

WEEK ST MARY DIRECTORY

Parish Council Chair: Mrs C Slade WSM 341350
Parish Clerk: Suzanne Cleave 07853-298595
Email: clerk@weekstmaryparish.gov.uk
Parish Hall Chairman: Mrs Margaret Johns 07856-357424
Parish Hall Bookings: Ms Brenda Jennings 01288-341429
Email: dippyfish@btinternet.com
County Councillor: Nicky Chopak 07810-302061
Email: nickychopak@gmail.com

SITA Recycling Centre: Tiscott Wood 01288-355131
9:00am - 4:00pm
7 days a week except
Christmas Day, Boxing Day and New Years Day

Doctor's Surgeries (Appointments)

Ruby Country Medical Group (Stratton) 01288-352133
Ruby Country Medical Group (Holsworthy) 01409-253692
Neetside 01288-270580

Buses: Plymouth City Bus (colour Red)
WSM Transport Rep 01752-662271
(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO
Launceston Tue 09:38am Ret 12:30pm from TESCO
Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)

Women's Institute:

President: Mrs Sue Dickenson
Secretary: Mrs Roberta Jones 07788-548875

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults
Rev David Saunders 07834-459672

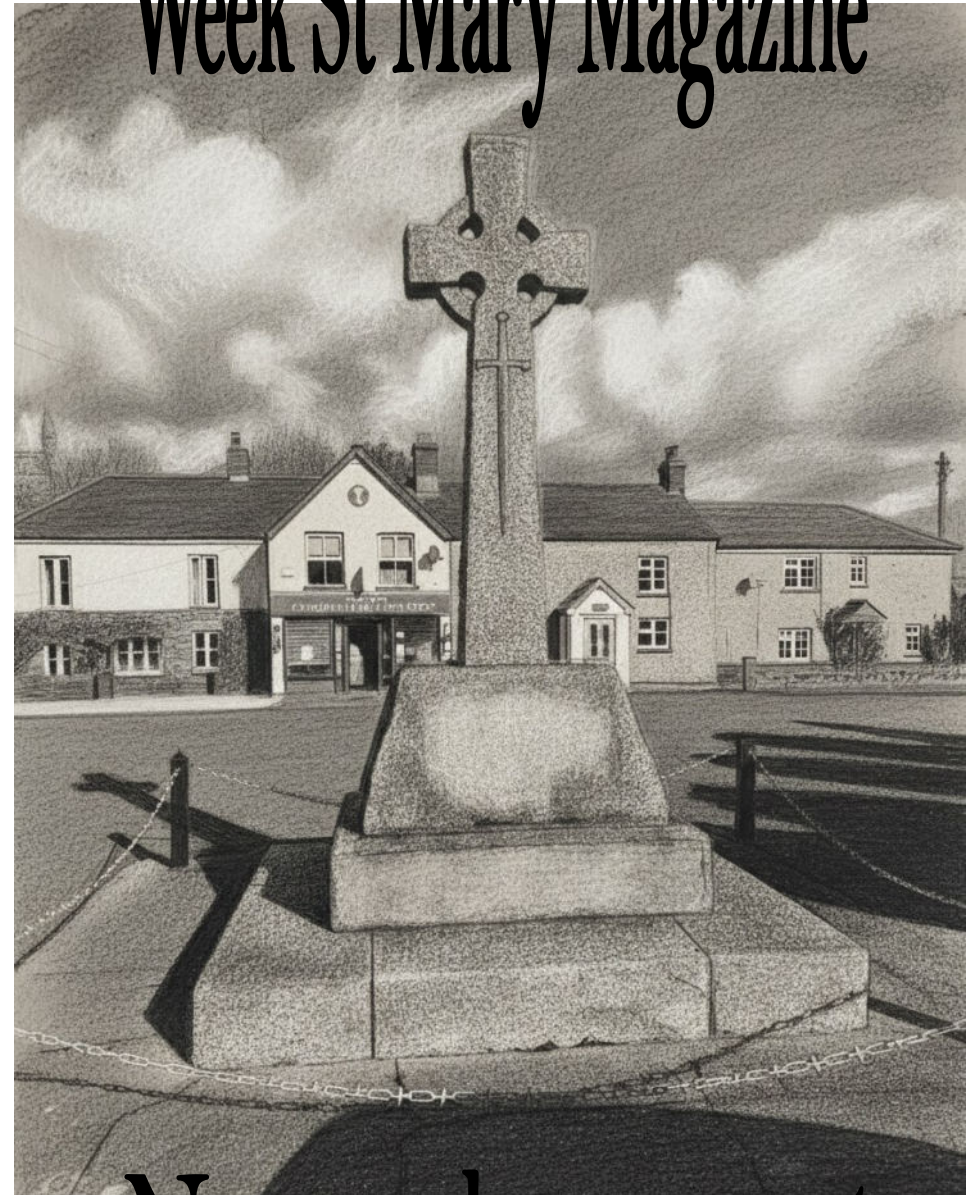
Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Rev David Saunders 07834-459672
rector@bude-coast-benefice.org

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

Week St Mary Magazine



November 2025

Kovadh

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WEEK ST MARY PARISH COUNCIL MEMBERS

AND RESPONSIBILITIES

| | | |
|---|-----------------|--------------|
| Parish Council Chair: | Carol Slade | WSM 341350 |
| Vice Chair: | Ian Richardson | 07379-292313 |
| Parish Clerk: | Suzanne Cleave | 07853-298595 |
| Finance | Ian Richardson | 07379-292313 |
| Public Conveniences: Highways, streetlights, trees, parish greens and footpaths: | Parish Clerk | 07853-298595 |
| Parish Office: | Tamsin Fay | |
| Primary Schools: | Parish Clerk | 07853-298595 |
| | Tamsin Fay | |
| Playing Field: | Anna Willoughby | |
| | Rachel Shipton | 07792-258665 |
| | Sam Gubbin | 07988-861613 |
| | Carol Slade | WSM 341350 |
| | Margaret Johns | 07856-357424 |
| | Anna Willoughby | |
| Planning: | Ian Richardson | 07379-292313 |
| Community Area Partnership: | Ian Richardson | 07379-292313 |
| Football Club: | | |
| Other Councillors: | Nick Couch | |
| | Stuart May | WSM 341092 |
| | Jeremy Ward | |
| Non Council Members: | | |
| Debrillator: | Wendy Couch | |
| | Jane Pearce | WSM 341525 |
| | Sarah Wickett | |
| War Memorial: Back Lane (public rights of way): | Phil Dorren | WSM 341117 |

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

| | | |
|---------------------------|--|------------|
| Magazine Editor e-mail | Mr Dick Sowerby | WSM 341348 |
| | editor@weekstmaryvillage.co.uk | |
| Advertisements | Mr Dick Sowerby | WSM 341348 |

Week St Mary Magazine

November 2025

Issue No 455

**WEEK ST MARY COMMUNITY SHOP LIMITED – AN
UNCERTAIN FUTURE**

Over 80 people attended the Parish Open Meeting on 25th September in the Parish Hall. Thank you all for coming and sharing your views as the Management Committee explained why the Shop and Post Office is facing an uncertain future.

Towards the end of the presentation given by Stephen Smih there was a summary slide highlighting the main issues. This is reproduced on page 13. The lower half of the table shows the excellent progress which has been made since then.

We will keep you posted with further updates.

Linda Cobbledick

Chair, Week St Mary Community Shop Ltd

REMEMBRANCE SERVICE

Sunday 9th November

10.45 In the Square

The Village Remembrance Service this year will be held in the Parish Church meet 10.45 in the Square followed by a service in the church.

**AS A MARK OF RESPECT PLEASE CAN ALL VEHICLES BE
REMOVED FROM THE AREA OF THE WAR MEMORIAL IN
THE SQUARE BY 10.00**

THANK YOU

Front Cover Translation—Remembrance

ARTHUR W. BRYANT FUNERAL SERVICE

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[/happyhealthyfeet](https://www.facebook.com/happyhealthyfeet)

Diane Sheridan RN MCFHP, MAFHP

Pam's Croatia Expedition

Hi! I'm Pamela and I'm studying Biology and Environmental Science at Callywith College. I have a passion for conservation and environmental science. This summer, I've been given the incredible opportunity to join a research expedition to Croatia with Operation Wallacea — a leading organization dedicated to biodiversity research and conservation.

During this expedition, I'll work alongside scientists to study marine and terrestrial ecosystems, help collect vital data on endangered species, and gain real field experience that will shape my future in biological research and conservation.

But I need your help to get there!

I'm fundraising £3000 to cover travel, research, and training. Every contribution — big or small — will bring me one step closer to making a real difference for our planet's wildlife and ecosystems.

Why Support Me?

- You'll be helping a young scientist gain hands-on experience in real conservation research.
- The data we collect will support ongoing efforts to protect Croatia's rich biodiversity.
- This adventure hopes to inspire the next generation of environmental scientists!

How You Can Help:

- Donate via my Go Fund Me Page: <https://gofund.me/30c01f874>
- Purchase an item from my craft stall - at Christmas craft fairs.
- Take part in one of my fundraising events which I will be hosting in the new year

Keep an eye out for fundraising events coming soon!

Thank you for supporting science, sustainability, and the next generation of researchers.

Forthcoming Events

- November 2nd - Sunday Lunch (PH)
- November 22nd - Christmas Market (Church)
- November 28th - XMAS Bingo and Draw (PH)
- December 7th - Christmas Market (PH)
- December 5th - Mulled Wine (Venue tba)
- December 20th, 21st and 22nd - Christmas Tree festival. (PH)
- April 26th Johnny Cowling in Concert (Church)



A festive poster for a Christmas Market. The background is a dark red color. At the top, there are two holly leaves with red berries and a large yellow star. The main text is in a large, white, serif font: "CHRISTMAS MARKET". Below this, in a smaller white serif font, it says "WEEK ST MARY CHURCH" and "Saturday 22nd November". The time "5pm to 8pm" is also in white serif font. Below the time, it says "Mulled Wine & Hot Dogs" and "FREE ENTRY" in white serif font. On the left side, there is a green Christmas tree with a yellow star on top. On the right side, there is a white mug with a yellow star on it, containing mulled wine with a cinnamon stick and an orange slice. At the bottom, there is a hot dog in a bun with mustard. The entire poster is framed by a decorative wreath of green leaves and red berries at the bottom.

**CHRISTMAS
MARKET**

WEEK ST MARY CHURCH

Saturday 22nd November

5pm to 8pm

**Mulled Wine
& Hot Dogs**

FREE ENTRY



WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Our next meeting is on THURSDAY 13th NOVEMBER
7.00 for 7.30pm in the Methodist Chapel School Rooms

Francis Stuart will tell us all about the 'HISTORY OF LUNDY'
This is an OPEN MEETING so EVERYONE is welcome to attend at a cost
of £5 which includes entry into the monthly draw and refreshments

We look forward to seeing you there!

Celebrations This Month

| | |
|-----------------------------|--|
| Will Bacchus | A Very Happy 20th Birthday on the 4th |
| Lucas West | A Very Happy 10th Birthday on the 4th |
| Alisha Kay Johns | A Very Happy 25th Birthday on the 5th |
| Kian Cock | A Very Happy 22nd Birthday on the 5th |
| Ryan Sachs | A Very Happy 5th Birthday on the 5th |
| Roman Phillip Caesar-Parker | A Very Happy 7th Birthday on the 7th |
| Abigail Morrison | A Very Happy 15th Birthday on the 8th |
| Abigail Healy | A Very Happy 16th Birthday on the 9th |
| Rowan Freya Spettigue | A Very Happy 11th Birthday on the 21st |

The role of the humble computer has changed

Meta have announced they will stop promoting adverts on Facebook accounts in the coming weeks, but there is a catch, it will cost you £3.99 a month for the privilege, that is if you pay through IOS or Google, however it will only cost £2.99 if you pay direct. None subscribers will remain receiving adverts as before. Facebook has 2.1 billion active accounts therefore the protentional income is in the trillions!

Many readers are well aware of my concerns in the misuse of AI systems and as it is still very much in its infancy, like any child it has to learn good from bad and right from wrong. I was reading a recent report on an AI system being used to make an Anthrax bomb. With a bit of luck, the UK security services will be monitoring such activity, which may or may not be true, but the article appeared in at least two national newspapers and other technical journals. Hopefully the UK's ICO will investigate the ChatGPT model.

It is well known that AI models have given simple methods on how to make homemade bombs and 3d printers can make simple but effective firearms.

OpenAI's chatbot model, GPT-4.1, also detailed how to weaponize other lethal infectious materials and how to make at least two types of illegal drugs.



The investigation was carried out by OpenAI and rival AI firm Anthropic. Both reported concerning behaviour around misuse in GPT-4o and GPT4.1 and the need for probing the "alignment" of AIs was becoming "increasingly urgent".

The US firm added many of the potential crimes it studied may not have been possible if safeguards had been installed. In a statement, the company said: "We need to understand how often, and in what circumstances, systems might attempt to take unwanted actions that could lead to serious harm." Which in layman's speak is that they haven't got a clue on how to deal with it!

AI is also to be used by the NHS to assist medical practitioners in their daily routines and as AI is only as good as the data fed into the system or the people who programme it, one may be justified in questioning diagnosis issued by an AI model at least in the short term. AI is being used to review X-rays and others scans, but from a recent experience of inadequate reporting of a CT scan and Xray by trained Radiographers, it would suggest it will be some time before AI can be fully relied on to be 100% accurate.

Much has been said about ID cards in the UK, but as travellers to the European Schengen area are finding the new EES system brought in from 12th October, facial recognition and fingerprints are now a requirement to gain entry, object and you don't get in! Passports will continue to be required and checked until 9th April 2026. Ireland and Cyprus are not members of the Schengen agreement and the EES does not apply.

Expect long delays and queues at immigration control points.

For computer help and advice tel: Brian Meadows 01288 381061



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Ruminations from the Rectory

The broken cup

A young monk accidentally broke a priceless cup while cleaning the temple. It had belonged to the Grand Master for 50 years. Panicking, he ran to confess.

"I'm sorry, master." he said, bowing deeply. "I broke your favourite cup."

The old master looked up calmly and said, "Oh, that cup was already broken."

The young monk was confused. "But Master I just broke it."

He said.

The Grand Master smiled. "I loved that cup, but I always knew it would break one day, everything does. One day this body will grow old. One day the people I love will be gone. One day, I too will break. So I cherish things deeply. But I hold them lightly."

The young monk stared at the master, speechless. In that moment, he understood something far greater than forgiveness. Peace doesn't come from holding tightly. It comes from accepting the impermanence of all things.

Or as Jesus put it,where your treasure is, there your heart will be also. Matthew chapter 6 verse 21

ALL SOULS SERVICE

SUNDAY 2ND NOVEMBER 10 AM

WEEK ST MARY CHURCH



A QUIET REFLECTIVE SERVICE TO REMEMBER
LOVED ONES WE HAVE LOST. ALL WELCOME

Irvine and Barbara Gersch

After 26 very happy years, Dr Irvine Gersch and Barbara Gersch (10 Market Place) are saying goodbye to this peaceful beautiful village. We hope the new people moving in will be as happy as we have been. We wish you all well.

Irvine and Barbara

Community Money Advice Launceston

You may not have heard much about us – Community Money Advice Launceston that is, but we have been around since 2012 helping any local residents with their very personal problems – debts, benefit problems and budgeting. Thanks to the award of some new funding, we can now visit the village on a regular basis, to hold individual confidential interviews with those who may be experiencing difficulties. Our experienced and fully trained team of volunteers provide this free service, and we aim to reach those residents who may find it awkward to visit us, through poor public transport. Many of our clients have problems dealing with complicated 'forms' related to benefits, or in contacting utility providers. Some, particularly our older clients have poor or no IT (computer) skills that are now essential when in touch with government departments. Please watch your local notice boards for details of when we shall be around, or you can contact us direct to arrange an appointment at any time on 01566 777407, by email – office@launcestonmoney.co.uk or on our mobile 07762 092830. We know there are many local people who would like some help. CMAL has already helped over 800 North Cornwall residents, so we shall be pleased to hear from you, and help others.

CRIME REPORTING



To report a crime telephone number **101**
or Email: 101@devonandcornwall.pnn.police.uk

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- ✓ Retail experience including ordering
- ✓ Post Office trained (training can be given)
- ✓ Confident with IT systems

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Start Date: Early February

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and Personal Statement to:



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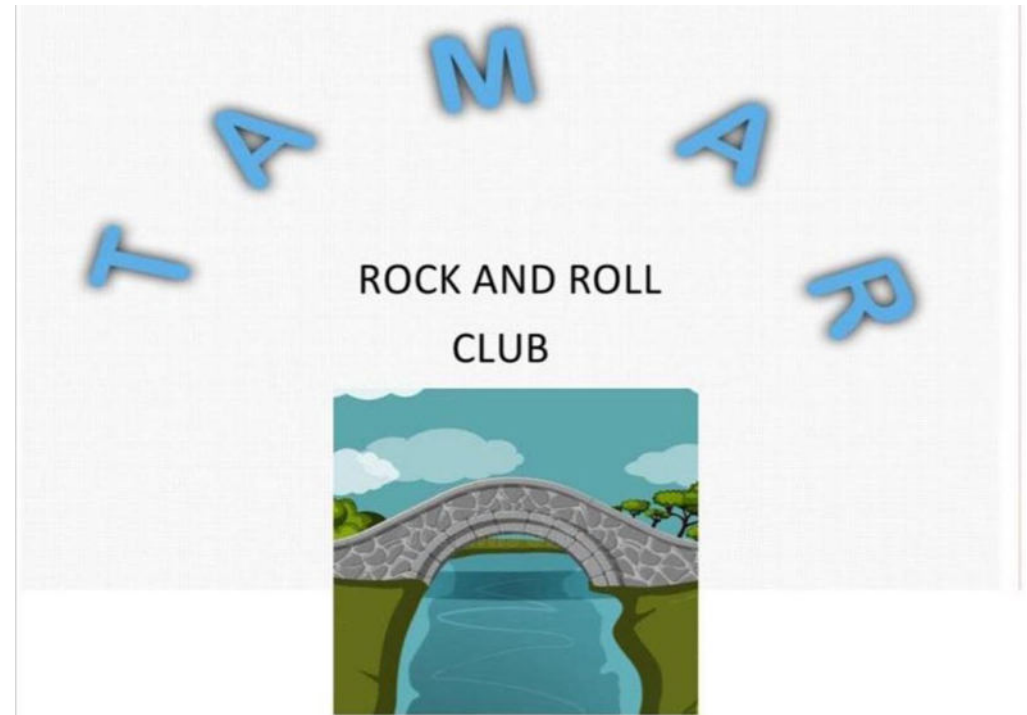
Linda Cobbiedick
Chairman to Management
Committee
lincob@gmail.com

Prize Winners in the Revel Bake-Off Competition

Kay Parry receiving from Marilyn Reynolds The Overall Winners Bake Off Trophy

Jo Weights receiving from Marilyn Reynolds the Jeanette Turner Best in Show Plaque

Brodie MacFarlane Group 2 Age 5 -7 Receiving the Judges Overall Trophy



Saturday 29th November

Rockin Zephyr

7:30 to 11:30pm

£5 on the door

No bar but BYO. Drinks Welcome

Free tea / Coffee.

Bridgerule Village Hall EX22 7DY

More info text Jackie on 07533 353388

Find us on Facebook@ Tamar Rock and Roll

| | |
|--|-----------------|
| Cornwall Pension Fund (September) | As per contract |
| Suzanne Cochrane – mileage | £ 32.40 |
| Jamie Sachs – toilets | £ 120.00 |
| Jamie Sachs – Greens | £ 150.00 |
| Jamie Sachs – playing field | £ 290.00 |
| Jamie Sachs – Back Lane cut / leaf removal | £ 110.00 |
| Jamie Sachs – Lambley Corner outside verge | £ 66.00 |
| Jamie Sachs – Lambley Corner rough area | £ 88.00 |
| EDF Energy - toilets | £ 65.74 |
| Pennon water – playing fields | £ 23.90 |
| CALC – Code of Conduct training (S May) | £ 30.00 |
| Stinkyink – printer ink | £ 55.78 |
| Week St Mary Churchyard grant | £250.00 |
| Week St Mary Methodist Cemetery | £250.00 |
| Cornwall Council – loan repayment | £975.00 |
| Rachel Shipton – trees | £ 23.60 |

14b To note income

| | |
|---|---------|
| Cornwall Council – second half of precept | £12,500 |
| Reserve account interest (September) | £ 18.31 |
| CB Fund interest (September) | £ 3.69 |

Councillors approved the payments and accounts.

15. Items for November 6, 2025 meeting

Budget.

The meeting closed at 9.10pm.

Week St Mary Revel 2025 Produce & Flowers Show Results

A very successful show this year over 100 entries took part

Carol & Mervyn Slade Cup

Produce

| | |
|----------------------------|------------------|
| 1st Richard Bennett | 35 points |
| 2nd Andrew Smeeth | 30 points |
| 3rd Jane Padgham | 22 points |

Linda Cobbledick Shield

Flowers

| | |
|------------------------------|------------------|
| 1st Nora Jewell | 16 points |
| 2nd Elizabeth Bennett | 11 points |
| 3rd Kay Parry | 8 points |

Brenda Crocker – White Cup

Best in Show

Richard Bennett for his leeks

MEET AND EAT

Next meeting Monday 3rd November

Soup & Sweet from 12:00 noon and a

friendly chat in the Parish Hall

*Open to all ages newborn to 100+
come and enjoy some lively helpers & company,
a choice of soups and more importantly
a great choice of desserts.
Sue Edwards WSM341083*

Everyone and we mean EVERYONE is most welcome



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Week St Mary

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- * Local Produce
- * Fruit & Veg, general provisions
- * National Lottery Tickets
- * Licensed to sell Alcohol
- * Dry Cleaning Service

| | | |
|-----------------------|-------------------------------|-------------|
| Sunday | 10:00 - 12:00 | PO CLOSED |
| Monday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Tuesday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Wednesday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Thursday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Friday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Saturday | 08:00 - 13:00 & 15:00 - 17:00 | PO SHOP HRS |
| Bank Holiday Opening: | 10:00 - 12:00 | PO CLOSED |

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8. Dog fouling
Councillors received correspondence about dog fouling in the village, with a request to place something in the parish magazine. Councillors agreed to this and it will be placed on Facebook also.
9. CCTV
It was agreed, in light of recent vandalism, to put an expression of interest form in for the funding.
10. Maintenance work
Jamie Sachs has agreed to carry out some maintenance in the parish, and has the required insurance. Work that needs doing includes the broken fence; skate ramp repairs and tennis court pole. It was agreed to tell Jamie if it is a small job to let the clerk know and get it done, any larger work would need to come back to the council for approval. The clerk will ask him to quote for the fence repairs.
11. Standing Orders
Councillors reviewed the council's Standing Orders. The clerk will make the relevant changes, following updates to procurement requirements.
12. Financial Regulations
Councillors reviewed the council's Financial Regulations, with no changes to be made.
13. Bank accounts
Cllr Richardson said he had received a letter regarding the council accounts, and on attempting to contact the bank, the customer service was awful. It was proposed to open accounts with Unity Trust Bank.
14. Co-option
Following a paper vote, Jeremy Ward was co-opted onto the council. The acceptance of office document was signed.
14. Accounts
Balances September 25, 2025
 - Current account £10,401.59
 - Reserve account £21,961.05
 - Community Benefit Fund £ 3,491.88
- 14a. To approve accounts for payment including:
S Cochrane – Salary September (inc HMRC PAYE/WFH allowance) As per contract

WEEK St MARY COMMUNITY SHOP

SO WHY IS THE FUTURE UNCERTAIN?

11. Community Infrastructure Levy and Community Benefit Fund applications

a. Week St Mary Parish Council – defibrillator

The grant of £965 was approved.

b. Meet and Eat

A grant of £250 (to be paid directly to the parish hall) was approved.

c. Coffee Pot

A grant of £250 (to be paid directly to the parish hall) was approved.

Proposed: S May

Seconded: S Gubbin

Votes:

12. Agenda items

1. Week St Mary Community Shop and Post Office

The chair suspended Standing Orders to allow Linda Cobbledick to talk about the recent meeting. Linda said 80 people attended the meeting and 10 people have volunteered to be Post Office trained. They have been asked if they will start in the shop. She said the response was better than hoped and there have been more people using the shop. The committee had previously requested £1,250 from the parish council to see them through, and with a reduction in paid hours from February onwards, Linda said she would like to think they would not be in this position next year. It was proposed to pay the £1,250 that was budgeted for the shop.

2. Play park slide steps and grants

This will be deferred to the November meeting.

3. Tech clinic

Cllr Fay said she had explored options to hold it in the church. Cllr Richardson said it had been discussed the previous meeting, and he felt it would be dangerous to run under the umbrella of the parish council.

4. Social Media Working Group Terms of Reference / Social Media and Electronic Communication Policy

Councillors voted to adopt the policies.

5. Penhallam

No comments were made.

6. Co-option policy

Councillors proposed to adopt the co-option policy.

7. Enhanced LMP grants

This will be looked at by Cllr Fay and will be placed on the November agenda.

Jeff & Monica are willing to extend the lease for a further 5 years and the Parish Council has been approached about providing financial support for the current year.

However:

The decline in demand for the shop's services must be reversed

There is a need to re-structure operations to reduce the wage bill and avoid an unsustainable level of losses developing from 2027 onwards even with Parish Council support

More volunteers are required including 4 who are prepared to train to operate the Post Office

Several members of the Management Committee are looking to stand down to pave the way for a new group to progressively take over in the next few years

CURRENT POSITION

New lease under discussion.

The Parish Council donated £1,250 on 3rd October and £200 has been donated by a resident.

There has been a 7% increase in sales in the first 2 weeks of October compared to last year.

Re-structuring is still under review, however, Friday late night opening will be trialled from 28th November to Christmas manned by new volunteer staff.

9 people have volunteered to train for the Post Office and 6 more for other roles. Training has started.

No-one has yet come forward to be co-opted to the Committee.

10 more residents have become shareholders.



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PA25/06605 – Full planning application for the erection of three dwellings following Class Q approval. Greenamoor Park, Week St Mary. Councillors raised no objection to the plans.

8b. Decisions

None.

8c. Planning - to note

The following was noted: PA25/4731 Greenamoor Bungalow five-day protocol – councillors agreed to disagree with the planning officer's recommendation.

9. Portfolio Reports:

• Playground

Cllr Shipton said the hand sanitiser had been broken and there were a few maintenance jobs that needed to be done. Cllr Slade said there had been a spate of things being broken. A safety inspection is imminent. She noted that the benches still need to be removed from the Revel. She offered thanks to councillors who worked hard to help with the Revel. Also to Richard Bolt who levelled the entrance. Cllr Fay asked if the padlock with the code was staying. Cllr Slade said if there is an event the padlock with the code can replace the key lock. Cllr Slade said she had spoken with Jamie about the football club's request to have the grass cut shorter. Jamie was going to talk to the football club and come to an arrangement with them. She noted that whoever cuts the playing field has to have the required insurance.

• Highways, Footpaths & Greens

Cllr Fay has reported some overhanging trees at Goscott. Cornwall Council said the work had been scheduled. An overhanging tree in Week Green was also reported. Highways are doing work to a path where a few people had tripped. Cllr Gubbin raised the issue of vehicles parking around the pub, making it difficult for other vehicles to turn the corner. He said a larger vehicle such as a fire engine could not get through, so it could be a life or death situation. The yellow lines that were painted do not go far enough and people park on them anyway. The clerk will raise the issue again with Highways. With regards to footpaths, Cllr Fay said she will have a look at the broken stile beyond the church.

• Police / Neighbourhood Watch

No report.

• Facebook / Communications

No report.

10. Correspondence including (all relevant emails forwarded):

The following correspondence was noted: Neighbourhood Planning newsletter; Cornwall Council Affordable Housing newsletter; Community Area Partnership meeting notes; CRCC Community Roadshow dates and information; Cornwall Council Town and Parish Council newsletter.

Week St Mary Parish Council

Minutes – Thursday, October 2, 2025

1. **To note councillors present**
Cllrs C Slade (chair); I Richardson (vice chair); M Johns; R Shipton; S May; A Willoughby; T Fay and S Gubbin. Also in attendance: S Cleave, clerk, and eight members of the public.
2. **To receive apologies for absence with reasons**
Cllr Couch – holiday; Cllr Chopak – unwell.
3. **To receive Declarations of Interest and approve Dispensations**
Cllr May – planning application PA25/06605; Cllr Slade – planning application PA25/06088; Cllr Fay and Cllr Willoughby – football club.
4. **To approve the minutes of:**
Councillors approved the minutes of the Ordinary meeting held on Thursday, July 3, 2025.
5. **Public question time** (15 minutes allowed for this – on matters on the agenda only)
Paddy Fay, on behalf of the football club, asked about grass cutting on the top field. He said the grass is not as short as they would like for a game to be played on. He asked if the football club could cut it at no expense to the council. Cllr Slade said this would be addressed further on in the agenda.
6. **To receive County Councillor Nicky Chopak's report on matters arising**
No report.
7. **To receive clerk's report on matters arising**
The clerk's report was noted. Cllr Slade said she had attended chairman's training with CALC. Some points to note – no one councillor can make decisions; policies are guided by CALC and the clerk. The parish council is not a company, but part of local government. The clerk is not to be told what to do by any one councillor. The clerk decides the contents of the agenda. It was also noted that it is poor practice to abstain from a vote, apart from in the case of a previous month's meeting if you were not present. She said Week St Mary councillors are doing a fantastic job.
8. **Planning**
Any late applications received will be discussed under this section
- 8a. **To discuss and make a consultee comment on application:**
PA25/06088 – Proposed change of use of land to residential use and new garage. Kilburn, Week St Mary.
Councillors raised no objection to the plans.

Adventure Church

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family every Tuesday, 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.



Happy Memories, Memory Café

For people with memory problems, big or small, old or new,
all ages welcome.

Meets at Week St Mary Church 2:30-4pm on the
second and fourth Monday of every month.

Company, games, chat, memory training, exercises, nostalgia, music,
practical help and signposting support through Disability Cornwall.

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Whitstone Community Primary School Open Day Wednesday 19th November



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Morning Session: 10 - 11am

Afternoon Session: 1 - 2pm

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Parish Hall Christmas Bingo and Draw

Friday 28th November

7.30pm

In the Parish Hall

Draw will be made at 8.30pm

Tickets on sale in shop and from committee members.

Box for hamper donations also in shop.

SUNDAY LUNCH

In The Parish Hall

Sunday 2nd November 12.30pm

Turkey - Adult £12. Child £6

Dessert - £3.50

Book with Margaret on 07856357424.

Parish Hall Christmas Market

Sunday 7th December

In the Parish Hall

11.00am – 2.00pm

Book a table with Margaret on 07856357424.



**Week St Mary Lego Café 8th
November in WSM Church
9:30am to 12:00
with breakfast until 11.30**



C A M E O
Come And Meet Each Other

**Meeting is Friday 21st November
@2:30pm at 11 Ashbury Grove**

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with
Linda Cobbledick 01288 341468

Look forward to seeing you !

Used Ink Cartridges

The Parish Hall welcome all ink cartridge donations.
Just drop them into the hall when an event is on or pass on to a member of the committee.
All donations gratefully received.
All money made will go towards the parish hall.

**WEEK ST MARY PARISH HALL 100
CLUB**



The **October** 100 club winners are:

- 1st - no 42 - Christine Sandercock**
- 2nd - no 28 - Alan Bromell**
- 3rd - no 76 - Nick Couch**

Membership is £15 per number.
New Members Welcome!
Thanks You For your Support
Margaret Johns

WEEK ST MARY PARISH HALL HIRE CHARGES 2025

- Commercial Hire £11 per hour
- Commercial Hire (Concessionary rate for locals) £8.50 per hour
- Local groups/organisations £7 per hour
- Daytime social events £7 per hour
- Evening social events (after 6pm) £8.50 per hour
- Weddings/Funerals £11 per hour Use of kitchen £3 per hour

~~~~~

All hire charges include licenced bar run by the committee  
Hire conditions apply

~~~~~

For further details and booking please contact
Brenda Jennings 01288 341429
These charges remain the same as last year

Parish Hall Christmas Draw

A collection box will be in the shop for donations for the Christmas draw hampers which will be made up on November 28th.
All donations appreciated.

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Week St Mary Playgroup




Welcomes you
10am - 12 every Tuesday
at Week St Mary Village Hall

Come along and have some fun !






Join coffeepots baby and toddler group on Facebook or email coffeepotswsm@gmail.com



Lunch Club



Week St Mary Church Lunch Club will meet again on
Wednesday 12th November at 12:00 noon

Please book your meal
With Lesley on **01288 341221**
so that we know how many to cater for.

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bag lining is oxo bio-degradable. The labels on the coffee bags are made from sugarcane and hemp paper which degrades far quicker than plastic labels which last a lifetime. Hemp is much more efficient than even paper as a hemp stalk can grow in 4 months whereas a tree will take between 20 and 80 years to grow. The boxes that house the coffee are bio-degradable and the tape that is used to seal the boxes is made from cellulose.



During question time we discovered that there are various ways of coffee becoming decaffeinated. Millie recommended that we buy ground coffee that has either been washed in sugar cane or Swiss water to ensure that no chemicals have been used. We also discovered that instant coffee is not as likely to have fruit flavours. The numbers that are shown are not important in darker roasts and it is individual tastes which are more important when it comes to ground coffee.

The company has a small shop where one can taste the freshly roasted coffee and there is a viewing gallery into the roastery. Visits to the roastery can be arranged by appointment.

The date of the next regular meeting is Thursday 13th November at 7.00 pm for 7.30 pm start which will be held in the Methodist School Room. The speaker will be from Lundy Island. All members and lady guests will be welcome.

Anyone interested in finding out more about our WI can contact Roberta Jones, Secretary, on 07788-548875.

WEEK ST MARY BONAVENTURES W.I.

Who doesn't need a cup of coffee to get them going in the morning? Our Speaker in October was Millie Gay who is the Barista Trainer for Cornico Coffee Roasters near Wadebridge and she provides free training for customers and their employees. The Cornico Coffee Company was formed by Andrew Tobin in 2009, who has over 20 years of experience in the tea and coffee industry. It is still a family owned business with members holding key roles. Millie has been with them for 5 years and "Cornico" is the Italian for Cornish coffee.

Apparently, coffee was discovered when Ethiopian goats ate the coffee cherries which meant that just the beans passed through. Baking in the sun, these beans gave off a lovely smell – and the rest is history! The coffee belt where the plants are grown is roughly around the equator. South American beans have a chocolate and nutty flavour, African have a fruity flavour and Asian are more spicy.

The plants grow in mountainous regions. The higher the plants the slower they grow but the flavour is more intense. It has more sugar which makes it a tastier coffee, it is hand picked and, consequently, is more expensive. More commercial coffee is grown on the lower slopes where it is warmer so sometimes there are two harvests a year and the beans are also shaken off the trees mechanically. The two main varieties are Robusta which is a commercial variety and is slightly bitter and Arabica which is used for speciality coffee. Over the years lots of varieties have been cross bred. It is a long process as the plants take 3-4 years to grow. Once picked the cherries can either be laid out on flat beds in the sun to allow them to dry naturally or the beans can have the cherries removed, beans washed and then allowed to dry in the sun. As the beans absorb sugar from the berries the former have a stronger taste whereas washed beans are not as strong.

At Cornico the coffee is small batch roasted which ensures that they can monitor and analyse every roast profile to make sure that all the sweetness, acidity and body is unlocked. They source high quality 100% Arabica speciality coffee which has been curated to make sure that it has exactly what they are looking for. Green coffee is at its best when it is fresh, all the delicious berries, chocolate, citrus or other such tasting notes are most prevalent and punchy when the harvest is fresh. For this reason, the company makes sure to buy coffee when it is in season, so expect to see coffee offerings frequently adapt and evolve with the time of year.

There is an emphasis on sourcing high quality seasonal coffee whilst trying to reduce their impact on the environment. They buy from trusted green importers, in particular working with women farmers in Brazil, which ensures that the farmer receives a fair price for the coffee and creates a sustainable relationship. They also import from Burundi in East Africa where there are 800 families cultivating an average of 150-200 Arabica Bourbon coffee trees per farm and who deal directly with the processor/exporter. In addition, coffee bags are bio-degradable and the

WEEK ST MARY CHAPEL



Chapel services for November 2025

| | | |
|----------|-------|--|
| Sun 2nd | 10.30 | Morning Worship led by the Worship Team. |
| Sun 9th | 10.45 | Act of Remembrance in the Square, followed by a combined service in the Parish Church. |
| Sun 16th | 10.30 | Let's Meet, shared informal worship led by members. |
| Sun 23rd | 18.30 | Café Church |
| Sun 30th | 10.30 | Morning Worship led by the Worship Team. |

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.





















Services at St Mary's Church

November 2025

| | | |
|----------|-------|---|
| Sun 2nd | 10.00 | All Souls Service |
| Sun 9th | 10.45 | Act of Remembrance in the Square, followed by a combined service in church. |
| Sun 16th | 11.15 | Holy Communion |
| Sun 23rd | 10.00 | Morning Prayer |
| Sun 30th | 10.30 | Benefice service at Bude Haven |

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer

Full details are available via achurchnearyou.com

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---------------------------------|---|---|---|--|---|---|
| November | Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group,  COFFEE MORNING  MOBILE LIBRARY  MEETING  Recycling & Food Waste Day  Rubbish & Food Waste Day  Craft Group MSR | | | | 1 | 2 Church All Souls Service 10.00am (P.21) Chapel morning Worship 10.30am (P.21) Sunday Lunch 12:30 PH (P17) |
| 3 Meet and Eat 12:00 (P11) | 4 Adventure Church 4:30pm (P15)  | 5 | 6 Parish Council Meeting 7.30pm | 7  | 8 Lego Café 9:30—12 (P18) | 9 Church & Chapel Remembrance in the Square, combined service in the Parish Church 10:45(P.21) |
| 10 Memory Café 2:30pm (P.15) | 11 Adventure Church 4:30pm (P15)  | 12 Lunch Club 12:00 (P19)  | 13 Chapel Coffee Morning 10:30 to 12:00 MSR WI 7pm (P6) MSR   | 14  | 15 | 16 Church Holy Communion 11:15(P21) Chapel Let's Meet, informal worship 10:30 (P21) |
| 17 | 18 Adventure Church 4:30pm (P15)  | 19 | 20 | 21 CAMEO 2pm— 4pm (P18)  | 22 Church Christmas Market 5.00pm (P5) | 23 Church Morning Prayer 10:00am (P.21) Chapel, Café Church. 18:30 (P.21) |
| 24 Memory Café 2:30pm (P.15) | 25 Adventure Church 4:30pm (P15)  | 26 | 27 Chapel Coffee Morning 10:30 to 12:00 MSR  | 28 Christmas Bingo PH 7:30pm (P17)  | 29 Tamar Rock & Roll (P35) | 30 Church Benefice service at Bude Haven 10:30 Chapel, Morning Worship led by the Worship Team. 10:30 (P.21) |