

## WEEK ST MARY DIRECTORY

Parish Council Chair:	Mr S May	WSM 341092
Parish Clerk:	Suzanne Cleave	07853-298595
Email:	<a href="mailto:wsmclerk@gmail.com">wsmclerk@gmail.com</a>	
Parish Hall Chairman:	Mrs Margaret Johns	07856-357424
Parish Hall Bookings:	Mrs Margaret Johns	07856-357424
County Councillor:	Nicky Chopak	07810-302061
Email:	<a href="mailto:nickychopak@gmail.com">nickychopak@gmail.com</a>	
<u>SITA Recycling Centre:</u>	Tiscott Wood	01288 355131
	9:00am - 4:00pm	
	7 days a week except	
	Christmas Day, Boxing Day and New Years Day	

### Doctor's Surgeries (Appointments)

Ruby Country Medical Group (Stratton)	01288 352133
Ruby Country Medical Group (Holsworthy & Hatherleigh)	01409 253692
Neetside	01288 270580

<u>Buses:</u>	Plymouth City Bus (colour Red)	01752 662271
WSM Transport Rep	Louise Stephens	07831-404604
	(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO Launceston Tue 09:38am Ret 12:30pm from TESCO Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm )	

### Women's Institute:

President:	Mrs Sue Dickenson	WSM 341016
Secretary:	Mrs Roberta Jones	01288-331615

### National Child Line:

### Diocesan Safeguarding Officer for Children and Vulnerable Adults

Mrs Sue Dickenson WSM 341016

Mobile Library: The Square, Week St Mary 11:50am-12:10pm  
Check calendar for monthly dates.

Football Club: Mr M Caesar-Gordon WSM 341544

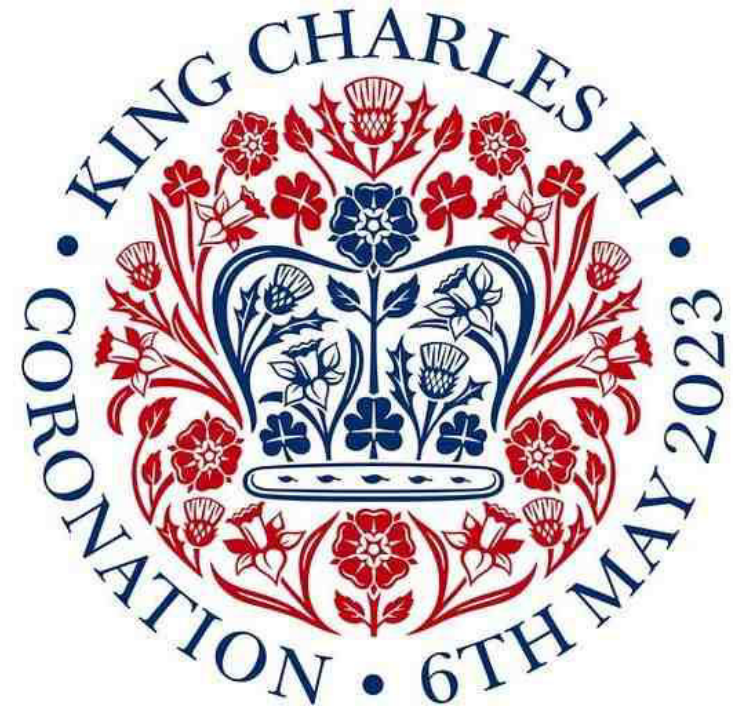
Parish Church: Rural Dean Revd David Barnes WSM 341670

Email: [d.barnes645@outlook.com](mailto:d.barnes645@outlook.com)

Methodist Church: Rev Steve Swann 01840-779339

(Service times for both churches inside Magazine)

# Week St Mary Magazine



# May 2023

Gwitha Dew an regen

# Booker Farm Services



**Agricultural & Plant Engineering,  
Car Repairs,  
Mobile Hydraulic Repairs,**

**Farm and Environment  
Office Services**

bookerfarmservices@gmail.com

**01288 341027**

## Gregg Anston-Race Glass Art



Bowls/Vessels  
Wall Art  
Splashbacks  
Commissions

**Visit our studio gallery in  
Week St. Mary**

[www.gregganstonrace.com](http://www.gregganstonrace.com)

The Studio, Corys Cottage,  
Week St. Mary, EX22 6UL  
01288 341518



## Colin's Garage

**CLASSIC, MODERN &  
RACE CAR REPAIRS**

**SERVICING**

**MOT TESTING**

**Colin's Garage**  
Unit 5 Pethericks Mill  
Bude, EX23 8TF

01288 354616

[www.colinsgaragebude.co.uk](http://www.colinsgaragebude.co.uk)  
[info@colinsgaragebude.co.uk](mailto:info@colinsgaragebude.co.uk)

## C J Blay Plumbing & Heating

**Egloskerry**

**GAS SAFE Registered LPG  
REFCOM Registered**

Air Conditioning Installations  
and Servicing,

Bathroom Installations,  
Landlord Safety Certificates.

All Aspects of Plumbing.

Free Estimates.

**Tel: 01566-785901**

**Mob: 07763-457578**



# redsmart PRINTING

UNIT 2, WAYSIDE WORKSHOPS  
KILKHAMPTON, BUDE EX23 9RB  
with FREE deliveries and  
collections in Bude & Stratton

TEL: 01288 358071 EMAIL: [sales@redsmart.co.uk](mailto:sales@redsmart.co.uk) redsmartprinting

**Cards Banners Flyers Labels**

Letterheads • Brochures • Programmes • Calendars • Posters  
Indoor & Outdoor Signage • Forms • Large Format • Canvases  
NCR Pads • Desk Pads • Menus • Service Sheets *and more*

**up to A0 printing for your plan, poster, photo and art files**

## FINE ART & PHOTOGRAPHIC GICLÉE PRINTING

IN-HOUSE, HIGH QUALITY  
COTTON BLEND CANVAS PRINTS



FINE ART  
PAPERS:

Gloss  
Satin  
Matt  
Smooth Art  
Textured Art  
Lustre



IN-HOUSE  
MOUNTING & FRAMING



**NEW**

We can convert your original art into a high quality digital file  
ready for prints, canvases, cards and other items with our new  
**FINE ART FLATBED SCANNING SERVICE UP TO A2+**

**PERSONALISED PHOTO GIFTS:**

Mugs, Coasters, Mouse Mats, Plaques,  
Money Boxes, Bags, Photo Panels and more!

**PERSONALISED WALL ART:**

Shapes, Bespoke Families, Effects and more!

**OTHER SERVICES:**

Photocopying / File Printing / Scanning  
Guillotining / Laminating / Binding  
VHS to DVD & USB / Vinyl to CD  
Bespoke Computer Systems & more

**PHOTO EDITING and PAGE LAYOUT/LOGO DESIGN**

**WEEK ST MARY PARISH COUNCIL MEMBERS  
AND RESPONSIBILITIES**

<b>Parish Council Chair:</b>	Mr S May	WSM 341092
Vice Chair:	Mrs C Slade	WSM 341350
Finance:	Mr S Peters	WSM 341578
	Mr I Richardson	07379-29231
Parish Clerk:	Suzanne Cleave	07853-298595
Highways, Streetlights & Trees:	Mr T Hamlyn	07896-738521
Public Conveniences:	Parish Clerk	
Parish Greens:	Mr T Hamlyn	07896-738521
Public Transport:	Ms L Stephens	07831-404604
Community Policing:	Ms L Stephens	07831-404604
Parish Office:	Clerk	
Jacobstow Primary School:	Clerk	
Health & Adult Social Care	Mrs C Slade	WSM 341350
Playing Field	Mrs C Slade	WSM 341350
	Mrs M Johns	07856-357424
	Mr S Gubbin	07988-861613
	Mr T Hamlyn	07896-738521
Planning:	Mr S Peters	WSM 341578
	Mr I Richardson	07379-29231
Defibrillator	Mrs J Pearce	WSM 341525
	Mr R Bolt	07813-949832
	Miss R Shipton	07792-258665
Non Council members		
Footpaths & Back Lane		
(Public Rights of Way):	Mr P Dorren	WSM 341117

**MAGAZINE ENTRY DATES**

The last date for entries to the Magazine is **22nd of the month**  
Please get your copy to the editor or the shop, preferably on disc or as  
e-mail. Handwritten pieces are fine too but if you use a computer,  
please help by producing paperless words!!

**MAGAZINE MEMBERS**

Magazine Editor	Mr Dick Sowerby	WSM 341348
e-mail	<a href="mailto:editor@weekstmaryvillage.co.uk">editor@weekstmaryvillage.co.uk</a>	
Advertisements	Mr Dick Sowerby	WSM 341348
Magazine Design	Mr Terry Edwards	WSM 341083
Distribution & Holiday Let copies		
	Mr Michael & Mrs Shelley Collman	WSM 341649

# Week St Mary Magazine

**MAY 2023**

**Issue No 425**

Week St Mary Church

**LUNCH  
CLUB**



**Week St Mary Church invites  
you to a simple lunch with  
main course, sweet and good  
company at the church on  
Wednesday 17th May at 12 pm**

**There is NO CHARGE  
(Booking essential)**

**Please ring 01288 341221 if  
you would like to come  
(Donations Welcome)**

Front Cover Translation: God Save The King

**WEEK ST MARY KING'S CORONATION CELEBRATIONS**

**SATURDAY 6<sup>TH</sup> MAY**

Week St Mary Parish Council invite you to the playing field from 6pm onwards to celebrate the Coronation.

If wet in the parish hall.

Bring your own picnic or BBQ by Tom Wickett (cash only).  
Bring your own chairs

Bar on field which will be operated by the Parish Hall Committee

Bouncy castle provided by Steve Naish.  
Games organised by Sarah Wickett and Jo Motsch.

Brights sparks performance at 7:30pm.  
Cutting of the coronation cake.

Music by Lloyd McGrath.

Lighting of the beacon at the lower field (below football pitch) 9.45pm

**SUNDAY 7<sup>TH</sup> MAY**

Coronation service in Church  
Coronation bring and share lunch in parish hall from 12.  
Parish hall will be open from 10am. Bar will be open.

**MONDAY 8<sup>TH</sup> MAY**

Cream tea in church



**FLOWTECH**  
Heating Services

*Heating, Plumbing and Renewables*

- Oil Boiler Servicing, Repairs & Installations
- General Plumbing/Hot Water Cylinders
- Heating Installations & Repairs
- Heat Pumps & Biomass
- Boiler Installation

01288 381530  
[www.flowtechheating.co.uk](http://www.flowtechheating.co.uk)  
[Info@flowtechheating.co.uk](mailto:Info@flowtechheating.co.uk)



**STEPHEN MARTIN**  
**General Builder**  
**Experienced Plasterer**  
**House Painter**  
**Fensa Registered**  
**UPVC Windows,**  
**Doors, Soffits &**  
**Fascia Replacement.**  
**Glass Unit Replacement**

Contact me on  
**01288-341427**  
**07969-118058**  
[stephenmartin396@gmail.com](mailto:stephenmartin396@gmail.com)



**WBW**  
SOLICITORS

*Providing legal services to individuals and businesses across the South West*

Launceston Office: 01566 772451

[www.wbw.co.uk](http://www.wbw.co.uk)

**Nofix-Nofee**  
Low Cost Computer Repair Service

- \* Free Estimates and Advice
- \* No Call out Charge
- \* Virus Infection Resolve
- \* System Restore
- \* New System Installation
- \* Refurbished Laptops & PCs
- \* Free Adware/PC Doctor Software
- \* Hourly Rate & Fixed Fee
- \* Onsite Fix & Repairs



Computer Repairs from only **£25**

**Tel: 01288 381061**  
**Mobile: 07534 804101**  
[mail@nofix-nofee.net](mailto:mail@nofix-nofee.net)

## Forthcoming Events

- Saturday May 6th**  
Coronation Celebration see p2
  - Sunday May 7th**  
Kings Coronation Service see p2
  - Monday May 8th**  
Coronation Cream Teas see p2 & 9
  - Saturday May 13th**  
Matilda the Musical see p13
  - Saturday May 20th**  
Matilda the Musical see p13
  - Sunday May 21st**  
Matilda the Musical see p13
- 
- |                         |   |
|-------------------------|---|
| Friday June 9th         | BINGO, Parish Hall                      |
| Saturday June 3rd       | Church Gift Day                         |
| Sunday June 25th        | Pimms & Nibbles at Tudor House          |
| Sunday July 16th        | Summer Craft Fayre, Parish Hall         |
| Sunday July 23rd        | Rev David Barnes Farewell Service       |
| Saturday August 5th     | Safari Supper                           |
| Friday September 15th   | BINGO, Parish Hall                      |
| Saturday September 16th | Revel Day                               |
| Sunday September 17th   | Church Dedication Revel Evensong        |
| Monday September 18th   | Harvest Supper (Chapel)                 |
| Friday September 29th   | The Countrymen                          |
| Friday October 13th     | BINGO, Parish Hall                      |
| Friday October 27th     | Murder Mystery Supper                   |
| Saturday October 28th   | Children's Halloween Party, Parish Hall |
| Sunday November 12th    | Remembrance Sunday Service Church       |
| Saturday November 18th  | Outdoor Market                          |
| Friday December 1st     | BINGO, Parish Hall                      |
| Sunday December 3rd     | Christmas Craft Fayre, Parish Hall      |
| Friday December 8th     | Mulled Wine Evening                     |
| Friday December 15th    | Poetry & Puds                           |
| Sunday December 24th    | Annual Crib Service                     |

CLAIRE & SIMON  
**NEATE FEET**

**Foot Care Practitioners**



**Foot care in the comfort  
of your own home.**

Toenail Clipping  
 Ingrowing Toenails  
 Painful Corns Removed  
 Paddings & Dressings  
 Verrucae Treatment  
 Painful Callus  
 Reduction

**Everything you require to  
keep your feet pain free!**

**Claire & Simon Neate dipfhp**  
 Qualified Foot Health Practitioners

Call:  
 07968 232344 / 07870 508867

**HATHA** **YOGA**

**IMPROVE:**  
Breathing  
Strength  
Balance  
Flexibility

**Week St Mary  
Parish Hall  
Monday evening  
7pm - 8.30pm**

**COST: £6**

**LEARN :**  
to manage stress  
& anxiety  
sleep well

Contact Denyse Ritz for further details  
 Phone: 07714261227  
 Email: denyseritz56@gmail.com

Hirst Construction Limited



Septic Tank  
 Emptying and Installation  
 Licensed Waste Carriers  
 Drainage Solutions  
 All Groundworks Undertaken  
 Aggregates, Sea Sand,  
 Plainings Delivered  
 Tractor/Dump Trailer Work  
 Wheeled Digger Excavators  
 From 1-20 tonne with Driver  
 Skips 15-40 yd Roll On Off  
 Tel: 07823 447446  
[info@hirstconstruction.co.uk](mailto:info@hirstconstruction.co.uk)

CS & AJ Cobbledick

CARPENTER AND JOINER

Quality Joinery

Made to measure hardwood or  
softwood, double glazed windows,  
doors, staircases, gates etc



Whirlwind, Stratton Road,  
 Bude EX23 8AQ  
 01288-356783  
 07986-996707  
[cobbledicks1234@tiscali.co.uk](mailto:cobbledicks1234@tiscali.co.uk)  
[www.csajcobbledickjoinery.co.uk](http://www.csajcobbledickjoinery.co.uk)  
 Follow us on Facebook



Your Local Builders Merchants

Kings Hill Industrial Estate, Bude EX23 8QN  
01288 357020

Open to the Trade and Public

Mon-Fri 7.30-5pm, Sat 8-12 noon

For all your building and DIY needs

We stock everything from sand, aggregate and cement to powertools, paints and balustrades.

Come and visit our showrooms where we are happy to design your dream kitchen and bathroom.

Come and see what we have to offer!

  
**DENISE WELLINGTON**  
FUNERAL SERVICES

COMPASSIONATE,  
CARING, TRUSTED  
& PROFESSIONAL

Memorials  
Pre-Paid Funeral Plans

24 Hour Contact  
01288 359277



Dementia Friends  
An Alzheimer's Society initiative

Golden Charter  
Smart Planning for Later Life

denisewellingtonfunerals.co.uk  
enquiries@denisewellingtonfunerals.co.uk

# Week St Mary Playgroup



## Welcomes you

10am - 12 every Tuesday  
at Week St Mary Village Hall

### Come along and have some fun !



Join coffeepots baby and toddler group on  
Facebook or email [coffeepotswsm@gmail.com](mailto:coffeepotswsm@gmail.com)

## acorns pre school



Oak Lane,  
Whitstone,  
Holsworthy,  
Devon,  
EX226TH  
Telephone -  
01288-341540

Email - [acornspre-school@outlook.com](mailto:acornspre-school@outlook.com)

Acorns Pre-School is registered with  
Ofsted to provide places for 16 children  
aged from 2 to 5 years old

For more information please  
contact us or

Visit our new website

[acorns-preschool.co.uk](http://acorns-preschool.co.uk)



## KEV JOHNS

AGRICULTURAL & PLANT  
CONTRACTORS LTD  
07786-227391



**Tree Shear** - Cuts, Hold's, Remove's, up to  
12' tree's, limbs, bushes, Hedge clearing/  
River banks / Lowering High Hedge's etc.

**Fast, Efficient, Safe.**

(No chain saws/No other staff needed)

**Drainage** - Drain Jetting/ Tracks / Ponds/  
Concreting/ Equestrian Arenas.

All other Swing Shovel work undertaken.

**Ploughing**- Sub-Soiling /  
Power-Harrowing / Cambridge Rolling /  
Re-seeding & Over-Seeding with 6m Air  
Seeder

**Rear Discharge Muck Spreading**

Tanker with or without shallow disk  
injector Dump Trailers / Loader Work/  
Mowing/ Tedding.



# C A M E O

Come And Meet Each Other

Meeting is Friday 19th May

@2:00pm at the home of Sue & Rob Dickenson

Ranelagh, Stewarts Road

Everyone most welcome for tea, coffee, biscuit or cake and  
an opportunity for a chat.

As ever, transport can easily be arranged but will  
people please book with

Sue Dickenson 01288-341016

*Look forward to seeing you !*

### Week St Mary Parish Hall 100 Club

Annual membership is due April.

£15 per number for the year.

#### **Monthly draws**

1st prize £25

2nd prize £20

3rd prize £10

#### **December draw**

1st prize £75

2nd prize £50

3rd prize £25

4th prize £20

5th prize £10

To renew your membership or anyone wishing to join,  
can do so by either

- paying by BACS - please contact Karen Poole 01288-341937

### CRIME REPORTING



To report a crime telephone number **101**  
or Email: [101@devonandcornwall.pnn.police.uk](mailto:101@devonandcornwall.pnn.police.uk)

To give anonymous information  
**Crimestoppers 0800 - 555111**



### Week St Mary Walking Group

Meet on the 2nd and 4th Tuesday of  
each month at 9:30am in The Square.  
All are welcome.

For details contact  
Stephen Smith on WSM 341689



## **Week St Mary Bonaventures WI Report for April Meeting**

### Beauty & the Beast

In April the WI met to hear from Melanie O'Reilly the owner of the Blush Beauty Salon in Bude. During the Beauty part of her talk she gave us lots of lighthearted and informative answers to our beauty questions, which covered many topics from skin care and make up, to eyebrows (tattooed or otherwise), and the pros and cons of botox.

The Beast of the title refers to Cancer in all its many forms and the treatments which can be physically and mentally very difficult, both short and long term. Melanie has been particularly keen to work with a charity called **Look Better Feel Better** for cancer patients and she now runs free beauty workshops for people with or recovering from cancer at her Blush salon.

Melanie is clearly a force of nature not only does she run a business but she is also one of the founding volunteer organisers behind new, much needed efforts to support cancer patients in the local area.

Melanie was diagnosed with breast cancer in 2021 and following a series of operations and treatments, she and a small group of other volunteers in Bude began to look at what local support cancer sufferers and their supporters needed. We all know we are a very long way from the nearest hospitals and the additional support services they offer to patients are often not practical given the distance involved. As a result of consultation with local cancer patients the **Bude Cancer Support Group** was set up with some initial funding from McMillan Cancer Support.



**Ground Works and Plant Hire**

Foundations | Service Trenches  
Drainage | Tracks | Driveways  
Landscaping | Garden clearance  
Walls | Patios | Fencing  
**A range of Diggers with operator hire**  
Including Attachments such as  
Flail mower / Hedge Trimmer  
Attachment

Suitable to trim up Hedges and mulch  
down long grass and thick brambles  
**Call Frank: 07482 236 084**  
**Email: [frank.barriball@outlook.com](mailto:frank.barriball@outlook.com)**

# R. D. Bolt Builder

House Repairs  
Farm Construction  
Painting & Decorating  
Maintenance, Etc.

Hillside \* Week St. Mary

Telephone:  
Week St. Mary 341453

## WEEK ST MARY PARISH HALL 100 CLUB



The **April** 100 club winners are:-

**1st No 7 Andy Jones £25**

**2nd No 24 Jeff Roberts £20**

**3rd No 51 Jane Padgham £10**

Thank you for your support  
Elaine Cartwright  
07969-642061

## ACCOUNTING SERVICES

NEED HELP!?



QUALIFIED ACCOUNTING  
TECHNICIAN  
TAX RETURNS, BOOK KEEPING,  
PAYROLL, V.A.T,  
ANNUAL ACCOUNTING  
PREPARATION  
FOR SOLE TRADERS &  
SMALL BUSINESSES  
**SIAN COURTNEY M.A.A.T**  
**07792 569128**  
**[thebridgeys@hotmail.com](mailto:thebridgeys@hotmail.com)**

## OSTEOPATHY

Sport injuries  
Back and neck pain  
Joint stiffness  
Headaches  
Babies  
Elderly  
Pregnancy

**Joanne Motsch**  
REGISTERED OSTEOPATH  
**Evelyn House**  
Week St Mary, Nr Bude  
EX22 6UP  
07795-607914  
**[jo.motsch@yahoo.com](mailto:jo.motsch@yahoo.com)**



## MEET AND EAT

Monday 1st May

## CANCELLED

*Open to all ages newborn to 100+  
come and enjoy some lively helpers & company,  
a choice of soups and more importantly  
a great choice of desserts.*  
Sue Dickenson WSM341016  
Linda Cobbledick WSM341468  
Sue Dyer WSM341083



**Everyone and we mean EVERYONE is most welcome**



## WEEK ST MARY CHAPEL



Chapel Services for **May 2023**

- Sun 7th 10:00 Coronation combined service at the Parish Church
- Sun 14th 11:00 Morning Worship led by the Worship Team
- Sun 21st 11:00 Let's meet. Shared informal worship led by members
- Sun 28th 11:00 Morning Worship led by the Worship Team

We continue to produce weekly printed service sheets available via our website [www.weekstmarymethodist.co.uk](http://www.weekstmarymethodist.co.uk) or from the notice board at the chapel.



## Services at St Mary's Church

May 2023

- Sun 7<sup>th</sup> 10:00 Coronation Joint Churches Family Service
- Sun 14<sup>th</sup> 18:00 Evensong
- Sun 21<sup>st</sup> 11:15 Holy Communion
- Sun 28<sup>th</sup> 10:00 Morning Prayer

Every Wednesday @ 09:30am there will be a Zoom service of Morning Prayer

The **Bude Cancer Support Group** became a registered charity just this month and is now organising fund raising events. They run cancer support cafes in Bude, on a Monday afternoon, twice a month and there is an evening cafe as well. These meetings allow people to meet and talk over tea, coffee and cake and have become so popular that the venue has had to move several times to accommodate growing numbers. Over the past year they have also run regular wellness workshops and events, such as yoga, dance, art therapy, flower and plants and food for health. All of these workshops are free to male and female participants and allow people to mix with others with similar experiences which can help alleviate feelings of fear and isolation.

McMillan Cancer Support is now helping **Bude Cancer Support** look for new premises in the Bude area which can be used, 7 days a week, to build on the support that has been started.

If you or anyone you know has been affected by a diagnosis of cancer or is still in recovery then please direct them to the **Bude Cancer Support** website at "budecancersupport.org" and to their Face Book page.

Doctors surgeries in Stratton and Holsworthy should also have details of events and who to contact.

**Our next meeting is Thursday May 11th,  
at the Methodist School Room.**

Contact Secretary: Roberta Jones 07788-548875

# N BARRIBALL



## CONSTRUCTION CARPENTRY & DECORATING

Week St Mary

Mobile: 07449 171810

Email: nigel.barriball@btinternet.com

## R Mears & Sons Chimney Sweeps & Stove Installation

Established over 30 years  
Vac Brush.

Full CCTV investigations.

Pots, Cowlings

& Bird Protection fitted.

Chimneys Lined,

Solid Fuel Appliances,

Rayburns, Woodburners,

Stoves etc. serviced.

Fully insured.

**Tel: 01840-261221**

**Tavistock 01822-664554**

**Mob: 07737-533392**

**www.sweepdevon.com**

Week St Mary

Community Shop

POST  
OFFICE

Spend a little less elsewhere and make a  
BIG difference here ...

### Daily Essentials:

Bread \* Milk \* Eggs \* Newspapers

- \* Post Office Counter Services
- \* Local Produce
- \* Fruit & Veg, general provisions
- \* National Lottery Tickets
- \* Licensed to sell Alcohol
- \* Dry Cleaning Service

Sunday	10:00 - 12:00	PO CLOSED
Monday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Saturday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Bank Holiday Opening:	10:00 - 12:00	PO CLOSED

**Tel: 01288-341230**

## P & B Interior Design

Curtains - Fabric - Blinds - Nets  
Farrow & Ball Paints/Wallpapers  
Cushions - Giftware

Ready Made Curtains, Nets, Voiles,  
Tracks, Poles in stock



Roller, Vertical, Venetian,  
Roman & Velux Blinds



Custom Made Curtain & Blind Service,  
Fabric by the Metre, Haberdashery,  
DMC Threads

Full Fitting Service Available

*Call in and see us*  
**2, Landsdowne Mews,  
Landsdowne Road,  
Bude EX23 8BN  
Tel: 01288 356303**

## Welcome to the Village

**Penny & David**

**15, Ashbury Grove**

We hope you will be very happy in Week St Mary.  
Keep your eyes open for news of events and activities  
that you can join in with in the future!

Please don't be afraid to contact the magazine editor  
([editor@weekstmaryvillage.co.uk](mailto:editor@weekstmaryvillage.co.uk)) or view the village  
web site at [www.weekstmaryvillage.co.uk](http://www.weekstmaryvillage.co.uk)  
if you need any further information about  
life in the Parish.

If **YOU** know of a **NEW** neighbour then please let  
**Terry Edwards** know on **01288-341083**

## WELCOME TO THE VILLAGE

Please welcome **Olga and Mariia** from the Ukraine, mother  
and daughter who arrived to stay at Treetops Cottage on the  
24th April. Mariia, aged 7, will start at Jacobstow School on  
the 2nd May and is looking forward to making new friends in  
the village. She will be visiting the school on the 25th April to  
look around the school and to meet her teacher and new  
classmates.

Hilary Dorren.

## Thought for the Month

Without freedom of speech,  
we would not know who the idiots are.

Jeanette Turner

### Gmail and Outlook users urged to delete these emails

In times of financial difficulties cyber criminals become increasingly active and will use any method to get at your money, personal information or belongings. Phishing scams are the most common and will masquerade as a well-known or reputable company. These emails often have a subject line which refers to some previous contact, even if its false. Beware of the following examples

“Your delivery was unsuccessful”

“You’ve won a prize!”

“You contacted us first”

“Your subscription is expiring”

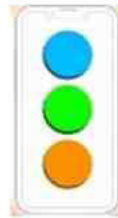
“You could be a millionaire”

“ALERT: Your PC may be infected!”

Don’t open these or others with a similar subject line, just delete them, better still blacklist them!

### DONT IGNORE THE DOT!

APPLE and GOOGLE now have warnings signs on your smart phone you shouldn't ignore. They can reveal when you're being spied on by rogue apps. A green dot signifies that your camera is active – but if it's orange, your microphone is in use, if a grey arrow is shown your location is being displayed.



Some Apps need to access these to work WhatsApp and Zoom are just two. But some apps use them for nefarious purposes, and you will not know which they, that is until now!

Monitoring the dots, located in the status bar on the screen, will make you aware which app is using these devices and when. If a small clear or blue arrow spears it shows a legitimate app is in use, this will also appear in the top right corner of the screen.



For Android phones, look for a small green pill icon in the top right. You'll see it appear with a small camera or microphone icon inside it.

Both can appear inside the pill icon at the same time. These signals alert you when an app is accessing your camera or microphone.

If your location is in use, you should see a small pin icon on the status bar near your battery. You can then view your apps folder (in Settings) to see which app it relates to and if preferred, delete it!

**For free advice on all computer issues contact Brian Meadows**

**Nofix-Nofee Computer Repairs Tel: 01288 381061/07534 604101**



**St. Marys Church**  
**Week St. Mary**  
**Monday 8th May 2023**



**In celebration of the**  
**CORONATION**  
**of**  
**KING CHARLES III**

**Come and enjoy a**  
**FREE**  
**COMMUNITY CREAM TEA**

**2.30 pm to 5.30 pm**  
*(Donations welcome)*



## ARTHUR W. BRYANT FUNERAL SERVICE

CAMELFORD 01840 214891 BUDE 01288 352282 HOLSWORTHY 01409 253000

INDEPENDENT FAMILY  
FUNERAL SERVICE

MEMORIAL  
MASONRY

OUR FAMILY CARING FOR YOUR  
FAMILY FOR OVER 50 YEARS

PRE PAYMENT FUNERAL  
PLANS

AWBRYANT.CO.UK  
CARING@AWBRYANT.CO.UK



Timberlake,  
Week St Mary  
01288 - 341326

FOR ALL OF YOUR  
AGRICULTURAL ATV, UTV,  
MACHINERY SALES &  
SERVICE NEEDS

On-Site Shop/Sales Open:  
8.00am-5.30pm Mon-Fri  
& 8.00am-3.00pm Sat

Selling a wide range of tools,  
trailer parts, vehicle batteries,  
WD40, Anti-Freeze and other  
small maintenance items.



**Kevin Lewis**  
Painter & Decorator

20 Years Experience  
Internal & External Work  
No Job Too Small  
Free Quotations Available

3 Week Green  
Week St Mary

Tel: 01288 341098  
Mob: 07960 380268



#### Individuals:

- Wills
- Probate
- Lasting Powers of Attorney
- Court of Protection
- Tenancy & Landlord Advice
- Disputes

#### Business:

- Starting a Business
- Buying/Selling a Business
- Developing Your Business
- Employment Advice
- Landlord Advice
- Disputes

initial hour-long consultation **FREE** of charge with no commitment

Professional-approachable-affordable



www.prolawservices.uk



01288255655



info@prolawservices.uk



NATIONAL GARDEN SCHEME  
Garden Open For Charity

# The Bridge Mill

Mill Rd, Bridgerule, Holsworthy,  
EX22 7EL

**Sunday 28 May**

**11am - 5pm**

Adults £5 Children free

Website: [www.thebridgemill.org.uk](http://www.thebridgemill.org.uk)



WHEELCHAIR ACCESS PLANT FOR SALE



TEA



Registered Charity No. 1076411

More information at [ngs.org.uk](http://ngs.org.uk)

## REVEL DOG SHOW

If any Local Business would like to sponsor this event,  
would you please contact **Angela on 01288-341038**

THE BRIDGE MILL AT BRIDGERULE  
**WORKING WATER MILL OPEN FOR**  
**NATIONAL MILLS DAY**

Sunday, 14th May 2023 from 11am - 4pm



**Mammoth Plant Sale**

REFRESHMENTS SERVED ALL DAY PROVIDED BY

 BUDE CHORAL SOCIETY TO RAISE MUCH NEEDED FUNDS

*Entrance: Adult £5.00, Children free*

*Towards the mill restoration*

Lake and riverside walks, wildflower meadows

*Sorry, no dogs admitted (except for guide dogs).*

Directions from : [www.thebridgemill.org.uk](http://www.thebridgemill.org.uk)

Postcode: EX22 7EL



Celebrations this Month



Scarlett Connor

A Very Happy 10th Birthday on the 2nd

Quinn Spettigue

A Very Happy 5th Birthday on the 12th

Harry Banks

A Very Happy 13th Birthday on the 22nd

Eddie Gubbin

A Very Happy 7th Birthday on the 22nd

Any Birthdays or Anniversaries always welcome.

Lunch Club

In April the church held its first Lunch Club, which was very well received by all who were invited to the test run.

The success of this trial means that we are pleased to announce that the next Lunch Club date is Wednesday 17th May at 12 pm in Week St Mary church and that **Everyone is welcome** (but pre booking is essential).

We offer a simple meal with main course - this time chicken casserole and a choice of two sweets. Special Dietary requirements can also be catered for. **01288 341221.**

There is no charge. (Donations welcome)

Lesley Booker

# Sean Johns Plumbing & Heating



has recently moved out of the village but will continue to provide plumbing services to all customers old & new

**8, Fulmar Road,  
Bude, EX23 8FL**



**01288 - 355114  
07734 - 087602**



**Curtain and  
Upholstery fabrics  
Wallpapers  
Paints  
Poles**

www.merchantandmakers.co.uk  
01566 785763

Pop in and see us soon



# R & N FUELS Ltd COAL MERCHANTS

LOCAL  
DELIVERIES  
ALL SOLID  
FUELS  
COMPETITIVE  
PRICES  
01840 230111

## Foot Health Practitioner

Treating the following in the comfort of your own home.



Toe Nail Cutting

Thickened Toe Nails

Ingrowing Toe Nails

Fungal Nails

Athlete's Foot

Corns & Calluses

Verruca

Neurovascular Assessment



**07570-883967**

**Lynn Goodwin**

MAFHP MCFHP

- 12b To note income
- 13. Next meeting May 4th

The meeting closed at 9.30pm.

Suzanne Cleave - 07853-298595 [wsmclerk@gmail.com](mailto:wsmclerk@gmail.com)

## PARISH HALL

How about becoming part of our active team by holding the position of caretaker & bookings person for the hall.

Payment to be agreed.

Please contact Margaret on 07856-357424 for further details.  
Closing date 31st May 2023

At present we are a small committee also in need of either committee members or helpers.

If you are able to help in any way at events we would be extremely grateful as being a committee of 6 it is very difficult.

Current committee members elected at the AGM are Margaret Johns, Jeff Roberts, Karen Poole, Elaine Cartwright, Neville Padgham & Linda Willis.

Please contact Margaret on 07856-357424 if you can help in any way.

Thank you.



# DSCARE

Professional & Certified  
Home Care Services

**Deanna Spiby**

OUR SERVICES

Assisted living - Independent living  
Dementia care - Respite care

📞 07539-663189

✉ deanna@ds-care.co.uk

🌐 ds-care.co.uk

📱 Search "DS Care"

**Pilates  
Classes**

**pilates**  
North Cornwall

Week St Mary Thurs 09.15 & 10.30  
Also at:

Canworthy Water,  
Warbstow, Higher Crackington  
Launceston, Bodmin, St Kew  
On Zoom Weds

What does Pilates do?

- Targets the deep core stabilising muscles
- Improves muscle tone, strength & joint mobility
- Improves posture, alignment & body awareness
- Corrects muscle imbalances & encourages pain-free movement
- Classes are progressive and operate on a

Martin Brooks 07812 959 879

[www.northcornwallpilates.co.uk](http://www.northcornwallpilates.co.uk)

[martin@northcornwallpilates.co.uk](mailto:martin@northcornwallpilates.co.uk)

**J PARKIN**  
BUILDING CONTRACTOR

01288 341664

Kilburn, Week St Mary,  
Holsworthy, Devon  
EX22 6UR

Tel/Fax: 01288 - 341664  
Mob: 07956 - 466624

email: [jparkin664@btinternet.com](mailto:jparkin664@btinternet.com)

**FREE  
ESTIMATES**

**NEW BUILDS - EXTENSIONS  
BARN CONVERSIONS  
RENOVATIONS - PLASTERING  
PATIOS - ROOFING  
BLOCK WORK - BRICK WORK  
STONE WORK**

**YOUR LOCAL  
INSURANCE BROKER**

We Search The Market On A  
Whole Range Of Products  
Including Motor, Home, Business,  
Liability, Travel & More!!

**H HODGSON**  
INSURANCE SERVICES

Chapter House, Burn View, Bude

CALL US TODAY: 01288 353999

[www.hodgsoninsurance.co.uk](http://www.hodgsoninsurance.co.uk)

[www.guesthouseinsurance.co.uk](http://www.guesthouseinsurance.co.uk)

Authorised and regulated by the Financial Conduct Authority

**Bright Sparks Music & Drama Club**  
presents



ROALD DAHL

# Matilda JR.

THE MUSICAL

and a "Peter Pan Story" performed by  
the younger Bright Sparks

**Sat 13 May 6.30pm; 20 May 6.30pm**

**Sun 21 May 3.00pm**

at Week St Mary Chapel

**Tickets: adults - £10; children 5-11 - £7**  
Entry by ticket only. Sorry no under 5s

**To book tickets call 01288 341317 or  
email [brightsparkstickets@gmail.com](mailto:brightsparkstickets@gmail.com)**



8.	<p><b>Portfolio Reports:</b></p> <p><b>Public Transport</b> No report.</p> <p><b>Community Policing</b> No report.</p> <p><b>Playground</b> It was noted that some time over the weekend, the play equipment became splattered with mud. The equipment is there for everyone to use. In future, please would people have more respect for other users.</p> <p><b>Highways, Footpaths &amp; Greens</b></p> <p><b>Adult Social Care</b> No report.</p> <p><b>BAN</b> No report.</p>				
9.	<p><b>Correspondence including (all relevant emails forwarded):</b></p>				
10.	<p><b>Agenda items</b></p> <ul style="list-style-type: none"> <li>Coronation (including bench)</li> <li>Football Club</li> <li>Toilets</li> <li>Budget update</li> <li>Mobile coverage (letter received)</li> <li>Footpath and greens</li> <li>Playground inspection 2023</li> </ul>				
11.	<p><b>Any other business</b></p>				
12.	<p><b>Accounts</b></p> <p><b>Balances March 24</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding-left: 20px;">Current account</td> <td style="text-align: right;">£ 1,398.39</td> </tr> <tr> <td style="padding-left: 20px;">Reserve account</td> <td style="text-align: right;">£28,931.79</td> </tr> </table>	Current account	£ 1,398.39	Reserve account	£28,931.79
Current account	£ 1,398.39				
Reserve account	£28,931.79				
12a.	<p><b>To approve accounts for payment:</b></p>				



**Week St. Mary Parish Council  
held on Thursday, March 30th 2023**

- 1 Public question time** (15 minutes allowed for this)
  - 1a. To receive County Councillor Nicky Chopak's report on matters arising**  
No report.
  - 2. To note councillors present**  
Cllrs S May (chair), C Slade (vice chair), M Johns, L Stephens, S Gubbin, T Hamlyn; R Bolt, I Richardson and R Shipton. Also in attendance, S Cleave, clerk, and two members of the public
  - 3. To receive apologies for absence with reasons**  
Cllr S Peters – unwell.
  - 4. To receive Declarations of Interest and approve Dispensations**
  - 5. To approve the minutes:**
  - 6. To receive clerk's report on matters arising:**
  - 7. Planning**  
Any late applications received will be discussed under this Section
    - 7a. To discuss and make a consultee comment on application:**  
PA23/01661 – Construction of a new field entrance. Land at Causey, Week St Mary.  
The council proposed to object to the application.  
PA23/01680 – Change of use from restricted dwelling to unrestricted dwelling. Bowdah Bungalow, Week St Mary.  
The council proposed to object to the application.  
PA23/01678 – Construction of building to cover over an existing agricultural feed yard. Higher Whiteleigh Farm, Whitstone.  
The council proposed no objection to the application.
    - 7b. Decisions**  
None.
    - 7c. Planning - to note**  
None.

**Golden Wedding Thank You**

To all our many friends, old and new,  
thank you so very much for the vast array of cards,  
gifts and flowers delivered to us to celebrate our  
Golden Wedding Anniversary on Sunday 23rd April.

We are both touched and grateful.




























Sue and Rob Dickenson.



**Week St Mary  
Youth Group  
For One & All**

**Meets at  
Week St Mary Church  
on a Friday every month  
7.30 -9pm**

**Email: [wsmyoungpeople@gmail.com](mailto:wsmyoungpeople@gmail.com)**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>1 Meet &amp; Eat <b>CANCELLED</b></p> <p><b>MAY BANK HOLIDAY</b></p> 	<p>2 WSMPG see p29</p> 	<p>3</p>  	<p>4 Parish Coun Meet see p21</p>	<p>5</p>	<p>6 Playing Field see p2</p> <p><b>KING CHARLES III CORONATION</b></p>	<p>7 Coronation Service 10:00 see p26 Parish Hall Lunch see p2</p>
<p>8 Cream Tea see p2 &amp; 9 <b>HOLIDAY FOR CORONATION</b></p> 	<p>9 WSMPG see p29 WSMWG see p28</p> 	<p>10</p>  	<p>11 Coffee Morning MSR 10:00 to 12:00 noon, WI Meet see p7</p> 	<p>12</p>	<p>13 Matilda see p13</p>	<p>14 Evensong 18:00 see p26</p>
<p>15</p> 	<p>16 WSMPG see p29</p> 	<p>17 Lunch Club see p1 &amp; 11</p> 	<p>18</p>	<p>19 CAMEO see p29</p>	<p>20 Matilda see p13 Lego Café see p14</p> <p><b>WORLD BEE DAY</b></p>	<p>21 Holy Communion 11:15 see p26 Matilda see p13</p>
<p>22</p> 	<p>23 WSMPG see p29 WSMWG see p28</p> 	<p>24</p>  	<p>25 Coffee Morning MSR 10:00 to 12:00 noon</p> 	<p>26</p>	<p>27</p>	<p>28 Morning Prayer 10:00 see p26</p>
<p>29 <b>SPRING BANK HOLIDAY NATIONAL BISCUIT DAY</b></p> 	<p>30 WSMPG see p29</p> 	<p>31</p>  	<p>Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group, WSMWG is the Walking Group</p>  COFFEE  MOBILE LIBRARY  MEETING  RECYCLING DAY  RUBBISH DAY  Craft Group MSR			<p><b>May 2023</b></p>