

WEEK ST MARY DIRECTORY

Parish Council Chair: Mrs C Slade WSM 341350
Parish Clerk: Suzanne Cleave 07853-298595
Email: clerk@weekstmaryparish.gov.uk
Parish Hall Chairman: Mrs Margaret Johns 07856-357424
Parish Hall Bookings: Ms Brenda Jennings 01288-341429
Email: dippyfish@btinternet.com
County Councillor: Nicky Chopak 07810-302061
Email: nicky chopak@gmail.com

SITA Recycling Centre: Tiscott Wood 01288-355131
9:00am - 4:00pm
7 days a week except
Christmas Day, Boxing Day and New Years Day

Doctor's Surgeries (Appointments)

Ruby Country Medical Group (Stratton) 01288-352133
Ruby Country Medical Group (Holsworthy) 01409-253692
Neetside 01288-270580

Buses: Plymouth City Bus (colour Red)
WSM Transport Rep 01752-662271
(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO
Launceston Tue 09:38am Ret 12:30pm from TESCO
Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)

Women's Institute:

President: Mrs Sue Dickenson WSM 341016
Secretary: Mrs Roberta Jones 07788-548875

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults
Mrs Sue Dickenson WSM 341016

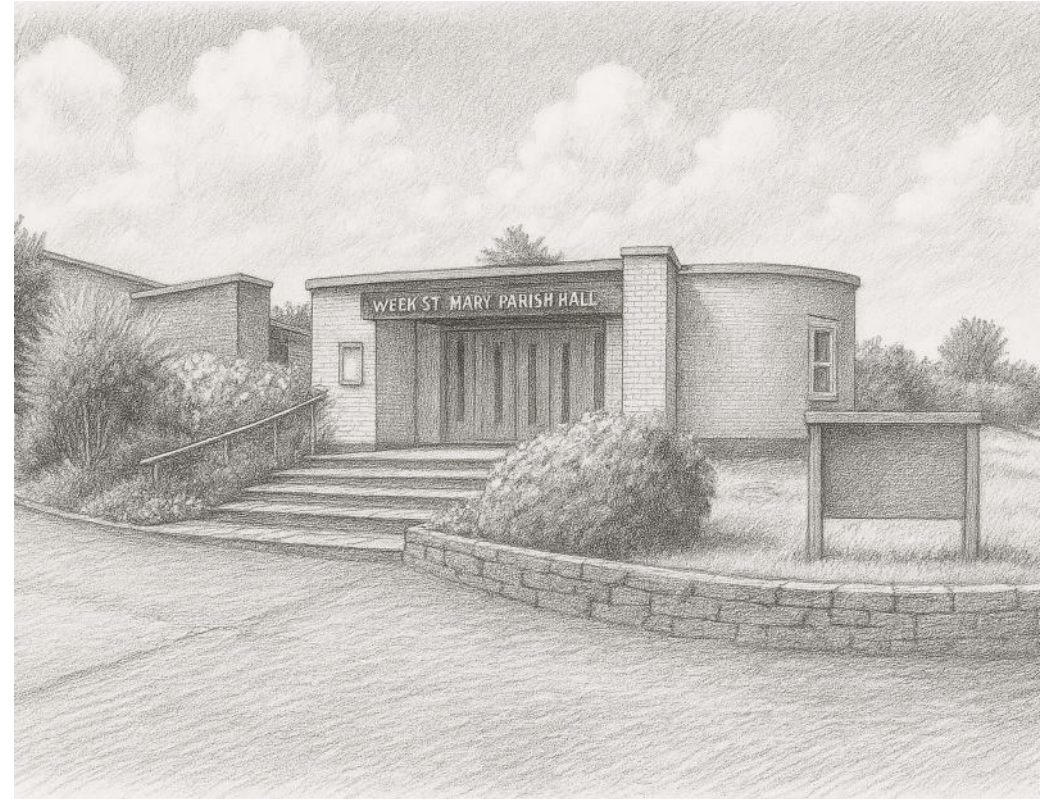
Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Rev David Saunders 07834-459672
rector@bude-coast-benefice.org

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

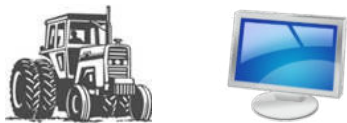
Week St Mary Magazine



August 2025

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WEEK ST MARY PARISH COUNCIL MEMBERS

AND RESPONSIBILITIES

Parish Council Chair:	Carol Slade	WSM 341350
Vice Chair:	Ian Richardson	07379-292313
Parish Clerk:	Suzanne Cleave	07853-298595
Finance	Ian Richardson	07379-292313
Public Conveniences: Highways, streetlights, trees, parish greens and footpaths:	Parish Clerk	07853-298595
Parish Office:	Tamsin Fay	
Primary Schools:	Parish Clerk	07853-298595
	Tamsin Fay	
Playing Field:	Anna Willoughby	07792-258665
	Rachel Shipton	07988-861613
	Sam Gubbin	WSM 341350
	Carol Slade	07856-357424
	Margaret Johns	
	Anna Willoughby	
Planning:	Ian Richardson	07379-292313
Community Area Partnership:	Ian Richardson	07379-292313
Football Club:		
Other Councillors:	Nick Couch	
	Stuart May	WSM 341092
	Louise Stephens	07831-404604
Non Council Members:		
Debrillator:	Wendy Couch	
	Jane Pearce	WSM 341525
	Sarah Wickett	
War Memorial: Back Lane (public rights of way):	Phil Dorren	WSM 341117

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor e-mail	Mr Dick Sowerby	WSM 341348
	editor@weekstmaryvillage.co.uk	
Advertisements	Mr Dick Sowerby	WSM 341348
Distribution & Holiday Let copies		
	Mr Michael & Mrs Shelley Collman	WSM 341649

Week St Mary Magazine

August 2025

Issue No 452

Please note that there will be no adventure Church, Lego Cafe or Lunch Club throughout August, the next meetings will be as follows. Lunch Club will open again on 10th September. Lego Cafe will meet on 13th September when we will be serving breakfast 9.30-11.30 as usual.

Adventure Church's new term begins on 16th September when we will be making decorated Jam Jars for the children's Revel challenge.

Safari Supper

9th August, please book asap 01288 341221 plenty of space at 6.30 or 7 pm - Start at Tinghamscott in the Square

CREAM TEAS

Nick, Wendy and family would like to thank everyone who gave donations and came for a cream tea at Glanville on the 19th July. Thank you for the donations that I received of cream, scones, jam and for the raffle. All proceeds will go towards the church tower restoration fund.

Thank you

Revel 25 - Saturday 20th September

On Monday 4th August anyone interested in being involved in this year's Revel - please meet at the Old Orchard Inn at 7 pm

Front Cover Translation—Parish Hall

JOIN US
FOR THE VERY FIRST

WEEK WALKER

 **walkthewalk**[®]
uniting against cancer
walkthewalk.org

SAT 6TH
SEPT 2025

VILLAGE WALK FOR CHARITY

A fun community walk in aid of 'WALK THE WALK' - a charity dedicated to raising money for and research into **BREAST CANCER**. As a village, let's see just how many marathons we can complete in 2 HOURS!

- > A **ONE MILE** circular route starting and ending at The Playing Fields
- > Walkers to start between 2.00pm & 2.30pm and should finish by 4.00pm
- > Followed by **FREE TEA + CAKE** in the Parish Hall
(The bar will also be open for those wishing to purchase a cold drink!)

EVERYONE WELCOME - men and women of all ages, accompanied children, friends and family! Form a relay team, walk as a group, come on your mobility scooter or bring your four legged friends.

DO IT YOUR WAY!

WALK AS MUCH, OR AS LITTLE,
AS YOU CAN

Minimum Sponsorships:
Adults - £5
Children under 16 - £1



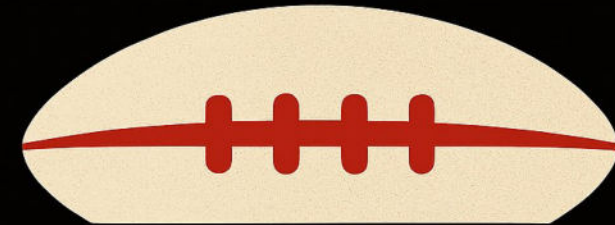
Our aim is to raise at least £1,000

So let's all get together as a community and walk for all those we have sadly lost in the past, for those who are going through a cancer journey in the present and in the hope of finding a cure for all those in the future.

QUIZ NIGHT

FRIDAY 5TH SEPTEMBER
7PM

WEEK ST MARY PARISH HALL
IN AID OF LAUNCESTON RUGBY CLUB
UNDER 16'S TOUR TO BELGIUM

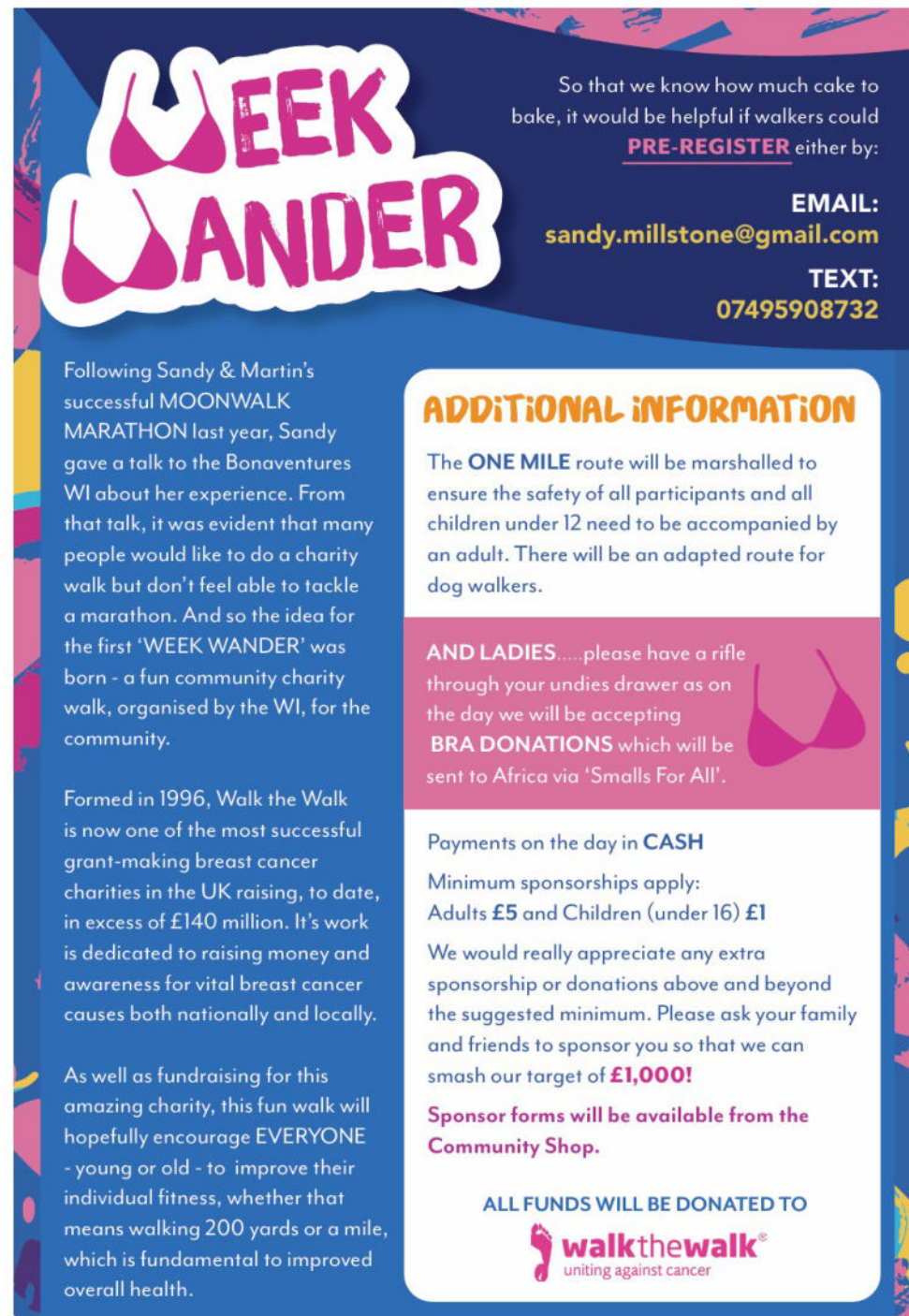


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Forthcoming Events

- August 9th - Safari Supper (Church)
- August 24th - Crepes and Wine (PH)
- September 5th - Quiz Night—Under 16s Rugby Tour (PH)
- September 12th to 19th - Revel activities & preparations
- September 20th - Revel Saturday
- October 3rd - Quiz Night (PH)
- October 5th - Pie and Mash (PH)
- October 11th (Sat) 6.30pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 12th (Sun) 3pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 18th (Sat) 6.30pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 19th (Sun) 3pm Brights Sparks Performance: High School Musical and Wind In The Willows
- October 25th - The Countrymen (Church)
- October 25th - Halloween Party(PH)
- November 2nd - Sunday Lunch (PH)
- November 22nd - Christmas Market (Church)
- December 7th - Christmas Market (PH)
- December 5th - Mulled Wine (Venue tba)
- December 20th, 21st and 22nd - Christmas Tree festival. (PH)



WEEK WANDER

So that we know how much cake to bake, it would be helpful if walkers could **PRE-REGISTER** either by:

EMAIL:
sandy.millstone@gmail.com

TEXT:
07495908732

Following Sandy & Martin's successful MOONWALK MARATHON last year, Sandy gave a talk to the Bonaventures WI about her experience. From that talk, it was evident that many people would like to do a charity walk but don't feel able to tackle a marathon. And so the idea for the first 'WEEK WANDER' was born - a fun community charity walk, organised by the WI, for the community.

Formed in 1996, Walk the Walk is now one of the most successful grant-making breast cancer charities in the UK raising, to date, in excess of £140 million. It's work is dedicated to raising money and awareness for vital breast cancer causes both nationally and locally.

As well as fundraising for this amazing charity, this fun walk will hopefully encourage EVERYONE - young or old - to improve their individual fitness, whether that means walking 200 yards or a mile, which is fundamental to improved overall health.

ADDITIONAL INFORMATION

The **ONE MILE** route will be marshalled to ensure the safety of all participants and all children under 12 need to be accompanied by an adult. There will be an adapted route for dog walkers.

AND LADIES.....please have a rifle through your undies drawer as on the day we will be accepting **BRA DONATIONS** which will be sent to Africa via 'Smalls For All'.


Payments on the day in **CASH**

Minimum sponsorships apply:
Adults **£5** and Children (under 16) **£1**

We would really appreciate any extra sponsorship or donations above and beyond the suggested minimum. Please ask your family and friends to sponsor you so that we can smash our target of **£1,000!**

Sponsor forms will be available from the Community Shop.

ALL FUNDS WILL BE DONATED TO

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uniting against cancer

Week St Mary Church

BOOK YOUR TICKETS

01288 341221

**Saturday
9th August**

Safari Supper

**5 COURSES £20
UNDER 5 FREE
PRIMARY £5
ADVENTURERS
FREE**

Reception

Tinghamscott

Starter

Glanville

Main

Week St Mary Church

Sweet

Meadowside

Coffee & cheese

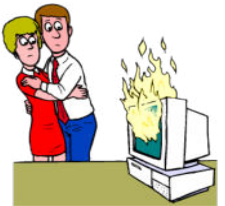
The Rectory

Fire brigades attend 3 lithium-ion battery fires daily in 2024

Fires caused by lithium-ion batteries, found in e-bikes and e-scooters, double in two years, with UK fire brigades addressing at least three lithium-ion battery fires every day in 2024.

Reports related to lithium-ion battery fires surged by 93% between 2022 and 2024 according to UK fire services and 11 people died and hundreds more injured cause by them.

	2022	2024
Fires linked to lithium-ion batteries	690	1330
Fires involving an electric bike	181	362
Fires involving an electric car	131	232
Fires involving an electric scooter	118	156



Lithium-ion batteries can be found in most rechargeable devices, and improper storage and battery overcharging are the most common cause of fire breakout.

Lithium-ion battery fires are different to other fires. Due to a chemical reaction, they burn extremely hot and fast. They spread rapidly and can be difficult to put out, even reignite hours or even days later. These fires release dangerous gases, including carbon monoxide and hydrogen fluoride, making them a hazard to anyone in the vicinity.

Lithium-ion battery fires can produce their own oxygen during thermal runaway, smothering the fire isn't likely to put it out. Even water might not be effective enough to stop it from spreading.

Be aware of fire exits when you store e-bikes and e-scooters indoors. Many families with electronic bikes and scooters will store them inside, along hallways or in garages, which can be very dangerous. If one of these combusts, it could block emergency exits or ignite other flammable materials around it.

Wherever you choose to store these items, be aware of the risks and make sure your whole family know the best ways to exit the home in the event of an emergency.

Improper storage and disposal of electronics are a common cause of fires. Electronics that use lithium-ion batteries should always be stored in a cool, dry place, away from direct sunlight and flammable materials.

Do not leave laptops or phones to charge for long periods and look out for warning signs of a failing battery, which includes, bulging swelling, and being hot to the touch.

Do not throw devices with lithium-ion batteries in the rubbish or recycling bins. If crushed or damaged, these batteries can ignite and cause dangerous fires.

[Dispose batteries and rechargeable electronics at household waste recycling centres.](#)

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Diane Sheridan RN MCFHP, MAFHP

WEEK ST MARY BONAVENTURES W.I.

What a way to spend a beautiful evening! Luckily, several of our members had booked to go on a visit to Trigon Farm which is located near Holsworthy not knowing that we would be so lucky with the weather. After a very successful talk earlier this year by the owner, Al, we had responded to his invitation to visit the farm and check it out for ourselves.

Al and his family moved to their farm in 2020. It was important to them to start from scratch and design a new farm using permaculture principles, no-dig and regenerative agricultural practices. They are passionate about growing chemical free food and use the no-dig method to grow vegetables and flowers, where they do not disturb the soil but let the micro-organisms, fungi and worms do their work. In turn the whole soil structure improves over time and the aim is to create a stable, bio-diverse system.

Apart from showing us the vegetable and flower beds, we were also shown the hundreds of various trees that had been planted. These included different types of willow being grown for wind breaks, structures and for weaving material. They have had to use poly-tunnels because of the uncertain weather and these help to ensure that the farm is virtually self-sufficient in vegetables and fruit including winter time, obviously with the help of food either being frozen or preserved. What was reassuring was that he was happy to show us where he had been made to move his plants because they were “in the wrong place” or even grow something else because the conditions were unfavourable. Trial and error obviously works for everyone!

During his talk we had been told about the chickens they have on the farm which help with caterpillars and we met these along with the ducks which help devour the slugs. He has now added goats (which were very friendly and love willow bark) and will be including pigs very soon. Our tour of the garden ended with a choice of ordinary or delicious homemade mint tea and biscuits. The fact that all this is on our doorstep has encouraged us to make plans for a further visit to sample the food there later in the summer.

The farm offers various courses and workshops such as Natural skincare. They also offer sustainable flowers for any occasion e.g. weddings as well as guided farm tours and Pizza evenings. Apart from this, depending on the season, the farm also sells skincare salves, vegetable boxes, PYO flowers, posies, bouquets and wreaths. Details can be found at trigolfarm.co.uk.

Community Money Advice Launceston

You may not have heard much about us – Community Money Advice Launceston that is, but we have been around since 2012 helping any local residents with their very personal problems – debts, benefit problems and budgeting. Thanks to the award of some new funding, we can now visit the village on a regular basis, to hold individual confidential interviews with those who may be experiencing difficulties. Our experienced and fully trained team of volunteers provide this free service, and we aim to reach those residents who may find it awkward to visit us, through poor public transport. Many of our clients have problems dealing with complicated ‘forms’ related to benefits, or in contacting utility providers. Some, particularly our older clients have poor or no IT (computer) skills that are now essential when in touch with government departments. Please watch your local notice boards for details of when we shall be around, or you can contact us direct to arrange an appointment at any time on 01566 777407, by email – office@launcestonmoney.co.uk or on our mobile 07762 092830. We know there are many local people who would like some help. CMAL has already helped over 800 North Cornwall residents, so we shall be pleased to hear from you, and help others.



CRIME REPORTING

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The photograph shows members enjoying their tea following our tour of the garden.

As we will be taking our usual summer break in August our next regular meeting will take place on Thursday 11th September with a talk by the Bude Repair Cafe. Details will be in a later magazine.

Anyone interested in finding out more about our WI can contact Roberta Jones, Secretary, on 07788-548875.



Citizen of the Year

Calling for nominations for the annual citizen of the year award, to be announced at this year's Revel. The nominations are to recognise the invaluable work undertaken by individuals that make our village a wonderful place to live. A box will be placed in the village shop 1st August till the 31st. Or they can be popped through the letter box at Glanville House, Wendy

Thought for the Month

Stay positive, work hard, make it happen.

Jeanette Turner

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Sunday	10:00 - 12:00	PO CLOSED
Monday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
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Week St Mary Revel Car Treasure Hunt



**Sunday 13th September
Meet at Week St Mary
Square, 4pm £10/car**

Ruminations from the Rectory



- 13. Accounts**
Balances June 26, 2025
- | | |
|------------------------|-------------|
| Current account | £ 5,5158.64 |
| Reserve account | £21,902.25 |
| Community Benefit Fund | £ 4,479.80 |
- 13a. To approve accounts for payment including:**
- | | |
|--|-----------------|
| Suzanne Cochrane – Salary June (inc HMRC PAYE) As per contract | |
| Cornwall Pension Fund (June) | As per contract |
| Suzanne Cochrane – mileage | £ 43.20 |
| Jamie Sachs – toilets | £ 120.00 |
| Jamie Sachs – Greens | £ 150.00 |
| EDF Energy – toilets electricity | £ 20.00 |
| Week St Mary Community Shop – toilet supplies | £ 22.32 |
| Carol Slade – hand sanitiser for playing field | £ 12.99 |
| Carol Slade – noticeboard pen | £ 4.07 |
| Duchy Defibrillators – annual monitoring fee | £ 246.00 |
| Stinky Ink – black ink | £ 24.38 |
| Atlantic Signs – signs for playing fields | £ 59.00 |
| CALC – Code of Conduct training (Cllr Fay) | £ 30.00 |
- 13b To note income**
- | | |
|---------------------------------|---------|
| Reserve account interest (June) | £ 19.78 |
| CB Fund interest (June) | £ 4.50 |
- The payments and accounts were approved.
- 14. Items for August 7, 2025 meeting**
 Footpaths; Treetops; Finance.
- 15. Exclusion of members of the public and press. To resolve that under s1(2) of the Public Bodies (Admission to Meetings) Act 1960 that the public and press be excluded from the meeting for the following items as it involves the likely discussion of confidential information.**
 Councillors voted to go into the closed session.
- 16. Grass cutting and maintenance**
 It was resolved to accept Harley Friend’s quotes for maintenance (in addition to work on Back Lane and Lambley Corner). It was resolved to accept Jamie Sachs’ quotes for cutting and strimming.
- 18. Clerk’s salary review**
 It was proposed to move the clerk to the next salary grade with immediate effect. The chair would look into a monthly work from home allowance.

"The walls of hospitals have heard more honest prayers than churches.

They have witnessed far more sincere kisses than those in airports.

It is in hospitals that you see a homophobe being saved by a gay doctor.

A privileged doctor saving the life of a beggar.

In intensive care, you see a Jew taking care of a racist.

A police officer and a prisoner in the same room receiving the same care.

A wealthy patient waiting for a liver transplant, ready to receive the organ from a poor donor.

It is in these moments, when the hospital touches the wounds of people, that different worlds intersect according to a divine design. And in this communion of destinies, we realize that alone, we are nothing.

The absolute truth of people, most of the time, only reveals itself in moments of pain or in the real threat of an irreversible loss.

A hospital is a place where human beings remove their masks and show themselves as they truly are, in their purest essence.

This life will pass quickly, so do not waste it fighting with people.

Do not criticize your body too much.

Do not complain excessively.

Do not lose sleep over bills.

Make sure to hug your loved ones.

Do not worry too much about keeping the house spotless.

Material goods must be earned by each person—do not dedicate yourself to accumulating an inheritance.

You are waiting for too much: Christmas, Friday, next year, when you have money, when love arrives, when everything is perfect.

Listen, perfection does not exist.

A human being cannot attain it because we are simply not made to be fulfilled here.

Here, we are given an opportunity to learn.

So, make the most of this trial of life—and do it now.

Respect yourself, respect others. Walk your own path, and let go of the path others have chosen for you.

Respect: do not comment, do not judge, do not interfere.

Love more, forgive more, embrace more, live more intensely!

And leave the rest in the hands of the Creator."

Is this why the Bible says, teach us to realise the brevity of life, so that we may grow in wisdom. Psalm 90 verse 123 New Living Translation.

Taken from Clifton Cathedral’s Facebook post. Revd David Saunders

**WEEK ST MARY REVEL PRODUCE SHOW
SCHEDULE – WEDNESDAY 17TH SEPTEMBER**

Carol and Mervyn Slade Cup Produce		
Class No	Amount required	
1	3	Potatoes
2	3	Runner beans
3	1	Longest runner bean
4	3	Carrots
5	3	Beetroot
6	3	Courgettes
7	6	Cherry tomatoes
8	4	Tomatoes
9	1	Largest tomato
10	3	Onions
11	3	Shallots
12	3	Broad beans
13	1	Cucumber
14	1	Largest marrow
15	1	Bunch of herbs vase or jug
16	1	Largest Pumpkin
17	3	Leeks
18	3	Apples eating
19	3	Apples cooking
20	1	Largest cooking apple
21	3	Pears
Linda Cobbledick Shield Flowers		
22	1	Rose any size colour best fragrance
23	3	Dahlia
24	1	Single flower not rose
25	1	Potted plant indoor
26	1	Outdoor plant in container or pot
27	1	Geranium in pot
28	1	Begonia in pot
29	6	Sweet peas any colour
30	1	Arrangement of flowers in a small watering can
31	1	Flowers in a vase not exceeding 18"
Childrens Class		
32	1	Primary School – Decorated Jam Jar Prize awarded
33	1	Secondary School – Decorated Jam Jar Prize awarded

Parish council Facebook page

Cllr Couch set up a parish council Facebook page, and went live with some local road issues. He said it went live on June 20 and as of today there were 3,230 views. It was suggested by Cllr Gubbin that all councillors have access, with no personal opinions. Cllr Fay said it's a good way to let people know what the parish council does. It was proposed that the clerk will send round a draft social media policy and this will be placed on the next agenda. This will include admin roles and content.

Tech drop-in

Cllr Fay said she would like to use the village hall. Notice would be given to people in the magazine to let them know when the clinics are being held. This will be further discussed in August.

Playing field booking guide and form

This will be deferred to the August meeting.

Fundraising

Cllr Couch said NALC hold a course called beyond the precept, looking at alternative income sources (£35 plus VAT). Cllr Slade said she would be willing to attend.

Neighbourhood Watch

Cllr Couch said he has become a co-ordinator. He said the parish council may want to have an input into this. He has a meeting planned with PC Nina. He felt to have a parish council rep would be good PR. This will become a portfolio report on each agenda – police/Neighbourhood Watch.

Citizens Advice letter

The correspondence was noted but the parish council does not have funds at present.

Bin

This is on hold while the spare bin is utilised.

Cornwall Council Street Trading Policy consultation

No comment from the parish council.

Village equipment

This will be deferred until August.

20mph roll out meeting

Cllr Fay gave a report of the meeting she attended and some notes were provided by Cornwall Council. Councillors were happy with proposals. It was also proposed that Cllrs Fay and Richardson be the council's representatives for the scheme.

Documentation uplift

Cllr Couch said he does a lot of policy writing at work. He said there were lots of policies missing – no risk assessment or terms of reference for the roles and responsibilities. Cllr Couch would liaise with the clerk and Cllr Slade to look at policies to bring back to a monthly meeting.

(August 8 8.30am to 3.30pm).

11. Community Infrastructure Levy and Community Benefit Fund applications

None.

12. Agenda items

Jubilee trees

Cllr Slade suggested putting in the magazine if anyone would like to donate any trees. Free trees are also available through the Cornwall Council website – Forest for Cornwall. Anyone wanted to donate is asked to contact Cllr Shipton.

Ashbury Grove

After being offered the parcel of land with some funds towards its upkeep, Cllr Slade suggested appointing a solicitor. It was proposed to get three quotes and go with the cheapest.

Football club lease

Paddy Fay asked if the council would agree to a 25-year lease due to the cost of the lease. He also asked if the football club could repay their half over three years. It was proposed to accept these changes and instruct the solicitor.

Play park slide steps

Cllr Slade said it is possible to add new steps, but could cost in the region of £3,000. Cllr Shipton said she received a few suggestions from TK Play, such as parallel to give more footage; to connect a mini tower to existing equipment or change the steps which would cost around £1,200 to £1,300 to do. Cllr Couch said there was no benefit of moving the steps, but the council could possibly look at a separate smaller slide for toddlers. He said there was nothing for the young, two-to-three-year age range. He suggested the playing field group come up with some options. Cllr Slade will contact TK Play to ask for some recommendations for that age range.

Playing field gate key

Cllr Slade said she met the ambulance staff there recently when they used the field. They said Week St Mary's facilities were one of the best sites. There was talk of having a key at the parish hall, but she was told they would not have time. They said the main problem was with people parking in front of the gates and going off. They only need one side of the gate to be open. Cllr Fay said there was concern recently of there only being two key holders (if they were not at home or not available). Cllr Richardson said there has not been an access issue. The council decided to take no further action.

Equality, Diversity and Inclusion (EDI)

Cllr Couch explained that he does a lot of EDI at work. He proposed that the council adopts a brief EDI statement. He also urged councillors to make a commitment to go online to read some information about EDI. Some areas would include a statement on the minutes, that if anyone has any accessible needs, to contact the parish clerk so we can help; also, when talking about the play park. He proposed that the council look online to gather some EDI awareness and he would draft an EDI statement and send to the clerk.

Rules of Entry 1 Entry per class 50p entrance each item

Points awarded 1st 4 points 2nd 3 points 3rd 2 points

Highly commended 1 point

Brenda Crocker-White A New Cup Best in Show

Doors open for produce

6.30pm until 8.00pm Tuesday and 10.00am until 12.30pm Wednesday

Hall reopens 6.00pm for viewing. Presentation of cups 6.30pm

Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.



Happy Memories, Memory Café

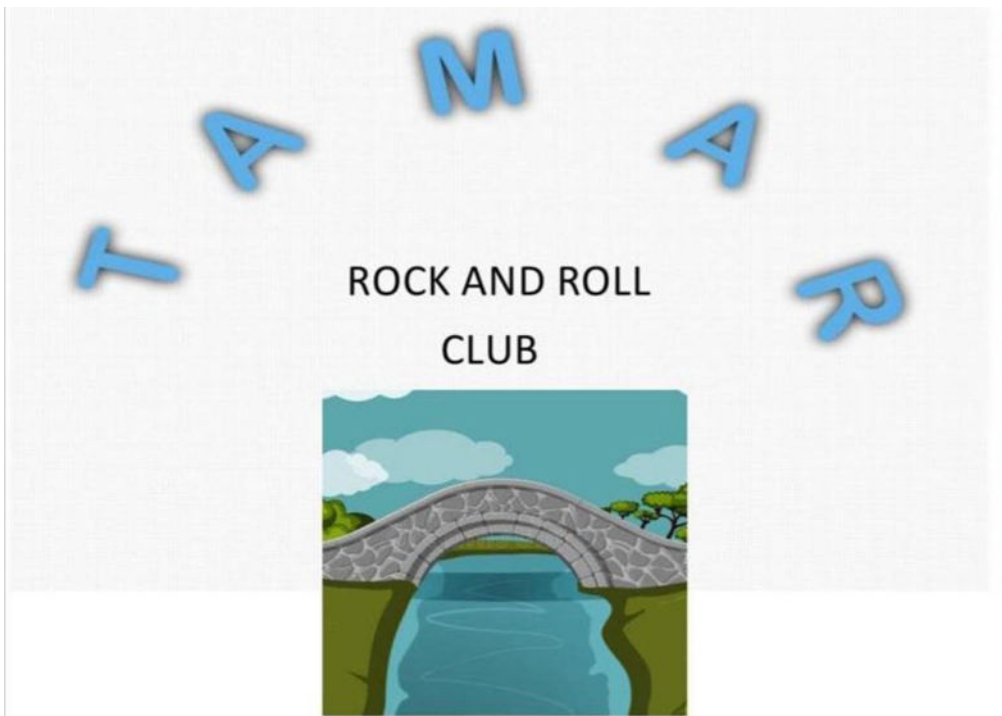
For people with memory problems, big or small, old or new,
all ages welcome.

Meets at Week St Mary Church 2-4pm on the
second and fourth Monday of every month.

Company, games, chat, memory training, exercises, nostalgia, music,
practical help and signposting support through Disability Cornwall.

Want more Information?

Talk to Sue 01288-341016



Record Hop with Jackie

Saturday 30th August

7.30 to 11.30pm

£5 on the door

No bar but BYO

Free tea and Coffee.

Bridgerule Village Hall EX22 7DY

More info:

Text Jackie on 07533 353388

Facebook: Tamar Rock and Roll

Email: freewayalbus@mail.com

8. **Planning**
Any late applications received will be discussed under this section

8a. **To discuss and make a consultee comment on application:**
PA25/04234 – Construction of a new dwelling in lieu of Class Q approval.
Land South West of Marries Orchard, Marhamchurch.
Councillors raised no objection.

8b. **Decisions**
None.

8c. **Planning - to note**
PA25/04081 – Works to trees within a Conservation Area – felling of T1 (dead Elm), T2 coppice to ground level (multi stem Sycamore) and T3 reduce in height by half to match height of hedge (Lawson Cypress). The Willows, Week St Mary (as this application is for works to trees in a Conservation area, it will be decided under delegated authority).

PA25/00555/PRE – Advice on complying with conditions 5 and 6 as worded or advice on how it could be varied/modified that decision E1-E722820128166E refers. Greenamoor Bungalow, Week St Mary **CLOSED – ADVICE GIVEN**

9. **Portfolio Reports:**

Playground

Cllr Slade said a playing field working group was held. Repair needs to be done to the fence between the two fields. The hand sanitiser has been filled. The tennis court needs strimming and the new play equipment needs oiling. The tennis net post has been bent. Cllr Slade and Cllr Johns, along with help from a resident, raised the tennis net up, which is ok for the time being. The pen has been purchased for the board. There is a bin near the skate ramp that can be placed at the bottom (Paddy Fay said this would be ok). Cllr Shipton said she had completed the inspection. There were some pot holes on the tennis court. Cllr Gubbin said there were a couple of screws on the skate ramp that needed attention. Cllr Couch said the skate ramp sides has created a ladder effect – this will be looked at for maintenance.

Highways, Footpaths & Greens

Cllr Slade said someone hit something in the road by the pub car park. Greenamoor Cross has been reported for strimming. Cllr Couch said there is road subsidence at Week Green Close. These have been reported and marked by Highways for attention. Cllrs Couch and Fay have looked at the roads, which are in a pretty good state. Trees overhanging on Parsonage Green have been reported.

10. **Correspondence including (all relevant emails forwarded):**
The following correspondence was noted: Cornwall Council Town and Parish Council newsletter; save the date – Ben Maguire meeting in Bude in July; Sustrans St Breward to Camelford cycle trail drop-in events; North Cornwall Community Area Partnership AGM action notes; road closure notification – Week Green to Highmoor

DRAFT Minutes

- 1. Public question time** (15 minutes allowed for this – on matters on the agenda only)
Cllr Couch said a resident had raised Treetops with him – this will be placed on the August agenda.
- 2. To receive County Councillor Nicky Chopak’s report on matters arising**
Cllr Chopak spoke about the recent CAP meeting. She was elected as chair. The group is setting up a transport group as well as the existing well being group. There were discussions around buses and the No 12 bus. Go Cornwall have agreed to review the problems surrounding the recent changes. The transport group is looking at running community buses to hospitals. There is also a Bude park and ride service, which will run in the summer. In Cornwall Council, there has been a change of admin. Car parks will now not be passed to an ANPR charging facility, it is now back in house. The Newquay Airport deal has also been shelved. Cllr Chopak attended a recent meeting regarding the 20mph roll out. All parishes will have a 20mph limit in one form or another. Following questions from councillors, Cllr Chopak will chase up the speed monitor signs for Week St Mary and clinical waste collections. (Cllr Fay agreed to the council’s CAP representative).
- 3. To note councillors present**
Cllrs C Slade (chair); I Richardson (vice chair); T Fay; N Couch; S Gubbin and R Shipton. Also in attendance: Cllr Chopak; S Cleave, clerk and one member of the public.
- 4. To receive apologies for absence with reasons**
Cllr May, Cllr Stephens and Cllr Willoughby – work; Cllr Johns – unwell.
- 5. To receive Declarations of Interest and approve Dispensations**
Cllr Fay – Football club item.
- 6. To approve the minutes of:**
Cllr Couch proposed an amendment that it was approved that a Communications working group is formed – comprising of Cllrs Couch, Fay and Willoughby. With one proposal councillors approved the minutes of the Ordinary meeting held on Thursday, June 5, 2025.
- 7. To receive clerk’s report on matters arising**
The clerk’s report was noted. Cllr Slade asked that if the clerk is asked to include an agenda item, then some information is also provided. Ther clerk will also put the councillor’s name alongside it.

POOR MAN’S PIECE – NEARLY READY FOR OPENING

We have a few more things to do before being ready for opening to the public. Hopefully this will be towards the end of August. Meanwhile, here is a diagram of how the field will look to whet your appetite.

Anna, Lesley, Linda & Stephen – Trustees of Poor Man’s Piece





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should we need it.

Jackie is due to retire in February 2026. We as a Management Committee will be advertising for a new manager in mid November with a start date of 7th February so that will give a 2-week crossover between managers.

We aim to have applications in by 2nd week of December with interviews in early January. We would prefer to have someone who has experience but training could be given if needed.

Based on the current level of demand/footfall we have no choice but to restructure staffing hours to re-set the cost base. We are looking at ways of dropping down to 27 paid hours per week in March 2026 from the current 33 and opening shorter hours if volunteer support is insufficient.

We have repeatedly asked for more volunteers but hardly ever get any interest, this has been highlighted recently when Jackie was on holiday at the same time as some regular "volunteers" and we had to take the decision to close the shop on both Tuesday afternoons which as a committee we apologise for but was unavoidable.

A few hours by anyone new would help lighten the load of the few who do many hours behind the counter or man the Post Office.

We strive to keep the Community Shop an available and integral part of the village but without some more help this will become increasingly difficult.

To take things forward we have therefore taken the decision to hold an open meeting to discuss what the parishioners want from their Community Shop or do they even want it at all. A sobering thought: in the first year of operation (2017/18) shop footfall was 861 per week – it is now 566.

WSM Shop & Post Office – "AN UNCERTAIN FUTURE" meeting will be held in the Parish Hall on the 25th September This will be an Open Meeting for the Parish.

Linda Cobbledick

Chair of the Management committee

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Hannah Cobbledick
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Week St Mary Church Renovations

Week St Mary Church is embarking upon a series of projects to repair and improve the building to keep it fit for the many uses for which the community needs it.

The North Door was recently removed for (grant aided) repairs and will be back soon to be fitted with draught proofing and left in a condition which will enable us to open it and use it as an emergency exit - something which has not been possible within living memory. (Photo attached)

We have been very fortunate to have received an anonymous gift sufficient to pay for the installation of glass doors on the outer opening of the main porch entrance. This will also improve the draught proofing of that entrance to retain heat inside in the winter and make the porch a comfortable and attractive place to sit throughout the year.

And finally, we are about to embark upon a major restoration of the church tower which will provide a new roof, repairs to the internal floors, including that under the bell frame, new bird guards to the sound louvres and extensive repointing. We are hoping to pay for this (at a cost of somewhere over £120,000) with grants but will of course be fund raising locally as well. The last time any major capital works were done on our church was 1879 when a nearly derelict building was extensively renovated. We are hoping that our generation will leave the legacy of an ancient, historic building in good order and fit for modern use for the next 150 years - this will also include future projects such as a new roof which is the next challenge! Please contact the churchwardens if you have skills or resources which may help us in this endeavour.

If any local businesses with the appropriate skills and experience wish to receive the tender documents for the tower works which will be available soon, please contact the churchwardens - Lesley 341221 or Linda 341468 and your details will be passed to the project manager.





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related grants which under accounting rules had to be fully recognised as income in 2020/21. It is more meaningful to focus on the position without this historical hangover which is that we sustained a loss of £516.

Sales of £194,661, footfall of 566 per week and the gross margin of 18.4% were all close to the previous year.

Expenses of £42,455 were £1,064 (3%) up on the previous year despite cost saving initiatives implemented by the Management Committee.

The main driver of the increase was staff costs following an uplift in the National Living Wage.

Donations of £1,000 from WSM Parish Council and £150 from Meet & Eat mitigated the reported loss.

On the Balance Sheet, stocks rose slightly to £17,332 whilst cash balances remain healthy.

The result for 2024/25 continues the trend evident post Covid of sales flatlining whilst costs continue to rise for reasons beyond our control. During that 4 year period, sales have been around £195,000 each year despite inflation whilst costs have risen by 8%.

Faced with a similar outlook for 2025/26 the Management Committee decided to mothball one of the freezers in April to save over £1,000 of electricity costs whilst only slightly narrowing the product range. This will largely offset this year's salary increase.

Further ahead there is a need to re-structure the operation which Linda will talk more about.

WEEK ST MARY COMMUNITY SHOP

Report of the Management Committee for AGM and Parish Council

As Stephen says now is the time to look to the future of our community shop. Unless we make some changes, we could end up incurring unsustainable losses if sales remain static and costs continue rising.

This report together with Stephen's and my earlier Chair's remarks will be put in the August Village Magazine and Facebook for all to read. We have the opportunity to extend our lease earlier than May 2027 when it is due for renewal. We currently have a 6 months breakpoint in our lease

WEEK ST MARY COMMUNITY SHOP

CHAIRMANS WELCOME 2025

As another year draws to a close, we would like to offer our heartfelt thanks to everyone who has supported and volunteered at our village community shop. Their dedication has kept our shop open.

A special thank you goes to those who serve behind the counter day in and day out. Your cheerful welcome at the till make every visit a pleasure. We are also deeply grateful to the volunteers who fill our shelves with care and attention, ensuring everything is easy to find and well-stocked for our customers.

We would also like to extend particular appreciation to our post office trained volunteers. Their commitment and training provide an essential service to the village, allowing us to offer more than just shopping—a true lifeline for many.

Together, your efforts have made the shop more than a place to just buy milk and bread. It's a place of connection and community spirit.

WEEK ST MARY COMMUNITY SHOP

Annual Accounts for the year ending 28th February 2025

Stephen Smith presented the financial report.

A draft Profit & Loss Account and Balance Sheet for 2025 were circulated to shareholders with the notice of the meeting.

The full accounts have subsequently been examined and signed by Haines & Co who have again acted as independent reviewer this year. Full copies of the signed accounts are available at this meeting for members to look at or on request afterwards.

The accounts show a loss of £2,212. This is mainly due to the impact of depreciation of assets acquired in 2021/22 which were fully funded by Covid-

Parish Hall

Crepes and Wine.

Sunday the 24th August.

2.30-5pm.

Cake stall.

WEEK ST MARY PARISH HALL HIRE CHARGES 2025

Commercial Hire £11 per hour
Commercial Hire (Concessionary rate for locals) £8.50 per hour
Local groups/organisations £7 per hour
Daytime social events £7 per hour
Evening social events (after 6pm) £8.50 per hour
Weddings/Funerals £11 per hour Use of kitchen £3 per hour

~~~~~

All hire charges include licenced bar run by the committee

Hire conditions apply

~~~~~

For further details and booking please contact

Brenda Jennnings 01288 341429

These charges remain the same as last year



Week St Mary Lego Café
13th September in WSM
Church Breakfast served
9:30am to 11:30am



C A M E O
Come And Meet Each Other

Meeting is Friday 15th August
@2:00pm at Sue and Rob Isherwood
11 Ashbury Grove

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with Sue Dickenson 01288-341016

Look forward to seeing you !

WEEK ST MARY PARISH HALL
100 CLUB



The **July** 100 club winners are:

1st : no 82, Chris Heard
2nd : no 32, Chris Bate
3rd : no 45, Barrie Turner

Membership is £15 per number.
 New Members Welcome!
 Thanks You For your Support
 Margaret Johns
 07856 357424

Used Ink Cartridges

The Parish Hall welcome all ink cartridge donations.

Just drop them into the hall when an event is on or pass on to a member of the committee.

All donations gratefully received.

All money made will go towards the parish hall.

MEET AND EAT

Next meeting Monday 1st September
Soup & Sweet from 12:00 noon and a
friendly chat in the Parish Hall



Open to all ages newborn to 100+ come and enjoy some lively helpers & company, a choice of soups and more importantly a great choice of desserts.
 Sue Dickenson WSM341016
 Linda Cobbledick WSM341468
 Sue Edwards WSM341083



Everyone and we mean EVERYONE is most welcome

CHILDRENS COMPETITION

Group 1	Under 5
Group 2	Age 5 to 7
Group 3	Age 8 to 10
Group 4	Age 11 to 16

Childrens trophy will be awarded to the best entry out of all 4 groups in each category

Please accompany your entry with your name and age in a sealed envelope

4 ROCK CAKES

Ingredients

225g/8oz self-raising flour
75g/2½oz caster sugar
1 tsp baking powder
125g/4½oz butter, cut into cubes
150g/5½oz dried fruit (raisins, sultanas or currants)
1 egg
1 tbsp milk

Method

Preheat the oven to 180C/160C Fan/Gas 4
Mix the flour, sugar and baking powder in a bowl and rub in the cubed butter until the mixture looks like breadcrumbs, then mix in the dried fruit.
In a clean bowl, beat the egg and milk together
Add the egg mixture to the dry ingredients and stir with a spoon until the mixture just comes together as a thick, lumpy dough. Add a teaspoon more milk if you need it to make the mixture stick together.
Place spoonfuls of the mixture onto the prepared baking tray. Leave space between them as they will flatten and spread out to double their size during baking.
Bake for 15–20 minutes, until golden-brown. Allow to cool for a couple of minutes, then turn them out onto a wire rack to cool.

A DECORATED JAM JAR



Week St Mary Playgroup

Welcomes you
10am - 12 every Tuesday
at Week St Mary Village Hall

Come along and have some fun!

Join coffeepots baby and toddler group on
Facebook or email coffeepotswsm@gmail.com

The advertisement features colorful illustrations of children playing: a girl on a rocking horse, a boy on a tricycle, a girl with a teddy bear, a boy with alphabet blocks, and a girl with toys.



Lunch Club

Week St Mary Church Lunch Club will meet again on
Wednesday 10th September at 12:00 noon

Please book your meal on
With Lesley on **01288 341221**
so that we know how many to cater for.

The advertisement includes circular logos for 'Week St Mary Church Lunch Club' with crossed cutlery icons.

CLAIRE & SIMON
NEATE FEET

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5. Choose the cake with the best top, then put the other cake upside-down onto a serving plate and spread with half the coffee icing. Sandwich together with the other half. Ice the top of the cake and decorate with the walnut pieces to serve.

POTATO, CHEESE AND ONION PIE using Shortcrust Pastry – Any Recipe

CHEESE & THYME BISCUITS

160g plain flour : 100g cold butter : 1 egg
100g finely grated cheddar ;
½ tsp dried thyme

Method

1. Heat oven to 180c/160c fan/gas 4. Put the flour in a bowl and rub in the butter until it resembles breadcrumbs. Stir in the cheese and thyme, then add the beaten egg a little at a time and mix using a fork. When the mix starts to clump together, use fingers to knead to a smooth dough.
2. Roll into a sausage shape approx 20cm long then cut into 1cm slices. Place on one or two baking trays. Flatten slightly with a fork then bake for approx. 15 mins. or until firm. Cool slightly before placing on a wire tray to cool completely. Will keep for up to 1 week in an airtight container. These are better prepared the day before.

PRESERVES

HOME-MADE SWEET MINCEMEAT - Any Recipe

PLUM JAM - Any Recipe

Arrangements for participants and viewing

Please bring your entries to the Parish Hall from 10am – 12.30pm, with your name and contact number for each item in a sealed envelope. If you cannot manage this, please contact someone who can collect them for you. Judging will take place from 2pm. The Hall will remain closed at this time.

Doors re-open for viewing at 6pm and presentation of cups will take place at 6.30pm. Please remove your entries at 7pm

One entry, per person, per section
(20p per entry for Parish Hall Funds)
(Children's entries Free)

**GREAT VILLAGE
CAKE and PRESERVE
COMPETITION
Wednesday 17th September
WSM Parish Hall**

Cake Competition

Coffee & Walnut cake - recipe provided
Potato, Cheese and Onion Pie using Shortcrust Pastry - own recipe

Preserve Competition

Homemade sweet mincemeat - own recipe
Plum jam - own recipe

2025 Extra Challenge

4 Cheese & Thyme Biscuits - recipe provided

COFFEE & WALNUT CAKE

Ingredients

250g Butter : 225g / 8oz caster sugar : 4 large eggs : 225g / 8oz self raising flour : ½ level teaspoon baking powder : 1 tbsp instant coffee, dissolved in 1 tablespoon of boiling water : 50g / 1¾oz walnuts, finely chopped.

For the filling and topping

125g / 4 ½oz butter, softened : 225g / 8oz icing sugar, sifted : 1 tablespoon instant coffee, dissolved in 1 tablespoon of boiling water 8 walnut halves to decorate

Preheat the oven to 180C/160C Fan/Gas 4. Lightly butter two deep loose-bottomed 20cm/8in round tins and line the bases with baking paper.

1. Put the butter, sugar, eggs, flour, baking powder and coffee in a large mixing bowl and beat together (using an electric hand whisk if you have one) until well combined and smooth. Fold in the walnuts.
2. Divide the mixture evenly between the tins. Level the surface using a spatula or the back of a spoon.
3. Bake for 25-28 minutes, or until an inserted skewer comes out clean. Leave the cakes to cool in the tins for 5 minutes, then run a small palette knife or rounded butter knife around the edge of the tins and carefully turn the cakes out onto a wire rack. Peel off the paper and leave to cool completely.
4. For the filling and topping, beat the butter and gradually add the icing sugar. Add the coffee and beat until smooth.

WEEK ST MARY CHAPEL



Chapel services for August 2025

Sun 3rd	10.30	Morning Worship led by the Worship Team.
Sun 10th	10.30	Morning Worship led by the Worship Team.
Sun 17th	10.30	Lets Meet, shared informal worship led by members
Sun 24th	18.30	Cafe Church
Sat 30th	11.00	Morning worship with christening

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.









Services at St Mary's Church

August 2025

Sun 3rd	10.00	All age worship
Sun 10th	18.00	Evening Prayer
Sun 17th	11.15	Holy Communion
Sun 24th	10.00	Morning Prayer
Sun 31st	10.30	United Benefice Poundstock

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer
Full details are available via achurchnearyou.com

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
<p><i>August</i></p>	<p>Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group,</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;">  COFFEE MORNING </div> <div style="text-align: center;">  MEETING </div> <div style="text-align: center;">  Rubbish & Food Waste Day </div> <div style="text-align: center;">  Recycling & Food Waste Day </div> <div style="text-align: center;">  Craft Group MSR </div> <div style="text-align: center;">  MOBILE LIBRARY </div> </div>				<p>1</p>	<p>2</p>	<p>3</p> <p><i>Church All Age Worship 10.00am (P.23)</i></p> <p><i>Chapel morning Worship 10.30am</i></p>
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p> <p><i>Safari Supper (P.6)</i></p>	<p>10</p> <p><i>Chapel Morning Worship 10:30(P.23)</i></p> <p><i>Church Evening Prayer 6pm (P.23)</i></p>	
<p>11</p> <p><i>Memory Café 2pm (P.13)</i></p>	<p>12</p>	<p>13</p>	<p>14</p> <p><i>Chapel Coffee Morning 10:30 to 12:00 MSR</i></p>	<p>15</p> <p><i>CAMEO 2pm (P.20)</i></p>	<p>16</p>	<p>17</p> <p><i>Church Holy Communion 11.15am</i></p> <p><i>Chapel Lets Meet 10.30am (P.23)</i></p>	
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p> <p><i>Church Morning Prayer 10:00am (P.23)</i></p> <p><i>Chapel Café 6:30pm (P.23)</i></p> <p><i>Crepes and Wine 2:30pm PH (P.19)</i></p>	
<p>25</p> <p><i>Bank Holiday</i></p>	<p>26</p>	<p>27</p>	<p>28</p> <p><i>Chapel Coffee Morning 10:30 to 12:00 MSR</i></p>	<p>29</p>	<p>30</p> <p><i>Tamar Rock & Roll (P.14)</i></p>	<p>31</p> <p><i>United Benefice Poundstock 10:30am</i></p> <p><i>Chapel Morning worship with christening 11:00am (P.23)</i></p>	