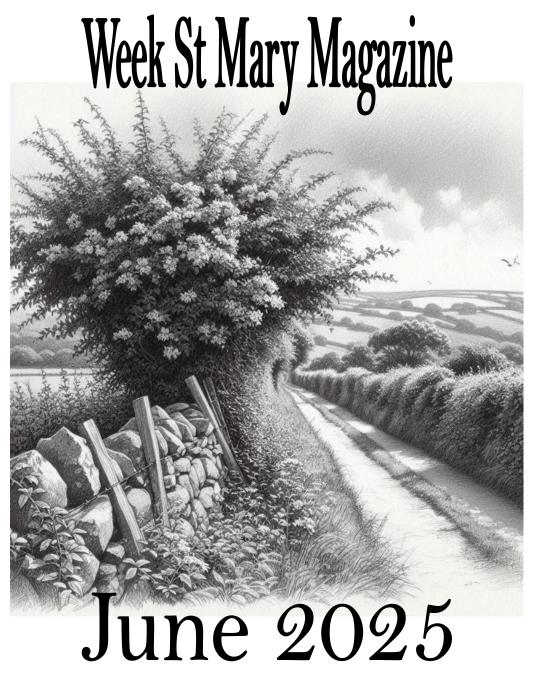
WEEK ST MARY DIRECTORY

Parish Council Chair: Parish Clerk: Email:	Mrs C Slade Suzanne Cleave wsmclerk@gmail.com	WSM 341350 07853-298595
Parish Hall Chairman: Parish Hall Bookings:	Mrs Margaret Johns Ms Brenda Jennings	07856-357424 01288-341429
Email:	<u>dippyfish@btinternet.com</u>	
County Councillor: Email:	Nicky Chopak nickychopak@gmail.com	07810-302061
SITA Recycling Centre:	Tiscott Wood 9:00am - 4:00pm 7 days a week except	01288-355131
	Christmas Day, Boxing Day a	nd New Years Day
<u>Doctor's Surgeries (</u> Appointn Ruby Country Medica Ruby Country Medica Neetside	Group (Stratton)	01288-352133 01409-253692 01288-270580
WSM Transport Rep (Launceston Mon & Thurs 09: Launceston Tue 09:38am Ret	uth City Bus (colour Red) 38am Ret 12:50pm from TESC 12:30pm from TESCO t 13:07pm - Bude Friday 09:38	
<u>Women's Institute</u> :		
President: Secretary:	Mrs Sue Dickenson Mrs Roberta Jones	WSM 341016 07788-548875
National Child Line:		0800 1111
Diocesan Safeguarding Officer for Children and Vulnerable Adults		
	Mrs Sue Dickenson	WSM 341016
Secretary:Mrs Roberta Jones07788-National Child Line:0800 11Diocesan Safeguarding Officer for Children and Vulnerable Adults Mrs Sue DickensonAdults WSM 3Mobile Library:The Square, Week St Mary 11:50am-12 Check calendar for monthly dates.	l1:50am-12:10pm dates.	
<u>Football Club</u> :	Mr Antony Sachs	WSM 341090
Parish Church:	Rev David Saunders <u>rector@bude-coast-benefice</u>	07834-459672 <u>e.org</u>
Methodist Church:	Rev Steve Swann	01840-779339

(Service times for both churches inside Magazine)



Bownder an Kewydh mis Metheven



Kay's Pet Care

Flexible Pet care, including dog walking, home visits, pop ins, sits in their own home or holiday let Insured and Police checked.



Contact Kay for more details. Week St Mary and surrounding area 01288-341375 07703-053703

www.facebook.com/kayspetcare

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Tel: 01566-785901 Mob: 07763-457578







WEEK ST MARY PARISH COUNCIL MEMBERS AND RESPONSIBILITIES

The newly elected Parish Council consists of the following members:

At the time of the magazine going to press we have no further details as to responsibilities etc.

	Nick Couch Tamsin Fay Sam Gubbin Margaret Johns Stuart May Ian Richardson Rachel Shipton Carol Slade Louise Stephens Anna Willoughby	07988-861613 07856-357424 WSM 341092 07379-292313 07792-258665 WSM 341350 07831-404604
Non Council members Highways, Streetlights & Trees, Parish Greens & Playing FIelds	Mr T Hamlyn	07896-738521
Defibrillator	Mrs J Pearce	WSM 341525
Footpaths & Back Lane (Public Rights of Way):	Mr P Dorren	WSM 341117

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is <u>22nd of the month</u> Please get your copy to the editor or the shop, preferably on disc or as e-mail. Handwritten pieces are fine too but if you use a computer, please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor e-mail	Mr Dick Sowerby editor@weekstmaryvillage.co	WSM 341348 uk	
Advertisements	Mr Dick Sowerby	WSM 341348	
Distribution & Holida Mr Mi	WSM 341649		

Front Cover Translation—The Hedgrow Lane in June

Week St Mary Magazine

June 2025

Issue No 450

Week St Mary Church Gift Day

Week St Mary Church had a very busy day on 10th May when Lego Cafe, Breakfast, afternoon cakes, restoration plans and hand bell ringing all came together to make a highly successful Gift Day.



Many thanks to all who helped in any way to make the day go so well and particularly to those who gave so generously to the Church and to the Graveyard Fund. Our village church relies on all of you. Thank you.

Lesley Booker and Linda Cobbledick – Church wardens

Playing Field Grass Cutting and Maintenance

Week St Mary Parish Council is inviting expressions of interest for grass cutting and maintenance in the village playing field. Please contact the clerk from June 5 if you are interested. The email address is <u>clerk@weekstmaryparish.gov.uk</u>

The roles will be advertised following the June parish council meeting.

Adventure Church

Thank you to Adventure Church children who have planted up the flower troughs on the village green and to those who will maintain them throughout the summer.

Adventure church has already had a busy time this term with a visit to Brendon Farm after Easter which was very much appreciated - thank you to the Gubbin family for making us so welcome (and to WSM Community shop



for the Easter Eggs!); they also planted their own mini vegetable garden in the churchyard and are looking forward to radishes, Lettuces, carrots and potatoes. We had а sunny treasure hunt and made our own burgers to eat outside one evening recently and will be going to Tudor House for Pond dipping and a Barbecue during May.

New members are always welcome from 4 years to upper primary school age. We meet every Tuesday at the church and often go

out for special visits or activities. It is best to check that we'll be at home if you would like to come by ringing 07967 684823 (Lesley Booker).

<u>JUBILEE CLUB</u> The Jubilee Club have organised a Coach Trip

SIDMOUTH/DONKEY SANCTUARY

on MONDAY 23RD JUNE

You are very welcome to join us Pick up at Wainhouse Please contact Diana 01840 261366 for more details



POOR MAN'S PIECE – WORKS STARTING SOON

Following on from last year's successful fund raising, work will soon be starting on improving the entrance way to Poor Man's Piece and carrying out tree surgery on 3 trees suffering with Ash die back. We need a dry spell for this! Cornwall Council's permission for the tree works has been obtained. We will publish a full plan of how the field is going to look in a month or so. Our aim is to be open for public access in midyear.

In the meantime, if anyone is interested in donating a bench perhaps in memory of a loved one – please contact Stephen Smith – <u>sasmith007@yahoo.co.uk</u> or 01288 341689. We are looking to have at least 2 benches in situ.

Lesley Booker, Linda Cobbledick, Anna Snellgrove, Stephen Smith

Forthcoming Events

June 8th - Sunday Lunch (PH)

June 13th - Bingo (PH)

June 21st - Murder Mystery (Church)

June 23rd - Jubilee Club Sidmouth Donkey Sanctuary

July 13th - Art and Craft Fayre (PH)

July 19th - Cream Teas (Wendy & Nick Couch Glanville House)

August 9th - Safari Supper (Church)

August 24th - Crepes and Wine (PH)

September 12th to 19th - Revel activities & preparations

September 19th - Revel Bingo

September 20th - Revel Saturday

October 11th (Sat) 6.30pm Brights Sparks Performance: High

School Musical and Wind In The Willows

October 12th (Sun) 3pm Brights Sparks Performance: High School

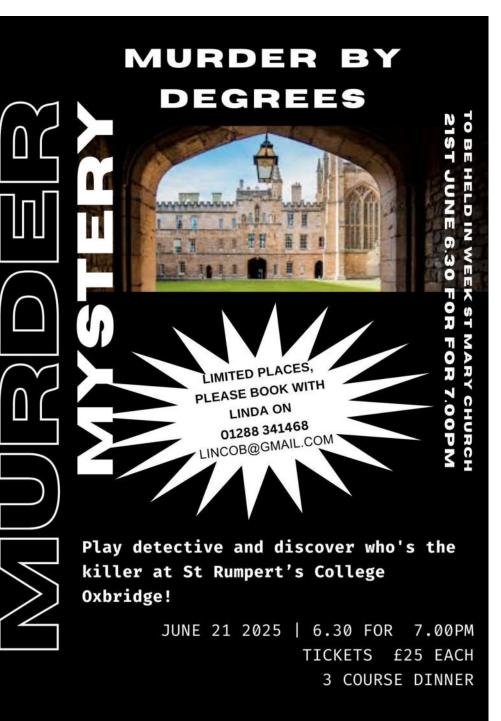
Musical and Wind In The Willows

October 18th (Sat) 6.30pm Brights Sparks Performance: High

School Musical and Wind In The Willows

October 19th (Sun) 3pm Brights Sparks Performance: High School

Musical and Wind In The Willows October 25th - The Countrymen (Church) October 25th - Halloween Party(PH) November 2nd- Sunday Lunch (PH) November 22nd - Christmas Market (Church) December 7th - Christmas Market (PH) December 5th - Mulled Wine (Venue tba) December 20th, 21st and 22nd - Christmas Tree festival. (PH)



Market</t

Stylish Pop/Rock covers band from Bude, With former Stranglers singer, Paul Roberts (+ Support: The Country Strong Band)

7.30pm—11pm Sat 7 June 2025

Colbay, Week St Mary, Nr Bude £10 Adult / £8pp Groups of 10 / £6 Under 18s

Cash Raffle to support the Revel

Bring seating/blankets. Bar & Barbecue. Free camping



Tickets: WeGotTickets, , Bude T.I.C., Spencer Thorn, 7th Wave Gallery, Cash on the Gate. Bar from 6.30pm info@northcoastarts.co.uk



www.northcoastarts.co.uk

Tickets Available at Week St. Mary Community Shop

For people with memory problems, big or small, old or new, all ages welcome. Meets at Week St Mary Church 2-4pm on the second and fourth Monday of every month. Company, games, chat, memory training, exercises, nostalgia, music, practical help and signposting support through Disability Cornwall. Want more Information?

Talk to Sue 01288-341016

Parish Hall SUNDAY LUNCH SUNDAY June 29th

At 12.30pm Adults £12 Book with Margaret 07856357424.



Thought for the Month

The people that mind don't matter and the people that matter don't mind. Jeanette Turner





WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

You may have wondered why beautiful smells were emanating from the Chapel School Room on VE day. It was the WI! Actually, not just the members themselves but they were busy making candles under the instruction of the founder of the Clovelly Soap/Candle Company. The two perfumes that we were using were lavender/lemon grass and orange/ rosemary and we proudly went home carrying our jam jar candles.



The talk and instruction was given by Sarah Harper who used to work in the City of London. In 2004, after becoming sensitive to chemicals in everyday life, she cleared out all cleaning and body-care products that she had bought and taught herself to make her own simple effective cleaning products, creams and bath products. Using her aromatherapy skills, she

Community Money Advice Launceston

Our team will be visiting the village again on Wednesday 25th June from 10am to 12 noon.

We shall be very pleased to welcome any local residents who think they could benefit from our services which are completely free. Do come and meet us in the village hall, have an initial informal chat and a cup of coffee. Nigel Parker

You may not have heard much about us - Community Money Advice Launceston that is, but we have been around since 2012 helping any local residents with their very personal problems debts, benefit problems and budgeting. Thanks to the award of some new funding, we can now visit the village on a regular basis, to hold individual confidential interviews with those who may be experiencing difficulties. Our experienced and fully trained team of volunteers provide this free service, and we aim to reach those residents who may find it awkward to visit us, through poor public transport. Many of our clients have problems dealing with complicated 'forms' related to benefits, or in contacting utility providers. Some, particularly our older clients have poor or no IT (computer) skills that are now essential when in touch with government departments .Please watch your local notice boards for details of when we shall be around, or you can contact us direct to arrange an appointment at any time on 01566 777407, by email



CRIME REPORTING

To report a crime telephone number **101** or Email: 101@devonandcornwall.pnn.police.uk

> To give anonymous information Crimestoppers 0800 - 555111



Smart phones are now a thief's best friend

People of all ages now use a smart phone for communication and entertainment, but they may not realise the apps they download can also create open doors to a thief who can ransack their files and steal their most private and personal data. The term App has crept into the English language meaning small computer application and has several benefits, first to the user as a means of entertainment and second to the producer as a source of income, either legitimate or criminal.

Dangerous apps disguised as "legitimate" downloads.

Hackers have produced a range of bank-emptying tools, which silently steal your money and personal data. Attackers target Android phone users, tricking them into



installing fake downloads, Apple systems are not immune to this type of attack, but less so! The hackers are using a development tool called .NET MAUI to create fake apps they look and feel like the real thing, these apps might claim to be for banking or dating or access to social media. This tool will mask the code hidden from antivirus software; however, these apps are not available through Google store and are blocked by Googles

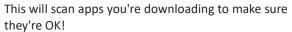
This means if you receive an email or message suggesting you download an app outside of googles

protection, there's a good possibility your phone will become infected. These apps are blocked from Googles Play Store.

play protect.

HOW TO CHECK YOUR APPS ARE SAFE

First, make sure that Google Play Protect is switched on in your phone. Go to Google Play Store on your Android phone and tap on your profile icon. Then go to Play Protect > Settings > Scan Apps with Play Protect and toggle the feature on.



This technique will also work on historical downloads downloaded from unknown sources.

Turning on the "Improve harmful app detection" setting, you allow Google Play Protect to automatically send unknown apps to Google for checking. Go to the Google Play Store, then Profile > Play Protect > Settings.

For help and free telephone advice Tel Brian Meadows 01288 381061 Nofix-Nofee Computer Repairs Service blended her first 8 natural soaps and started a little business in London. Following their dreams the family moved to Clovelly in 2011 and took on the name of The Clovelly Soap Company. Her husband became full-time chief soap maker in 2013 and they opened the little Soap Shop at the top of Clovelly's famous cobbled street in 2014. Since then the business has expanded to include a hardworking crew of staff – some from Clovelly



itself.

Over the years the product range has evolved to include all natural plant wax candles, pure skin balms, home fragrance products and luxury bath treats. All the products are formulated by Sarah the using finest sustainable oils, home grown herbs and locally foraged sea

weeds. They now have 40 perfumes. Therapeutic grade essential oils are used along with simple effective natural skincare to help avoid allergies. Not only are the products available throughout the UK but are now sold around the world putting the name of Clovelly on the world map. Wonderful news about a local business.

The first photograph shows Sarah Harper, the Founder, foraging for ingredients on the local beach. The second shows the shop front in Clovelly.

Anyone interested in finding out more about our WI can contact Roberta Jones, Secretary, on 07788-548875.

The next meeting will take place on Thursday 12th June at 7pm for 7.30pm in the Chapel Sunday School Room.



4. Emergency item – grass cutting

Councillors were informed that due to ill health Trevor would be unable to cut the grass and carry out the strimming etc with immediate notice. Cllr Slade said the clerk could ask Harley Friend, who does Back Lane, if he is able to cover for the time being. The clerk will send a letter to Trevor wishing him well and thanking him for all the hours he has put in for the parish over the years.

5. Date of next meeting May 20th at 19.30

6. **Items for May 20, 2025 annual meeting** Football club lease; grass cutting; playing field maintenance.

The meeting closed at 8pm.

Please Note:

The Parish Clerk is currently on annual leave so the Parish Council minutes of the meeting held on 20th May will not be available until the first week in June. At which time they will be published on the village website.

Week St Mary Parish Council Minutes – Wednesday, April 23 Extra ordinary meeting

DRAFT Minutes

1. **Public question time** (15 minutes allowed for this – on matters on the agenda only) Paddy Fay, on behalf of the football club, queried the fourth amendment on the football club revisions. It was decided to highlight this with the solicitor to see if the council needed this to be kept in.

A resident queried the minutes of the last council meeting (not on the agenda). She said the initial impression was that a portion of the blame lay with the South Western Ambulance Trust, but they should reflect that the parish council did not tell them the old defibrillator was taken down when the new one was put into place.

2. To note councillors present

Cllrs C Slade (chair); I Richardon (vice chair); R Bolt; M Johns; S May; L Stephens and R Shipton. Also in attendance: S Cleave, clerk and seven members of the public.

3. To receive apologies for absence with reasons Cllr Gubbin, work; Cllr Chopak.

4. **To receive Declarations of Interest and approve Dispensations** None.

5. Agenda items

1. Football club lease

Cllr Slade said she was eager to get the lease sorted. Following correspondence from the solicitor and Mr Smith (whose son looked at the situation), if the council went down the route of handing it over to a solicitor, it would be prepared to split the cost 50/50, with the option of the football club paying in instalments if preferred. The clerk would forward the exact costs to Paddy and he said he would take it back to the football club, then get back to the council.

It was proposed to go down the legal route, with a letter being sent to the football club with details of the costings, and the parish council would be willing to pay half.

2. Defibrillator

The council considered handing over the contract to maintain the two defibrillators to Duchy Defibrillators at a cost of £205 plus VAT per year per unit. It was noted that the funds could be applied for from the Community Benefit Fund as it is a benefit to the community. This was proposed.

3. Audit

It was proposed to instruct Linda Coles to act as this year's internal auditor.

Ruminations from the Rectory

A son took his father out for an evening dinner. His father being old and weak, while eating dropped food on his shirt and trousers. Other diners watched him in disgust while his son was calm. After he finished eating, his son who was not at all embarrassed, quietly took him to the washroom, wiped the food particles removed the stains, combed his hair and fitted his spectacles firmly.

When they came out the entire restaurant was watching them in dead silence not able to grasp how someone could embarrass themselves publicly like that. The son settled the bill and started walking out with his father. At that time an old man amongst the diners called out to the son and asked him, "Don't you think you have left something behind?"

The son replied, "No Sir, I haven't."

The older man retorted, "Yes you have, you left a lesson for every son and hope for every father." The restaurant went silent. The old man continued, "To care for those who once cared for us is one of the highest honours. We all know how our parents cared for us for every little thing. Love them, respect them, and care for them.

The Bible says, Honour your Father and Mother.... *Exodus chapter 20 verse* 12.

Otherwise, what example are you setting for your children

Revd David



DJ The Big Bald Bopper

Saturday 21st June

7.30 to 11.30pm £5 on the door No bar but BYO Free tea and Coffee. Bridgerule Village Hall EX22 7DY

More info text Jackie 07533353388 or follow us on Facebook @ Tamar Rock and Roll

WEEK ST MARY PARISH HALL 100 CLUB



The April 100 club winners are:

1st - no 58, Carl Ritz. 2nd - no 32, Chris Bate. 3rd - no 66, Sharon Slade.

Membership is £15 per number. New Members Welcome! Thanks You For your Support Margret Johns 07856 357424

Used Ink Cartridges

The Parish Hall welcome all ink cartridge donations.

Just drop them into the hall when an event is on or pass on to a member of the committee.

All donations gratefully received.

All money made will go towards the parish hall.

MEET AND EAT

Next meetings Monday 2nd June

and 7th July

Soup & Sweet from 12:00 noon and a

friendly chat in the Parish Hall

Open to all ages newborn to 100+ come and enjoy some lively helpers & company a choice of soups and more importantly a great choice of desserts. Sue Dickenson WSM341016 Linda Cobbledick WSM341468 Sue Dyer WSM341083





The 93rd St. Gennys Horticultural Show 25th July 2025



Save the date and get planting, stitching, knitting, baking and crafting for your entry to the show.

Schedules will be out next month.

V.E Day Celebrations.

Thanks to your generosity at the cream teas, the Parish Hall forwarded ± 141 to the Royal British Legion. Many thanks!

PARISH COUNCIL ELECTION

I would like to thank everyone who voted for me in the Parish Council election.

I will do my utmost to serve my village.

Margaret



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Attachment

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Whitstone Community Primary School

Nursery and Reception Places available in our Early Years Foundation Stage for Children aged 3+

"Children in the EYFS learn by playing and exploring, being active and through creative and critical thinking"

- "Older and Younger pupils learn and play happily together"
- "Staff and pupils say that the school feels like <u>a family</u>"





VE Day Ringing

Thanks to Week St Mary Ringers for your tribute on VE Day. Over 30 people joined the ringers for a peal of 80 changes and a glass of fizz to toast the brave souls



Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.



A BIG THANKYOU FROM ' THE FRIENDS'

FOR THOSE WHO WERE ABLE TO ATTEND THE RECENT CHURCH GIFT DAY, SATURDAY 10TH MAY

THE TOTAL AMOUNT DONATED WAS A GENEROUS £485.00.

IN ORDER TO KEEP THE GRAVES AND CHURCHYARD MAINTAINED TO THE BEST STANDARDS, MAKING IT VERY PLEASANT FOR VISITORS AND THOSE ATTENDING THEIR LOVED ONES GRAVES, REQUIRES USUALLY 9 GRASS CUTS PER YEAR, CURRENTLY COSTING £1080.00

THEREFORE, IF ANYONE WHO WAS UNABLE TO ATTEND THE GIFT DAY AND WISHES TO DONATE TO THE UPKEEP OF THE ABOVE THE BANK DETAILS ARE AS BELOW:-

 SORT CODE
 09-01-55

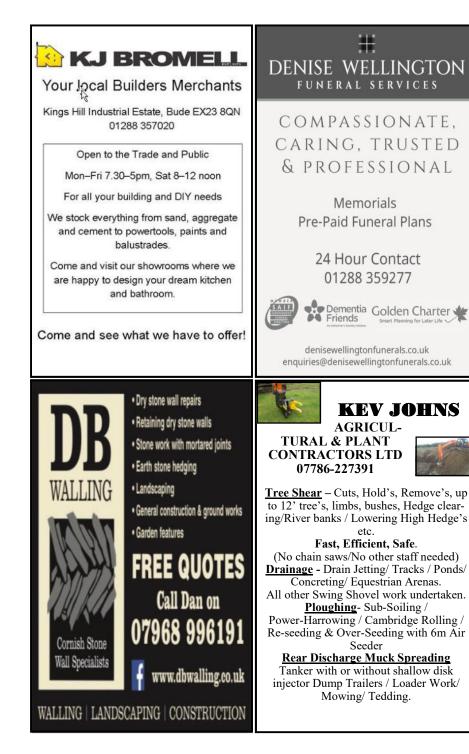
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NAME OF A/C FRIENDS OF WEEK ST MARY CHURCH, CHURCHYARD & GRAVEYARD

IF VISITING THE CHURCH, DONATIONS MAY BE LEFT IN THE WALL SAFE (ON THE RIGHT HAND WALL WHEN OPENING THE DOOR), PLEASE MARK THE ENVELOPE : **FRIENDS**

MANY THANKS

SUE EDWARDS – FRIENDS OF WEEK ST MARY CHURCH & CHURCHYARD



Week /T MARY CHADEL



Sun 1st 10.30	Morning Worship led by the Worship Team.		
Sun 8th 10.30	Morning Worship led by the Worship Team.		
Sun 15th 10.30	Lets Meet, shared informal worship led by members		
Sun 22nd 18.30	Cafe Church		
Sun 29th 10.30	Combined Circuit Service at Camelford		
We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.			



Services at St Mary's Church

<u>June 2025</u>

Sun 1st	10.00	All age worship
Sun 8th	18.00	Evening Prayer
Sun 15th	11.15	Holy Communion
Sun 22nd	10.00	Morning Prayer
Sun 29th	10.30	Benefice Service at Whitstone
Every Wednes	day @ 8:	30am there will be a zoom service of Morning Prayer

Full details are available via achurchnearyou.com



Bingo.

Friday 13th June In the Parish Hall Doors open at 7pm, eyes down for 7.30pm. Don't sit alone, others will welcome you to their table.

Art Exhibition and Craft Fayre

Sunday 13th of July 11.00am-3.00pm. In the Parish Hall Please book your stall with Margaret on 07856357424.

WEEK ST MARY PARISH HALL HIRE CHARGES 2025

Commercial Hire £11 per hour Commercial Hire (Concessionary rate for locals) £8.50 per hour Local groups/organisations £7 per hour Daytime social events £7 per hour Evening social events (after 6pm) £8.50 per hour Weddings/Funerals £11 per hour Use of kitchen £3 per hour

All hire charges include licenced bar run by the committee Hire conditions apply

 \sim

For further details and booking please contact Brenda Jennnings 01288 341429 These charges remain the same as last year

Maire Richardson 1933 - 2025

We are very sad to announce the passing of Maire Richardson on Sunday11th May whilst celebrating her recent 92nd birthday with us, paddling at Polzeath beach, Maire passed away. Although sudden, it was the perfect ending for a lady who so loved the outdoors. We would like to thank the many people in the village that helped mum to enjoy her last seven years here, especially Sarah Fulford, Jo Weight, all at the village shop, the Parish Church and the Methodist Church. Maire was truly a force of nature and we will miss her greatly.

Ian and Anne Richardson

Hartham Lodge



CAMEO

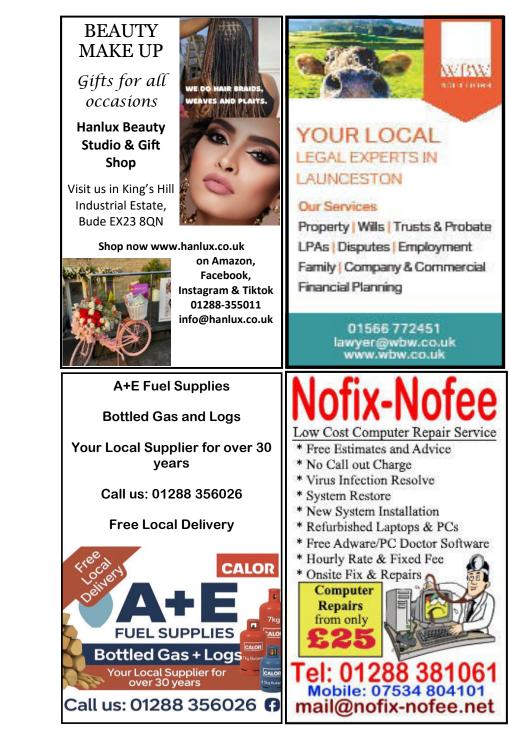
Come And Meet Each Other

Meeting is Friday 20th June <u>(a)2:00pm at Ranelagh</u>

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with Sue Dickenson 01288-341016

Look forward to seeing you !





Week St Mary Lego Café 14th June in WSM Church Breakfast served 9:30am to 11:30am



WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Our next meeting is on THURSDAY 12th JUNE

7.00 for 7.30pm in the Methodist Chapel School Rooms

Jane Hanscomb will tell us all about using herbs and spices

We look forward to seeing as many members as possible. Lady guests welcome at a cost of £5 which includes entry into the monthly draw and refreshments



Mon	Tue	Wed	Thu	Fri	Sat	Sun
June						l Church All Age Worship 10.00am (P.25) Chapel Service 10.30am (P.25)
2 Meet and Eat 12:00 PH (Page 29)	3 Adventure Church 4:30pm (P.15)	4	5	6	7 Music—Fford5 (P.6)	8 Chapel Service 10.30am (P.25) Church Evening Prayer 6pm (P.25)
9 Memory Café 2pm (P.35)	10 Adventure Church 4:30pm (P.15)	11	12 WSM WI (P.22)	13 Bingo 7pm PH (P.17)	14 Lego Café (P.22)	15 Church Holy Communion 11.15am (P.25) Chapel Lets Meet 10.30am (P.25)
16	17 Adventure Church 4:30pm (P.15)	18 Lunch Club 12:00 (P.19)	19	20 CAMEO 2pm (P.18)	21 Murder Mystery Church (P.5) Tamar Rock & Roll (P.12)	22 Church Morning Prayer 10:00am (P.25) Chapel Café 6:30pm (P.25)
23 Memory Café 2pm (P.35) Jubilee Club Trip Sidmouth Donkey Sanctuary (P.37)	24 Adventure Church 4:30pm (P.15)	25 Community Money Advice (P.33)	26	27	28	29 Chapel Combined Circuit Service at Camelford 10.30am. Church Benefice Service at Whitstone 10:30 (P.25) Sunday Lunch PH (P.35)