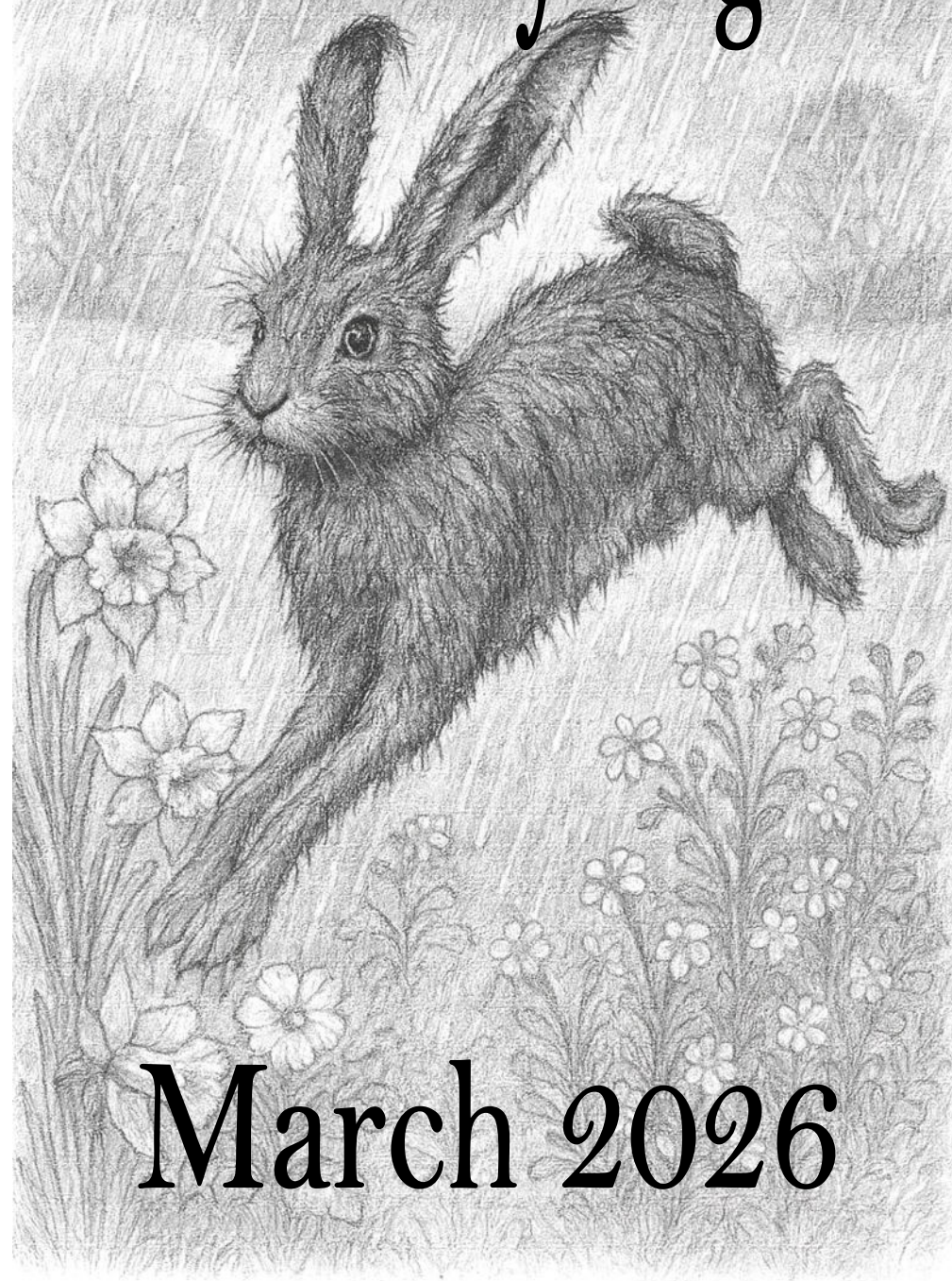
Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Rev David Saunders 07834-459672
rector@bude-coast-benefice.org

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

Week St Mary Magazine



March 2026

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WEEK ST MARY PARISH COUNCIL MEMBERS

AND RESPONSIBILITIES

Parish Council Chair:	Carol Slade	WSM 341350
Vice Chair:	Ian Richardson	07379-292313
Parish Clerk:	Suzanne Cleave	07853-298595
Finance	Ian Richardson	07379-292313
Public Conveniences: Highways, streetlights, trees, parish greens and footpaths:	Parish Clerk	07853-298595
Primary Schools:	Tamsin Fay	07454-382450
Playing Field:	Rachel Shipton	07792-258665
	Sam Gubbin	07988-861613
	Carol Slade	WSM 341350
	Margaret Johns	07856-357424
Planning:	Ian Richardson	07379-292313
Community Area Partnership:	Tamsin Fay	07454-382450
Other Councillors:	Nick Couch	07949-026647
	Stuart May	WSM 341092
	Jeremy Ward	
Non Council Members:		
Debrillator:	Wendy Couch	
	Jane Pearce	WSM 341525
War Memorial:	Sarah Wickett	

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor e-mail	Mr Dick Sowerby	WSM 341348
	editor@weekstmaryvillage.co.uk	
Advertisements	Mr Dick Sowerby	WSM 341348

Week St Mary Magazine

March 2026

Issue No 459

Alan Gee

My wonderful husband Alan Gee passed away on 2nd February 2026. He will be greatly missed by many.

His funeral will take place on Thursday 5th March at 12 noon. Service in our church.

Tea, coffee and small buffet after burial.

Susan Gee

Ann Keyworth

I would like to take this opportunity to thank my work colleagues at the bakery and everyone else in the village for their support and kind words and sympathy cards for the loss of my wife Ann, who a lot of you never met. She was my soul mate for over 58 years. I am finding it very hard at the moment but your kind words of sympathy make it that little bit easier, so thank you very much.

Dave Keyworth

Week St Mary Valentine's Dinner

Week St Mary Church hosted a special Valentine's Day dinner on the 14th of February.

Twenty diners enjoyed restaurant style cooked meals in our cozy side chapel.

Thanks are due to the cooks, waiter and waitress who made the occasion special and those who attended a lively and friendly evening of companionship.

THE COMMUNITY SHOP EASTER OPENING HOURS

Good Friday 3rd April CLOSED

Easter Saturday 4th April NORMAL HOURS

Easter Sunday 5th April 10am to Noon

Easter Monday 6th April 10am to Noon.

**URGENT NOTICE FROM THE COMMUNITY SHOP
PLEASE NOTE THAT FROM TUESDAY APRIL 7TH DUE TO LOW FOOTFALL
DURING THE LAST HALF HOUR OF THE MORNING
THE SHOP WILL BE CLOSING FROM 12.30PM AND REOPENING AT 3PM**

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Diane Sheridan RN MCFHP, MAFHP

**WEEK ST MARY CHURCH
SATURDAY 14TH MARCH**

LEGO CAFE

**Cooked Breakfast
from 9.30-11.30 am
FREE Lego until
12pm**

ALL WELCOME

Forthcoming Events

- | April 3rd - Easter Bingo (Parish Hall)
- | April 26th -Johnny Cowling in Concert (Church)
- | May 10th - Strawberries and Cream (Parish Hall)
- | June 7th - Prosecco & Strawberries at Tudor House (S & M Smith)
- | June 12th - Bingo (Parish Hall)
- | June 14th - Sunday Lunch (Parish Hall)
- | June 27th - Loveny Male Voice Choir (Church)
- | July 18th - Cream Teas at Glanville House (N & W Couch)
- | August 6-9th - Scarecrow Festival (Parish Hall)
- | August 8th - Safari Supper
- | August 23rd - Crepes and Wine (Parish Hall)
- | August 30th - Pet Service 3pm
- | September 11th - Bingo (Parish Hall)
- | September 19th - REVEL
- | September 21st - Harvest Service & Supper
- | October 4th - Pie and Mash (Parish Hall)
- | October 9th -The Countrymen (Church)
- | October 24th - Halloween Party (Parish Hall)
- | November 2nd - Service for All Souls
- | November 8th - Turkey Lunch (Parish Hall)
- | November 21st - Christmas Market
- | December 4th - Mulled Wine
- | December 11th - Christmas Bingo/Draw (Parish Hall)
- | December 13th - Advent Carols with Wine 4pm
- | December 19th-21st - Christmas Tree Festival. (Parish Hall)



WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Our next meeting is on THURSDAY 12th MARCH
7.00 for 7.30pm in the Methodist Chapel School Rooms

Founder Richard Harding, will talk to us about Norton Barton Artisan Food Village, based on the coast of North Cornwall and home to some of the country's top food producers showcasing the best in artisan food and drink that Cornwall has to offer.

Lady guests are welcome to attend at a cost of £5.00 which includes refreshments and entry into the monthly draw. We look forward to seeing you all there!



Week St Mary Craft Group

We meet most Tuesday afternoons at 2pm for a couple of hours at the Methodist Chapel. Our skills are varied and our favourite crafts are just as varied. But it is open to all who would like to join us.

Last year we made an arched curtain for the church to create a draught excluder for an oak door. We also made a lovely quilt which is for sale just to cover the costs of fabric.

This year we are going to make some quilts for the Linus Project which is a non-profit organization that creates and donates new, handmade, washable blankets and quilts to seriously ill, traumatized, or disadvantaged children and teenagers (0-19 years) to provide comfort and security. Should anyone have any cotton fabric that they would like to donate for this project could you please let either Judith Taylor, Louise Lamb or Nicole Rollo know. We would be most grateful. We are especially looking for backing fabric for our quilts but all clean donations gratefully received.

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Week St Mary

Community Shop

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- * Post Office Counter Services
- * Local Produce
- * Fruit & Veg, general provisions
- * National Lottery Tickets
- * Licensed to sell Alcohol
- * Dry Cleaning Service

Sunday	10:00 - 12:00	PO CLOSED
Monday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Saturday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Bank Holiday Opening:	10:00 - 12:00	PO CLOSED

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A hint of things to come, or maybe it's here already!

BT has commenced its copper cable shutdown with 135 postcode areas being the first to be totally switched off, none of these are in this area, but it soon will be, by mid-2027 all areas will have been converted to fibre optic Voice over the internet and the old landline service will be discontinued. Those who haven't upgraded should do so if they want to keep their phone system operational. Being without a phone can be can put you at risk! Sadly, one such case has recently caused the death one elderly gentleman.

Recently I experienced a blockage on the landline allowing outgoing calls to be made, but incoming calls were redirected to a voice mail server. I could collect the messages by dialling 1571, that is if any of the callers chose to leave a message. Several incoming calls were ultimately missed.

BT eventually admitted it is necessary to switch off and reboot the broadband router as a high volume of data traffic through the system can cause part of the system to malfunction. When this happens, the broadband router should be rebooted, (switched off and switched back on again) as the Voice over the internet is becoming overloaded with data, switching off the router, then restarting it should ideally be done every 2 weeks to refresh the system. As all landlines will be switched to this system next year, it is something worth remembering.

Now if you think your password is safe or your system is encrypted, time to consider this. For the past two decades Computer Engineers have been working on Quantum Computers which are far faster than any super computer of today. Also, the new supporting quantum software will be so advanced it will consign AI to the scrap heap. You may think, So what? But consider this quantum software can break down binary code into smaller segments called "qubits" and these can be reconstructed to rewrite any password or decrypt any encrypted program and create a language so complex no human can understand or decode.

Microsoft, Google, Meta, Apple and many others are all involved at one level or another in Quantum Computer development and when it is refined, not even the Banks or Stock Markets will be safe from quantum attacks! The value of currency or corporate stocks will be at risk and the only safe commodities will be gold and silver.

Microsoft has changed the name of its office software to Microsoft 365 Copilot app. Copilot being Microsoft's venture into AI programming and guess what, the annual subscription has increased! The free Libre Office is a very good alternative without cost and the interference of a co-pilot.



For free telephone help and advice Tel Brian Meadows 01288 381061

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Celebrations This Month

Wendy Watts	A Very Happy Birthday on the 3rd
Lila Rose Johns	A Very Happy 17th Birthday on the 4th
Roxi Turner	A Very Happy 14th Birthday on the 5th
Jade Turner	A Very Happy 21st Birthday on the 7th
Zara Turner	A Very Happy 21st Birthday on the 7th
Patrick 'Paddy' Coles	A Very Happy 70th Birthday on the 17th
Jeremy Ward	A Very Happy Birthday on the 21st
Carl Morrison	A Very Happy Birthday on the 21st
Kieran Quinn O'Connor	A Very Happy 18th Birthday on the 22nd
Miya Kayleigh Johns	A Very Happy 21st Birthday on the 23rd
Ellen Morrison	A Very Happy Birthday on the 24th
Michael Collman	A Very Happy Birthday on the 24th
Phil Warneford	A Very Happy 70th Birthday on the 25th

Any Birthdays or Anniversaries always welcome.



**RESCHEDULED FROM
CANCELLED SESSION IN
JANUARY 2026**

NHS
South Western
Ambulance Service
NHS Foundation Trust



A community event organised by
Week St Mary Bonaventures WI

CPR and Defibrillator Awareness Session

On THURSDAY 26th
MARCH 2026 at 7.00pm

**2 HOURS OF YOUR TIME
COULD SAVE A LIFE**

In WEEK ST MARY PARISH HALL

EVERYONE WELCOME

Men, Women, Teens & Children

Free attendance



ST MARY'S CHURCH WEEK ST MARY THE ANNUAL PAROCHIAL CHURCH MEETING WILL BE HELD ON MONDAY MARCH 16th AT 7PM IN THE CHURCH

As this is your Parish Church we would love to see a few who have an interest in what happens in the future for the Grade 1 Listed Building and its Mission.

The Churchwardens.

THOUGHT FOR THE MONTH

**Anyone who has never made a mistake has never tried
anything new.**

Jeanette Turner

Used Ink Cartridges

The Parish Hall welcome all ink cartridge donations.

Just drop them into the hall when an event is on or pass on to a member of the committee.

All donations gratefully received.

All money made will go towards the parish hall.



CRIME REPORTING

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BYSTANDERS CAN BE LIFESAVERS

CAN YOU ADMINISTER CPR?

DO YOU KNOW HOW TO USE A DEFIBRILLATOR?



2 VITAL SKILLS THAT COULD SAVE THE LIFE OF A FAMILY MEMBER, FRIEND OR NEIGHBOUR

Living in an isolated village many miles from major hospitals, and with over 70% of cardiac arrests occurring at home and about half being witnessed by a bystander, why not start the year with a resolution to learn these important skills which could save a life! Quick intervention can be the difference between life and death.

In the UK there are over 30,000 out-of-hospital cardiac arrests annually, 12 people under 35 die each week from cardiac arrest and it could simply happen to **ANYONE** of us at **ANY TIME**. As we now have 2 defibrillators in Week St Mary we have the tools so now we need the knowledge of how to use them!

Join us on:



Thursday 26th March (new date following bad weather cancellation in January 2026)



7.00pm



Week St Mary Parish Hall

for a talk focussing on CPR and how to use a DEFIBRILLATOR by ANDREW COLLINS, a Community Engagement & Training Officer from the NHS South Western Ambulance Service. The Bude Community First Responders team will also be in attendance

EVERYONE - men, women, teens and children - is welcome and encouraged to attend this **FREE** Community Event.

Donations for a charity that supports Community First Responders would be appreciated

2 HOURS OF YOUR TIME COULD SAVE A LIFE

We look forward to seeing you there!



This is a **COMMUNITY EVENT** event organised by
Week St Mary Bonaventures Women's Institute
FOR the Community

**Week St Mary Church
presents**

Johnny Cowling

A slice of pure Cornish Gold

Sunday April 26th

7PM (DOORS OPEN AT 6)

£15 TO INCLUDE REFRESHMENTS

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COMMUNITY MONEY ADVICE LAUNCESTON

During 2025 the Cornwall PEOPLE IN MIND outreach project has enabled Community Money Advice Launceston to visit and meet local residents of some of the most rural villages and hamlets within North East Cornwall, including Week St Mary. This has enabled our team to become engaged with some of the least advantaged locally. The elderly especially, including those who may be experiencing difficulties within their finances, particularly with their utilities, local taxes and benefit structure.

The FREE services which CMAL offer in these areas has been particularly welcome among those who find it so difficult to keep abreast with the newer methods in technology. With nationally 1 in 7 people being unable to communicate effectively with the internet/email/online banking system, it is little wonder why our team is fully stretched to help. We have a policy of helping every genuine request for help. One of the main lessons we have learnt from our visits is that many local people were unaware of us, or the areas in which we can help, and especially the direct contact we have with some agencies, like SouthWest Water or Cornwall Council about council tax problem

The major areas of immediate concern to many of our clients currently are:

PENSION CREDIT WINTER FUEL PAYMENT BLUE BADGES PIP renewal

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If you feel you would like to contact outside our visit dates, then make an initial contact by phone on 01566 777407 or 07762 092 830 and leave a message on our answerphone if our office is closed. For those who prefer email then our contact is office@launcestonmoney.co.uk . In the last year more than 800 residents in North Cornwall have had our help. Many in Week St Mary and the surrounding hamlets.

withdrawn. The clerk will also write to Stuart Wallace from Cornwall Council to update him and to let him know we are trying to find out a reason for the delay.

2. Park slide steps and grants
No information has yet been provided by Cllr Willoughby, however she has said she will forward to the clerk.
3. Playing field fence
The council discussed a number of quotes. It was proposed to go with Neil Holding, replacing 125 metres of fencing. The funds would come from the VAT reclaim money and the received CIL money.
4. Treetops
Cllr Chopak said she had contacted the Neighbourhood Police regarding people accessing the site. Police officers will be visiting on a regular basis. It has also been reported to Cornwall Council planning enforcement as it is an abandoned building. It was proposed to write to the owners to inform them of the issues that have been happening. It was also suggested to give a deadline of when the parish council would like the site to be tidied and cleared. This will be sent by recorded delivery.
5. LMP 2026/27
Councillors received the 2026/27 Local Maintenance Partnership documents and proposed to accept the offer.

13. Accounts

Balances January 31, 2026

• Current account	£ 5,314.39
• Reserve account (including £954.48 CIL funds)	£22,052.36
• Community Benefit Fund	£ 3,908.48

13a. To approve accounts for payment including:

Suzanne Cochrane – Salary Jan (inc HMRC PAYE and WFH allowance) As per contract	
Cornwall Pension Fund (January)	As per contract
Suzanne Cochrane – mileage	£ 21.60
Jamie Sachs – toilets	£ 120.00
Pennon Water – playing field	£ 48.66
Week St Mary Community Shop – items for toilets	£ 26.10
Booker Farm Services – paper for magazine	£ 174.00
Westernweb -renewal of webspace and emails	£ 182.40
Stinkyink – office printer ink	£ 64.74
S Cleave – postage (HMRC VAT papers)	£ 3.15
C Slade – Land Registry search	£ 7.00

13b To note income

Reserve account interest (January)	£ 17.21
CB Fund interest (January)	£ 1.59

Councillors approved the payments and accounts.

14. Items for March 5, 2026 meeting

Treetops; Ashbury Grove land transfer; football club lease.

The meeting closed at 8.50pm.

A large number of people attended the Community Shop to say thank you to Jackie on her retirement after 6 years as Manager.

The Management Committee presented her with flowers and a voucher. Jackie also received many cards from parishioners.



WEEK ST MARY BONAVENTURES W.I.

How would you like to live in a country where success is measured by happiness and quality of life rather than wealth? Our February speaker, Rosemary Lee, was lucky to have visited such a country – Bhutan. This is a small Himalayan kingdom twice the size of Wales sandwiched between Tibet and India and one of the most mountainous countries in the world. The highest mountain is just under 25,000 ft with 19 other peaks over 23,000ft. Historically it is one of few countries never conquered by an outside power. However, it was often threatened by Tibet and so turned to the British Raj in India for protection. After independence in 1947, India continued with its protection and Bhutan receives India's largest donation of foreign aid.

It is difficult for us to accept that the first proper road was built in 1962 which was just a muddy jeep track and, although tarmac was added in the 1980's, it was still single-track. Work to make this two-lane started in 2015 and is now complete but is still dangerous with a national speed limit of 30 mph and no traffic lights. The first airport was opened in 1968 but only for emergency helicopters. This is still the only international airport but, as it is "the most dangerous in the world" only 24 pilots are licensed to land there. There are now 3 other airports but only for domestic flights.

Geographically the country is made up of a series of steep glaciated valleys running from north to south, making communication and travel almost impossible. Hence each valley had its own ruler who combined the role of religious and state ruler. Bhutan has only been unified since 1885, with the help of the British Raj, ruled by a King. The national religion is Tantric/ Tibetan Buddhism and the highest lama in the land holds a position equal to the King. The fourth king came to power in 1972, aged 16 years old, and brought in modern education and healthcare, developed roads, hydro-electric power and tourism. He abdicated in 2006 in favour of his son so that his country could move to a constitutional monarchy.

It was this king who started the philosophy of Gross National Happiness rather than Gross National Product which was rooted in Bhutan's Buddhist legal code which stated that **"if the government cannot create happiness for its people, then there is no purpose for the government to exist"**. This philosophy includes protection of the environment which means that hunting and fishing are illegal, the felling of trees only under strict licence, and the climbing of the highest peaks (where spirits may dwell) is strictly forbidden. Also, smoking and other tobacco products were banned from sale in 2004;

9. Portfolio Reports:

• Playground

The clerk will speak to Jamie about the repairs to the tennis court and skate ramp. Cllr Ward had put up some of the safety netting along the fence and had a piece to do, but the weather has been a hindrance. The playing field inspection has been carried out and this will be on the next agenda.

• Highways, Footpaths & Greens

Cllr Slade extended thanks to Cllr Gubbin and Cllr Richardson for moving the speed indicator sign. She had received a call from South West Water asking if the village was happy with the water pressure. As far as she was aware, people seemed happy at the moment. Apparently, there is a leak somewhere in the village, which SWW are trying to find. She also reported that the salt bin at the top of the hill had been filled. Cllr Gubbin said the pothole situation needs looking at. He said the council could save money on the time and the number of workers sent out to repair potholes. Cllr Slade said the ditch from Broad Close to Delabole Head and from North Park to Goscott Corner needs sorting. Cllr Richardson said a 30mph sign concrete base has been pulled out of the ground at Stewarts Road. Cllr May said there was a huge flood on the blind bend from Greenamoor Cross to Whitstone. The clerk reported that the footpath repair that had been carried out outside Week Green is not the responsibility of Highways, but Cornwall Housing. She will go back to Cornwall Housing to say the council is not happy with how the footpath has been left.

• Police / Neighbourhood Watch

No report.

• Social media / communications

Cllr Couch submitted a report and said all submissions on to Facebook have been meaningful and informative.

10. Correspondence including (all relevant emails forwarded):

The following correspondence was noted: North Cornwall CAP housing summit meeting notes; Cornwall Council Town and Parish Council newsletter; Planning training for local councils; Neighbourhood Planning newsletter; Trauma awareness training information; Planning News for Local Councils and Agents; Road closure intention – Week Green to Higher Langdon, Holsworthy May 11 to May 15 (24-hour closure).

11. Community Infrastructure Levy and Community Benefit Fund applications

David Martin – Week St Mary Community Website – This will be looked at with other applications in April.

12. Agenda items

1. Ashbury Grove

Councillors voted in favour of writing to Parnalls to explain there are not happy with the length of time the land transfer is taking, and to find out what the hold up is. Councillors said they may not be happy to take on the land if the offer of the money is

**Week St Mary Parish Council
Minutes – Thursday, February 5, 2026**

1. **To note councillors present**
Cllrs C Slade (chair); I Richardson (vice chair); S Gubbin; S May; M Johns and J Ward. Also in attendance: Cllr N Chopak and S Cleave, clerk.
2. **To receive apologies for absence with reasons**
Cllr Shipton – prior engagement; Cllr Couch – private family reason; Cllr Fay – unwell. The clerk also informed councillors of the resignation of Cllr Willoughby (the process will now take place to advise the casual vacancy).
3. **To receive Declarations of Interest and approve Dispensations**
None.
4. **To approve the minutes of:**
Councillors approved the minutes of the ordinary meeting held on Wednesday, January 7, 2025.
5. **Public question time** (15 minutes allowed for this – on matters on the agenda only)
None.
6. **To receive County Councillor Nicky Chopak's report on matters arising**
Cllr Chopak reported the Cornwall Council budget had been publicised. There are cuts of around £50-million – a lot from natural wastage and shuffling around. She urged the parish council to write to its MP to raise the issue of broadband and internet as soon people will lose their landlines. She said it was proven in the recent storm that there may be no internet, and people still need landlines in villages such as Week St Mary. The next North Cornwall Community Area Partnership meeting will be held on March 9 at the Parkhouse Centre in Bude. This will be a face-to-face meeting, focussed on the subject of young people. Questions will be asked such as what do people under 16 do after school? Any input would be well received.
7. **To receive clerk's report on matters arising**
The clerk's report was noted.
8. **Planning**
Any late applications received will be discussed under this section
- 8a. **To discuss and make a consultee comment on application:**
None.
- 8b. **Decisions**
The following decision was noted:
PA25/08560 – Rebuild of existing stable building to dependent relative annex. Whits End Farm, Marhamchurch. **APPROVED**
- 8c. **Planning - to note**
None.

and cleanliness is very important with roads regularly swept, toilets cleaned and tourist facilities often inspected.

Other interesting facts:

- electricity is generated from hydro power and 45% of national income comes from the sale of electricity to India.
- farms are small 4-5 acres only and they produce rice in paddy fields. Hence lots of chillies are grown to provide some seasoning!
- 70% of the country is covered by forest, mainly coniferous on the valley sides.
- not much wildlife, some Macaque monkeys and Grey Langurs. The national animal is the Takin, like a cow/goat mix?
- national sport is archery – target at 435 ft; darts is for the poorer people – target 60 ft! (played with a large heavy dart)

Finally, the most common form of burials is “sky burials”. Bodies are taken to a high place, dismembered and left for the birds to consume. The memorial to the dead is a white flag erected near the village where the deceased lived. As long as it survives, it is a memorial: once it fades and shreds in the wind, so the memories fade. However, the Buddhists do believe in reincarnation.

The photograph shows our speaker in front of the Tiger's Nest monastery, the most holy in the country because it was built around a cave where the Tibetan monk who brought Buddhism to Bhutan meditated in the 8th century. First built in 1692, destroyed by fire in 1998 but rebuilt in 2005.



The next meeting will be held on Thursday March 12th 7.00 for 7.30 in the Methodist School Room.



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MEET AND EAT

Next meeting Monday 2nd March

Soup & Sweet from 12:00 noon and a

friendly chat in the Parish Hall

*Open to all ages newborn to 100+
come and enjoy some lively helpers & company,
a choice of soups and more importantly
a great choice of desserts.*

Sue Dickenson 01288 341016

Sue Edwards WSM341083

Everyone and we mean EVERYONE is most welcome



C A M E O

Come And Meet Each Other



**At Ranelagh, hosted by Sue and Rob Dickenson
on Friday 20th March @2:30pm**

Everyone most welcome for tea, coffee, biscuit or cake and
an opportunity for a chat.

As ever, transport can easily be arranged but will
people please book with
Linda Cobbledick 01288 341468

Look forward to seeing you !

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Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.



WEEK ST MARY PARISH HALL 100 CLUB

The **February** 100 club winners are:

- 1st - no 49 - Vera Heard
- 2nd - no 45 - Barrie Turner
- 3rd - no 25 - Sam Gubbin



Margaret and Karen will be in the Parish Hall on Saturday the 14th March from 10.30-12 for 100 club renewal. £15 per entry. It can also be done online via

BACS to Week St Mary Parish Hall
Sort code: 30-91-41
Account number: 00295225

Membership is £15 per number.
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POOR MAN'S PIECE – TREE PLANTING

The Trustees of Poor Man's Piece would like to thank the following for their donations to fund the recent planting of 5 fruit trees and 27 saplings to strengthen and increase the diversity of the hedges:

Enid Campbell

Steve & Sue Collins

Nick & Vivienne Faulks

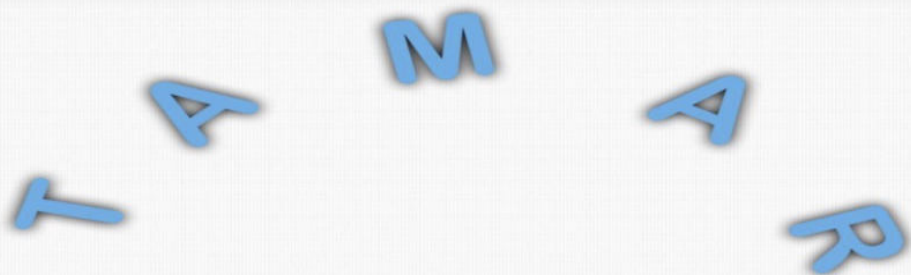
Nicky May

The Snellgrove family

Steve and Sue are pictured with me planting a fruit tree on a rare sunny morning. Although I'm holding the spade, I should confess that camera operator Anna Snellgrove actually did the digging rather than me!!

Stephen Smith





ROCK AND ROLL CLUB 2026 EVENTS

January 24 th .	The Jukes
February 21 st .	Resident DJ Rocking Zephyr
March 21 st .	D J The Bear
April 18 th .	Resident DJ Rocking Zephyr
May 16 th .	The Shoe town boys supporting DJ The Bear
June 20 th .	DJ Woodpecker
July 25 th .	Resident DJ Rocking Zephyr
August 22 nd .	Resident DJ Rocking Zephyr
September 19 th .	Midnight Dynamos
October 24 th .	Resident DJ Rocking Zephyr
November 21 st .	DJ Woodpecker
December 31 st .	New Years Eve record hop

Facebook @ Tamar rock and roll

Week St Mary Parish Hall

Parish Hall AGM

Tuesday 17th March
At 7.30pm. in the Parish Hall
Everyone welcome.

Week St Mary Parish Hall

Easter Bingo

Friday 3rd April
At 7.30pm. in the Parish Hall
Jackpot of £50!

Week St Mary Parish Hall

Sunday Lunch

Sunday 8th March
At 12.30pm in the Parish Hall
Adults - £12
Children - £6
Dessert - £3.50
Book with Margaret on 07856357424.

WEEK ST MARY PARISH HALL HIRE CHARGES

Commercial Hire £11 per hour
Commercial Hire (Concessionary rate for locals) £8.50 per hour
Local groups/organisations £7 per hour
Daytime social events £7 per hour
Evening social events (after 6pm) £8.50 per hour
Weddings/Funerals £11 per hour Use of kitchen £3 per hour

~~~~~

All hire charges include licenced bar run by the committee  
Hire conditions apply

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For further details and booking please contact
Brenda Jennnings 01288 341429
These charges remain the same as last year

You are invited to:

Happy Memories Memory Cafe

2nd and 4th Mondays at
Week St Mary Church

2.30-4.30pm

Companionship, chat,
reminiscences, activities for
training memory, advice, music,
games, arts & crafts,
refreshments

All welcome

More details 01288 341016



WEEK ST MARY CHAPEL



Chapel services for March 2026

Sun 1st	12:00	Worship Lunch, short service of Worship followed by hot roast dinner. Book with Trina 341317
Sun 8th	10.30	Morning Worship led by the Worship Team.
Sun 15th	10.30	Let's Meet, shared informal worship led by members.
Sun 22nd	18.30	Café Church
Sun 29th	10.30	Morning Worship led by the Worship Team.

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.



Services at St Mary's Church

March 2026

Sun 1st	10.00	All Age Worship
Sun 8th	18.00	Evening Prayer
Sun 15th	11.15	Holy Communion
Sun 22nd	10.00	Morning Prayer
Sun 29th	10.30	UBS Marhamchurch

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer

Full details are available via achurchnearyou.com

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Week St Mary Playgroup

Welcomes you
10am - 12 every Tuesday
at Week St Mary Village Hall



Come along and have some fun !



Join coffeepots baby and toddler group on Facebook or email coffeepotswsm@gmail.com

Week St Mary Church Lunch Club

Lunch Club

Week St Mary Church Lunch Club will meet again
on Wednesday 18th March at 12.00 noon

Regulars please book with Lesley 341221 asap

New members very welcome
from January - we have room for up to 6 more

Mon	Tue	Wed	Thu	Fri	Sat	Sun
2 March <i>Meet and Eat 12:00 (P27)</i>	3 <i>Adventure Church 4:30pm (P15)</i> <i>Craft Group 2:00 (P5) MSR</i> 	4 	5 <i>Parish Council Meeting 7.30pm MSR</i> <i>Chapel Coffee Morning 10:30 to 12:00 MSR</i> 	6 	7	8 <i>Chapel Worship 10:30 (P.23)</i> <i>Church Evening Prayer 18:00 (P23)</i> <i>Sunday Lunch 12:30 (P17)</i>
9 <i>Memory Café 2:30pm (P.18)</i>	10 <i>Adventure Church 4:30pm (P15)</i> <i>Craft Group 2:00 (P5) MSR</i> 	11	12 <i>WI 7pm (P5) MSR</i>	13 	14 <i>Lego Café 9:30—12 (P37)</i>	15 <i>Church Holy Communion 11:15(P23)</i> <i>Chapel Let's Meet, shared informal worship 10:30 (P23)</i>
16	17 <i>Adventure Church 4:30pm (P15)</i> <i>Craft Group 2:00 (P5) MSR</i> <i>Parish Hall AGM (P19)</i> 	18 <i>Lunch Club 12:00 (P19)</i>	19 <i>Chapel Coffee Morning 10:30 to 12:00 MSR</i> 	20 <i>CAMEO 2:30pm– 4pm (P27)</i> 	21 <i>Tamar Rock & Roll P24</i>	22 <i>Church Morning Prayer 10:00am (P.23)</i> <i>Chapel, Café Church. 18:30 (P.23)</i>
23 <i>Memory Café 2:30pm (P.18)</i>	24 <i>Adventure Church 4:30pm (P15)</i> <i>Craft Group 2:00 (P5) MSR</i> 	25	26 <i>Defibrillator Awareness Session. PH 7pm (P8&9)</i>	27 	28	29 <i>Chapel Morning Worship 10:30am (P.23)</i> <i>Church, 10.30 UBS Marhamchurch (P23)</i>
30	31 <i>Adventure Church 4:30pm (P15)</i> <i>Craft Group 2:00 (P5) MSR</i> 	Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group,  COFFEE MORNING  MOBILE LIBRARY  MEETING  Recycling & Food Waste Day  Rubbish & Food Waste Day  Craft Group				1 March <i>Service All age worship 10.00am (P.23)</i> <i>Chapel Worship 10:30 (P.23)</i>